



The John Muir Trail

Damon Corso



The John Muir Trail:

Guide to the John Muir Trail Thomas Winnett, Kathy Morey, 1998 On the legendary John Muir Trail you pass through a land of 14 000 foot peaks deep canyons massive granite walls and sparking lakes Here s the best guide to this 211 mile hiking wonderland written by two of WP s most venerable authors [John Muir Trail: South to North edition](#) Elizabeth Wenk, 2014-08-01 This is a complete digital only South to North edition of the best selling John Muir Trail Lizzy Wenk s authoritative guide describes the 212 mile John Muir Trail running from the summit of Mt Whitney to Yosemite Valley It provides all the necessary planning information including up to date details on wilderness and permit regulations food resupplies trailhead amenities and travel from nearby cities Useful essentials are updated GPS coordinates and maps for prominent campsites along with an updated list of sites along the trail trail junctions bear boxes and other points of interest The trail descriptions also include natural and human history to provide a workout for both body and mind a must have for any Muir Trail enthusiast **John Muir Trail** Elizabeth Wenk, 2014-06-03 Elizabeth Wenk s authoritative guide describes the 212 mile John Muir Trail running from Yosemite Valley to the summit of Mt Whitney John Muir Trail provides all the necessary planning information including up to date details on wilderness and permit regulations food resupplies trailhead amenities and travel from nearby cities Useful essentials are updated GPS coordinates and maps for prominent campsites along with an updated list of sites along the trail trail junctions bear boxes and other points of interest The trail descriptions also include natural and human history to provide a workout for both body and mind a must have for any Muir Trail enthusiast Note that the text includes the southbound trail description while the full guide with the northbound description is available as a separate ebook product **Discovering the John Muir Trail** Damon Corso, 2018-05-30 From beginners to thru hikers Discovering the John Muir Trail has something for anyone that wants a connection with what Backpacker Magazine has called The best hike in the world Taking on the JMT is a pilgrimage because of both its beauty and accessibility Let Damon Corso guide you across the best trails that the John Muir Trail has to offer Complete with full color photography of the Sierra Nevada Mountains from acclaimed photographs like Galen Rowell and Jimmy Chin you ll also have hikes suited to every ability mile by mile directional cues sidebars and maps [The Getaway Guide to the John Muir Trail](#) Guy Saperstein, 2005 Written with panache and humor Saperstein inspires hikers of all ages to tackle the grand and glorious route pioneered by the Sierra Club founder The book offers practical advice for neophytes and experienced hikers alike as well as first class reading for armchair adventurers This book is the first in a series of guides to great American trails

Almost Somewhere Suzanne Roberts, 2023-10 This updated edition of a month long backcountry trip on the John Muir Trail is part memoir part nature writing and part travelogue **Day & Section Hikes: John Muir Trail** Kathleen Dodge Doherty, Jordan Summers, 2017-05-22 Declared as one of the top five hiking trails on the planet by National Geographic s Adventure magazine the John Muir Trail JMT runs a spectacular 211 miles from fabled Yosemite Valley to the foot of Mount

Whitney the tallest peak in the lower 48 Along the way from Yosemite the JMT takes in Kings Canyon and Sequoia national parks the Inyo National Forest and the Devils Postpile National Monument The only way to experience this world class trail is by foot and this new edition of Day and Section Hikes John Muir Trail by Kathleen Dodge and Jordan Summers is here to guide you the entire way whether you re out for one of the day hikes for a few days on a section hike or tackling the entire trail The section hiking chapter includes user friendly information on coordinating transit detailed altitude profiles where to stay how to prepare and more therefore it appeals to a wider variety of readers than the current thru hiking guides on the market Each hike contains four key elements to help readers plan and enjoy the perfect trip GPS based trail maps GPS based elevation profiles directions to the trailhead trail descriptions

The John Muir Trail Alan Castle,2015-03-20 A guidebook to trekking the John Muir Trail JMT from Happy Isles in Yosemite Valley to the summit of Mount Whitney and onto the trailhead at Whitney Portal Covering 348km 216 miles this long distance trek through the Sierra Nevada mountains of California takes around 3 weeks to hike and is suitable for hikers with experience in remote high mountain wilderness The route is described from north to south in 21 stages each between 11 and 26km 7 16 miles An optional ascent of Half Dome is also included which involves some easy scrambling and requires a good head for heights Sketch maps included for the route Ascent descent and distance tables included for all stages Lists of camp areas ranger stations and bear box locations Advice on trekking permits transport to and from the trailheads equipment food and supplies training Route travels through 3 national parks Yosemite Kings Canyon and Sequoia

John Muir Trail Data Book Elizabeth Wenk,2022-08-09 Get this condensed version of the guidebook John Muir Trail featuring only the data sections perfect for the pack weight conscious hiker or backpacker Mileages campsites and resupply data this light weight and efficient data book strips away the author s trail descriptions and natural history information and presents the essential data for the 220 mile John Muir Trail JMT from Yosemite Valley to Mount Whitney and onward to Whitney Portal Whether you re hiking the entire JMT or just sections of it your first step begins with this guide by Sierra Nevada expert Elizabeth Lizzy Wenk The cut to the chase handbook splits the trail into 13 sections Each section offers easy to read maps and tables of data giving you the details you need to design your own trip in advance or as you explore the JMT Inside you ll find Trail junction locations and distances between junctions for southbound and northbound routes Comprehensive table of campsites Elevation profiles for each section Maps of Yosemite Valley Tuolumne Meadows and Lone Pine 17 topographic maps plus panoramic photographs Pre trip planning information about food resupplies transportation and permits This abbreviated version of John Muir Trail The Essential Guide to Hiking America s Most Famous Trail is designed to lighten your pack while providing everything you need to know along the way

Day and Section Hikes: John Muir Trail Kathleen Dodge Doherty,2007-04-27 The John Muir Trail runs a spectacular 211 miles from Yosemite Valley to the foot of Mount Whitney crossing through Kings Canyon and Sequoia national parks the Inyo National Forest and the Devils Postpile National Monument This guide has descriptions for six day hikes five overnight hikes

and the entire trail in six sections and includes transit and lodging information altitude profiles a GPS based trail map and ratings for scenery trail condition difficulty accessibility for children and solitude The John Muir Trail Don Lowe,Roberta Lowe,2001-03 Distributed by the University of Nebraska Press for Caxton Press Nowhere does magnificent scenery a vast network of interconnecting trails and beneficent weather come together so gloriously as in the High Sierra of California This guide includes detailed maps showing trails campsites and contours with descriptive text and many photos Guide to the John Muir Trail and the High Sierra Region Walter A. Starr (Jr.),1970 *Weathered* Christy Teglo,2021-08-31 Why are you hiking the John Muir Trail solo You ve never backpacked before how are you going to hike the entire John Muir Trail These were the two most common questions that Christy was asked by her coworkers in Corporate America They were legitimate questions Christy couldn t put into words the reason she needed to hike more than 220 miles in the California High Sierra Mountains but her gut told her that she needed to After spending six months preparing by hiking reading books and watching documentaries Christy began hiking the world famous trail on August 31 2016 southbound Throughout her journey Christy encountered dry creek beds making a wrong turn a hail storm freezing temperatures trail friends incredible views and experiences that would change her life Hiking over ten mountain passes gave Christy a lot of time to think about her nine year marriage that was falling apart gave her time to make new friends and gave her the strength she needed off the trail This is one woman s account of the three weeks she spent on the iconic trail Day and Section Hikes: John Muir Trail Kathleen Dodge,2011-11-13 The John Muir Trail runs a spectacular 211 miles from Yosemite Valley to the foot of Mount Whitney crossing through Kings Canyon and Sequoia national parks the Inyo National Forest and the Devils Postpile National Monument This guide has descriptions for six day hikes five overnight hikes and the entire trail in six sections and includes transit and lodging information altitude profiles a GPS based trail map and ratings for scenery trail condition difficulty accessibility for children and solitude *Guide to the John Muir Trail* Thomas Winnett,1984 Plan and Go - John Muir Trail (2ndEd) Gerret Kalkoffen,2016-12-08 In response to the ever increasing popularity of the JMT this fully updated 2nd edition offers a more comprehensive overview of available permit options and reservation procedures as well as alternate trail access and exit points It also includes detailed descriptions of popular JMT section hikes that can be completed in a week or less Plan Go John Muir Trail is the ultimate guide to hiking America s most renowned long distance trek between Yosemite Valley and Mt Whitney In a clear and concise manner the book illustrates the highlights and unique characteristics of the JMT and provides details on all essential planning topics to save you time and effort with your own preparations Supported by step by step instructions and first hand recommendations you will be well equipped and feel more confident about completing this memorable adventure in the California Sierra Nevada The book provides answers to the following questions and more How do I prepare for the JMT When is the best time to go How many days will it take me What is the best permit strategy Where can I send my resupply What kind of gear works best How do I get there and back In addition Plan Go

John Muir Trail offers practical advice on athletic training which food to pack and in what quantities how to select appropriate gear and various other essentials for the trail The book further includes detailed elevation profiles of the trail along with an overview of popular multi day section hikes to help you create an itinerary that best suits your personal preferences The wealth of facts and figures is topped off with the entertaining and motivating account of the author s own 15 day JMT trek amidst the breathtakingly beautiful High Sierra peaks **Tenderfoot Backpacking the John Muir Trail**

Claudia Sheets,2021-08-08 The story is about a recently retired middle school principal who at sixty three decides to tackle the challenges of a seventeen day backpacking trip on the John Muir trail in the Sierra Nevada Mountains of California Always a hiker Claudia felt that adding something she had always avoided backpacking would be what she was looking for to clean her brain and body from the minefield of her career From preparations for the trip to the lessons learned on trail the story unfolds with many humorous as well as inspiring trail experiences About the Author Claudia Harris grew up in Seattle After graduating from high school she attended universities eventually obtaining a Bachelors of science degree in Biology Claudia took graduate courses in Botany in Washington leaving the course of study to move to California where she obtained her single subject teaching credential as well as a masters in educational administration She taught Biology in high school for a number of years before moving to administrative positions in both high school and middle school Claudia retired from a principal ship in middle school **John Muir Trail Pocket Atlas** Erik Asorson,2020-05-15 The John Muir Trail is a 210 mile long hiking trail that runs from Yosemite Valley to Mount Whitney in the Sierra Nevada mountains of central California This Pocket Atlas includes detailed maps and trip planning information for the entire John Muir Trail and popular side trails

Discovering the John Muir Trail Damon Corso,2018 From beginners to thru hikers Discovering the John Muir Trail has something for anyone that wants a connection with what Backpacker Magazine has called The best hike in the world Taking on the JMT is a pilgrimage because of both its beauty and accessibility Let Damon Corso guide you across the best trails that the John Muir Trail has to offer Complete with full color photography of the Sierra Nevada Mountains from acclaimed photographs like Galen Rowell and Jimmy Chin you ll also have hikes suited to every ability mile by mile directional cues sidebars and maps The John Muir Trail 1959 Margaret Olesen,Hank Olesen,Jack Olesen,2016-01-29 This version has over 60 B W photographs A full color version is also available In 1959 Hank Olesen led his small family on an adventure or an expeddience in the moun tains as he liked to say with a put on accent After many campouts and several one to three day hikes in the Mammoth Lakes California area Hank decided to tackle the BIG ONE the John Muir Trail which today is the highest elevation portion of the later completed Pacific Crest Trail Begun in 1915 by 1959 the John Muir Trail was the only established long distance trail in the Sierra starting in the north at Yosemite and ending at Mt Whitney elev 14 505 ft Hank was a Boy Scout an Eagle Scout and in the 1950s he was a Boy Scout leader His son Jack 13 was a Boy Scout working on his Silver Moccasin badge and John Muir Trail badge Margaret was a willing if somewhat intimidated participant However it was

Margaret who recorded the adventure in a small notebook with a stubby pencil and who took beautiful Kodachrome slides of the spectacular scenery many of which are reproduced in this book B W in this version Hikers who have traveled the JMT or the PCT or are planning to will enjoy this glimpse of what the hike was like before the modern equipment regulations and packaged foods of today were available

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Table of Contents The John Muir Trail

1. Understanding the eBook The John Muir Trail
 - The Rise of Digital Reading The John Muir Trail
 - Advantages of eBooks Over Traditional Books
2. Identifying The John Muir Trail
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an The John Muir Trail
 - User-Friendly Interface
4. Exploring eBook Recommendations from The John Muir Trail
 - Personalized Recommendations
 - The John Muir Trail User Reviews and Ratings
 - The John Muir Trail and Bestseller Lists
5. Accessing The John Muir Trail Free and Paid eBooks
 - The John Muir Trail Public Domain eBooks
 - The John Muir Trail eBook Subscription Services
 - The John Muir Trail Budget-Friendly Options

6. Navigating The John Muir Trail eBook Formats
 - ePub, PDF, MOBI, and More
 - The John Muir Trail Compatibility with Devices
 - The John Muir Trail Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of The John Muir Trail
 - Highlighting and Note-Taking The John Muir Trail
 - Interactive Elements The John Muir Trail
8. Staying Engaged with The John Muir Trail
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers The John Muir Trail
9. Balancing eBooks and Physical Books The John Muir Trail
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection The John Muir Trail
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine The John Muir Trail
 - Setting Reading Goals The John Muir Trail
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of The John Muir Trail
 - Fact-Checking eBook Content of The John Muir Trail
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
 - Integration of Multimedia Elements

- Interactive and Gamified eBooks

The John Muir Trail Introduction

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