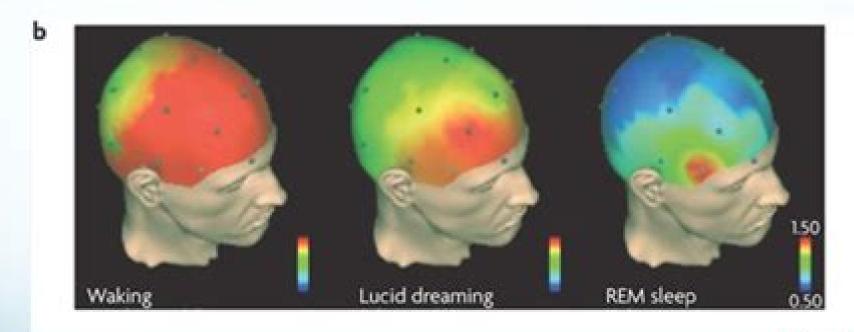
# Comparison of brain activity in patients: while awake, lucid dreaming and during REM sleep



Activated Deactivated

REM sleep: Rapid eye movement sleep, usually occurring in approximately 90-minute cycles.

**Michael Brown** 

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