



Andrew Chevallier, FNIMH



NASTURTIUM
Nasturtium officinale
used as a diuretic



ENCYCLOPEDIA OF HERBAL MEDICINE



Marigold

used for disinfecting & treating minor wounds



MINT
Mentha
taken for indigestion
or sore throat

550 HERBS and REMEDIES for COMMON AILMENTS

The Herbal Encyclopedia A Practical Guide To The

Alexis J. Cunningfolk



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