DR. H. K. BAKHRU

A HANDBOOK OF

NATURAL BEAUTY

JAICO

The Handbook Of Natural Beauty

Alexandra York

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and sophistication of the Parisian beauty standard in a beautifully illustrated and detailed guide with easy to follow recipes to retaining and enhancing natural beauty Nothing is simpler more enjoyable more self evident or more efficient than taking good natural care of yourself This is the philosophy of L Officine Universelle Buly a reincarnation of the legendary Parisian beauty emporium established in 1803 Since then it has brought natural skin and body care to seven cities across the world offering clays oils plant based powders and other gifts from nature collected by Victoire de Taillac and Ramdane Touhami over the course of their international travels An Atlas of Natural Beauty is the result of their research and passion an encyclopedic guide to simple recipes and protocols that will help anyone retain and enhance their natural beauty This exquisitely designed book allows you to sample Buly s unique aesthetic heritage as a French apothecary as well as discover the modern uses properties and home beauty recipes for more than eighty exotic and diverse range of seeds flowers oils trees fruits and herbs From apricot and avocado to argan oil jasmine and jojoba each ingredient is accompanied by a gorgeous illustration its providence its primary use and recipes for how to use it as a beauty solution now These ingredients are easy to find and the recipes are easy to replicate whether it s making a simple oat bath to smooth skin a sake lotion for your scalp or a lemon shine water to brighten blonde hair An Atlas of Natural Beauty is the perfect gift for newcomers and obsessives alike empowering us all to take care of ourselves and feel confident in our skin

The book delves into The Handbook Of Natural Beauty. The Handbook Of Natural Beauty is an essential topic that must be grasped by everyone, ranging from students and scholars to the general public. This book will furnish comprehensive and indepth insights into The Handbook Of Natural Beauty, encompassing both the fundamentals and more intricate discussions.

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