



BOOKS

STRESS RESEARCH: ISSUES FOR THE EIGHTIES

Cary L. Cooper (Editor)

Chichester, England: Wiley, 1983

This book contains some interesting and informative chapters on issues of interest to stress researchers. What the book lacks is an effort to explicate and link the individual issues each author discusses.

The first chapter, by the late Hans Selye, neatly summarizes his work and views on the stress concept. The information is clear but not new to anyone familiar with stress research. Ironically, Selye's concluding paragraphs about his hopes for the future underscore a major omission in a book ostensibly about stress issues in the 80s. There is no chapter or discussion of the tremendous progress and promise in the area of physiological and biochemical correlates of stress, especially regarding the immune response system.

In a similar vein, the next chapter reviews the literature on Type A behavior pattern (TABP) but does little to define future issues. The authors (Chesney and Rosenman) do a good job of reviewing the large TABP literature, but there seems to be too much emphasis on

Stress Research Issues For The Eighties

L Cohen



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