

# SMILE AND JUMP HIGH!

*...the true story of overcoming  
a traumatic brain injury*



*Donald J. Lloyd & Shannon L. Kehoe*

# Smile And Jump High The True Story Of Overcoming A Traumatic Brain Injury

**D Keegan**



## **Smile And Jump High The True Story Of Overcoming A Traumatic Brain Injury:**

*Smile and Jump High!* Donald J. Lloyd, Shannon L. Kehoe, 2001      **Psychotherapy for Families after Brain Injury** Pamela S. Klonoff, 2014-04-18 Whether caused by illness accident or incident brain injury requires multi tiered resources for the patient and considerable external care and support When recovery is sidelined by depression anger grief or turmoil family members and the support network have critical roles to play and need their own guidance and compassionate therapeutic interventions Psychotherapy for Families after Brain Injury offers theoretical frameworks and eclectic techniques for working effectively with adult patients and their families at the initial active and post treatment phases of rehabilitation This practical reference clarifies roles and relationships of the support network in interfacing with the loved one and addresses the understandably devastating and sometimes derailing emotions and psychosocial adversities The content promotes psychoeducation and guided exercises delineates helpful hints and coping tools and proffers multimedia resources to overcome hurdles Constructs of awareness acceptance and realism for all parties are woven throughout along with ideas to enhance the support network s commitment adjustment positivity hope and longevity Case excerpts instructive quotes from caregivers and nuggets of clinical advice assist in analyzing these and other topics in salient detail The impact of brain injury on different family members Treatment themes in early family sessions Family therapy for moderate to severe brain injury concussion and postconcussion syndrome Family therapy after organic brain injury stroke anoxia tumor seizure disorders Family group treatment during active rehabilitation End of life and existential considerations and positive aspects of care giving Aftercare group therapy for long term needs The hands on approach demonstrated in Psychotherapy for Families after Brain Injury will enhance the demanding work of a range of professionals including neuropsychologists clinical psychologists rehabilitation psychologists family therapists marriage and family counselors psychiatrists behavioral mental health counselors clinical social workers rehabilitation specialists such as speech language pathologists physical and occupational therapists and graduate students in the helping professions      **Welcoming Children with Special Needs** Sally Patton, 2004      *Popular Science* , 2005-09 Popular Science gives our readers the information and tools to improve their technology and their world The core belief that Popular Science and our readers share The future is going to be better and science and technology are the driving forces that will help make it better      **Ebony** , 2005-11 EBONY is the flagship magazine of Johnson Publishing Founded in 1945 by John H Johnson it still maintains the highest global circulation of any African American focused magazine      **It Only Took a Moment** Regina Venturella, 2011-03-05 At the age of 19 Alisha Webb was involved in a horrific car accident that left her in a coma Though many of her doctors doubted her recovery she defied the odds and showed everyone what a miracle looks like This is her story      **Metamorphosis, Surviving Brain Injury** David A. Grant, 2012-10-10 At first glance you might be tempted to think this is simply a book about recovering from a traumatic life experience but it is so much more A real life tale with unexpected twists and turns chance meetings that will

shock you and amaze you it is the story of true triumph and victory of the human spirit It is a story about the ability to overcome insurmountable odds with dignity and tenacity and a splash of humor No matter what your current life circumstances may be you ll come away with the feeling of hope hope for the future and hope in the genuine goodness of humanity Learn about brain injury from an insiders point of view Survivors and medical professionals alike will better understand what life is like after sustaining a traumatic brain injury A nationally published author before his accident David draws from a lifetime of experience in his newest book *Metamorphosis Surviving Brain Injury* Often truth is indeed stranger than fiction You ll read about his triumphs over seemingly insurmountable situations share in heartbreak and perhaps learn a little about yourself along the way It is a tale of true victory of the human spirit David s brain injury has cost him a lot but he still retains the gift of adding richly textured and meaningful words to life experiences By reading *Metamorphosis Surviving Brain Injury* you ll come away with a real feel about what life is like living with a TBI

*Sunrise: Life After Traumatic Brain Injury: a Healing Journey in Surviving Tbi, an Empowering True Story* Kristin Abello, 2021-11-30 In 2002 while on a training run in Houston Texas with her husband Raul in preparation for the Marine Corps Marathon author Kristin Abello was struck by a car As a result she sustained a traumatic brain injury and other physical traumas The initial consensus was that she wasn t going to survive In *Sunrise* she tells her story of faith love hope and healing from TBI While a love story it is also the true story of her fight for survival She and Raul were a young couple in love when the catastrophic car accident nearly pulled them apart Abello tells how the support and prayers of her husband family and friends formed the basis of her miraculous recovery

*Brain Damage* Ava Stewart, 2009-09-01 Ava and her Mother began a wintry Tahoe Christmas with skis and smiles but would end their foray with a life flight to the traumatic care ward of a Reno hospital As Ava stood over her bashed and bloodied mother her fanciful dreams of the best Christmas ever were instantly traded for the realization of the life and death struggle that lay ahead She couldn t conceive the treachery and torment that would befall her family under the care of the state of the art medical facility in which they found themselves The following months would be rife with botched surgeries thwarted transfer attempts forged medical records and insurance fraud just to scratch the surface This book is an account of a brave young woman s baptism into the dark shady world that has come to encompass America s broken medical system

*The Smile on My Forehead* Jennifer Mosher, 2009 This book is my personal memoir of learning to accept my new injured self as I figure out the best way to manage life with a Traumatic Brain Injury It starts like this While driving west on Interstate 80 for my senior year at Brigham Young University my car tumbled five times into the median I was unconscious on impact and I don t remember any part of the accident My next clear memory is waking up on a hospital bed more than two months later wondering where I was and why I had a metal Halo Brace drilled into my skull My family explained I d fractured my neck both femurs and severely injured my brain in a car accident on my way back to college I m in college I asked And the rediscovery of myself began

*But You Look So Normal* Kara Ellsworth, Chris Russo, 2013-05 They were both twenty

something's living productive and successful lives when all of a sudden they were both struck by different types of brain injuries Kara suffered a massive stroke and Chris was in a coma that left him paralyzed after a bout with meningitis and encephalitis Despite facing tough odds the two spent countless hours in therapy tirelessly working to regain control and triumph over their brain injuries Little did they know that when they met in speech therapy they would instantly bond fall in love and get married within a couple of years Despite being told they would not return to their previously productive lifestyle this is the true story of Kara and Chris's personal and combined efforts to return to a normal life A big lesson the two learned while recovering is that while you may look normal on the outside brain injuries affect you every day for the rest of your life Wheelchairs walkers canes bumps and bruises on the outside may disappear over time but the damage on the inside of the brain is always there Through their recovery the two have learned to adapt to their new brains while taking it one day at a time Recovery and rehabilitation remains a constant in their lives Inspired by each other the two would like to share their stories in hopes that it may have a positive impact on brain injury survivors caretakers friends and family members Kara Ellsworth and Chris Russo are living happily together with perhaps a full brain between the two of them in Sacramento CA Working as a RN Kara continues to pursue her goal of helping as many people as she can Chris is busy working in his shop establishing himself as the best cobbler in the Sacramento area In their free time you can find them relaxing watching movies traveling in small spurts and taking care of their small animal sanctuary which includes two rescue dogs turtles eels and several fish

**A One-Percent Chance of Survival** Carol J. Thompson, 2014-03-10 On June 12 1993 Carol's son Scott was involved in a terrifying car accident near Buena Vista Colorado At the age of 22 the young man's life was forever changed as was the course of life for his entire family Carol has been a wife mother and medical transcriptionist for many years This is the story of the life altering accident subsequent legal battles and the life lessons the family learned from this event

**Fighting for David** Leone Nunley, Dean Merrill, 2012-12-20 Persistent vegetative state that was the term doctors used to describe the condition of Leone Nunley's handsome young son David following a horrific motorcycle crash When doctors were prepared to give up hope for his recovery Leone determined to fight for David's future In this powerfully inspiring story Leone shares her many trials legal financial emotional and spiritual and amazing ways that faith helped her and David overcome She also offers a unique perspective on many of the questions raised by highly publicized cases such as that of Terri Schiavo How much potential has God given the human brain to adapt in the wake of trauma How much time effort and money is enough to invest in attempts at rehabilitation and how much is too much If you've ever wondered whether faith can be more powerful than a doctor's diagnosis look inside You'll find remarkable lessons on choosing hope over despair opting for hard work over giving up and erring on the side of love

**The Phoenix Rising** Helen Ross Lee, 2020-03 In 2008 Helen suffered a tragic accident in a practice takeoff maneuver that resulted in a grievous traumatic brain injury TBI which precipitated a coma and temporary amnesia Helen refused to give up or give in regardless of the

gloomy prognosis from medical experts This is her story of triumph through perseverance **Hitch Your Wagon to a Shooting Star** Nancy Lee Parker, 2011-11-28 Recent data shows that on average approximately 1.7 million people sustain some form of brain injury that disrupts the normal function of the brain Each year injuries contribute to a substantial number of deaths and causes permanent disability if too severe **HITCH YOUR WAGON TO A SHOOTING STAR** is a self help book for all survivors of brain injuries slight or severe to help them put their lives back on track The book tells a survivor's true story of how she came full circle in her recovery after having a brain aneurysm coupled with spinal meningitis acquired in the hospital which left her paralyzed on one side with the loss of many cognitive abilities She tells how she has coped with the aftermath of losing aptitudes and abilities and becoming a person with a disability She returned to college received her Master's Degree and is now a Certified Rehabilitation Counselor dedicated to helping other survivors **Still Standing** Steven R. Hirst, 2012 **My Fight for Recovery** Rob Plaskas, 2020-02-26 Some would label Rob Plaskas as disabled while others may call him a victim Truth be told he is a survivor and a fighter **My Fight for Recovery A Story of Overcoming Life Threatening Brain Surgery** is his first hand account of the tragedy and terror he experienced who he was and what he has become Over time he learned to confront his circumstances and embrace his new reality He found courage and strength to reinvent himself and charted his own path to succeed in his new life This memoir is about his recovery from a brain hemorrhage during brain surgery It caused the equivalent of a major stroke leaving him unable to speak write read or comprehend and left him with rightsided paralysis It caused severe damage to his short term memory and made him dependent on anti seizure medicine His recovery shows how some survivors of severe brain injuries can recover and have a productive life if they work hard at their physical speech cognitive and emotional therapies **Miracle Kid** Zachary D. Gauvin, 2012 Gauvin was a high school athlete with a drinking problem He wakes from a month long coma to learn that he had been in a serious automobile accident and has a traumatic brain injury He must relearn how to walk talk and use his left hand Along the way he becomes an advocate for people with brain injuries **Struck by Genius** Jason Padgett, Maureen Seaberg, 2014-04-22 From head trauma to scientific wonder a deeply absorbing fascinating true story of acquired savant syndrome Entertainment Weekly Twelve years ago Jason Padgett had never made it past pre algebra But a violent mugging forever altered the way his brain worked It turned an ordinary math averse student into an extraordinary young man with a unique gift to see the world as no one else does water pours from the faucet in crystalline patterns numbers call to mind distinct geometric shapes and intricate fractal patterns emerge from the movement of tree branches revealing the intrinsic mathematical designs hidden in the objects around us As his ability to understand physics skyrocketed the accidental genius developed the astonishing ability to draw the complex geometric shapes he saw everywhere Overcoming huge setbacks and embracing his new mind Padgett gained a vision of the world that is as beautiful as it is challenging Along the way he fell in love found joy in numbers and spent plenty of time having his head examined The New York Times Book Review Illustrated

with Jason's stunning mathematically precise artwork his singular story reveals the wondrous potential of the human brain and an incredible phenomenon which points toward dormant potential a little Rain Man perhaps within us all Darold A Treffert MD author of Islands of Genius The Bountiful Mind of the Autistic Acquired and Sudden Savant A tale worthy of Ripley's Believe It or Not This memoir sends a hopeful message to families touched by brain injury autism or neurological damage from strokes Booklist How extraordinary it is to contemplate the bizarre gifts that might lie within all of us People

Hope Survives Megan Hurley, 2018-06-15 Megan Loiaconi Hurley was an English teacher one of the best She loved English literature and inspired her high school students to appreciate the classics by transforming her classroom into one of the scenes from Othello or showing up in class dressed as one of her favorite characters from The Great Gatsby Megan had a command of the English language and could previously write without hesitation That was until she suffered a traumatic brain injury Megan was pursuing her master's degree and while in a local library she fell on the marble floor due to a grand mal seizure fracturing her skull The resulting traumatic brain injury left her without the ability to put thoughts and words together in a coherent manner However as Megan gained strength physically and mentally she was determined to be an author Piecing her story together ever so slowly she accomplished a long time dream of writing her story Through Hope Survives Strength After A Traumatic Brain Injury Megan shares an incredible story of survival while helping others understand the challenges and realities of traumatic brain injuries

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