



# The Karate Spirit The Columns From Black Belt

**Lingjun Ying**



## **The Karate Spirit The Columns From Black Belt:**

*The Karate Spirit* Randall G. Hassell, 2006 *The Karate Spirit* is a revised selected collection of Randall Hassell's best works. Some of these columns are serious, some are humorous, and some leave the reader on the horns of a dilemma. All though are thought provoking. Black Belt, 1985-05 The oldest and most respected martial arts title in the industry, this popular monthly magazine addresses the needs of martial artists of all levels by providing them with information about every style of self defense in the world, including techniques and strategies. In addition, Black Belt produces and markets over 75 martial arts oriented books and videos, including many about the works of Bruce Lee, the best known martial arts figure in the world. **Black Belt**, 1984-10 The oldest and most respected martial arts title in the industry, this popular monthly

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