

THE SIX PERFECTIONS



Commentary by Geshe Sonam Rinchen
Translated and Edited by Ruth Sonam

Six Perfections An Oral Teaching By Geshe Sonam Rinchen

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Six Perfections An Oral Teaching By Geshe Sonam Rinchen:

The Six Perfections ,1998-01-01 The Six Perfections of generosity ethical discipline patience enthusiastic effort concentration and wisdom are practiced by Bodhisattvas who have the supreme intention of attaining enlightenment for the sake of others These six are perfections because they give rise to complete enlightenment Practice of them also insures the attainment of an excellent body and mind in the future and even more favorable conditions for effective practice than those we enjoy at present Generosity leads to the enjoyment of ample resources ethical discipline gives a good rebirth patience leads to an attractive appearance and supportive companions enthusiastic effort endows the ability to complete what is undertaken fostering concentration makes the mind invulnerable to distraction and wisdom discriminates between what needs to be cultivated and what must be discarded and leads to greater wisdom in the future **The Six Perfections** Geshe Sonam Rinchen,1998-01-01 The Six Perfections of generosity ethical discipline patience enthusiastic effort concentration and wisdom are practiced by Bodhisattvas who have the supreme intention of attaining enlightenment for the sake of others These six are perfections because they give rise to complete enlightenment Practice of them also insures the attainment of an excellent body and mind in the future and even more favorable conditions for effective practice than those we enjoy at present Generosity leads to the enjoyment of ample resources ethical discipline gives a good rebirth patience leads to an attractive appearance and supportive companions enthusiastic effort endows the ability to complete what is undertaken fostering concentration makes the mind invulnerable to distraction and wisdom discriminates between what needs to be cultivated and what must be discarded and leads to greater wisdom in the future The Six Perfections Sonam Rinchen,1998 These six incorporate all of the Buddha s advice on the Bodhisattva way of life and include every practice needed for our own fullest development and for accomplishing the ultimate good of others BOOK JACKET *American Book Publishing Record Cumulative 1998* R R Bowker Publishing,1999-03 *How Karma Works* Geshe Sonam Rinchen,2006-07-19 Explains the chain of causes and effects commonly called karma which is at the core of the heart of the Buddha s teachings *The Heart Sutra* Geshe Sonam Rinchen,2003-09-26 The Heart Sutra offers an enlightening exploration of the Heart Sutra a cornerstone of Mahayana Buddhism This in depth commentary delves into the profound teachings of emptiness and interdependence guiding readers through the intricate landscape of Buddhist philosophy With insights from revered masters like Nagarjuna and Aryadeva the book emphasizes the critical role of understanding reality s true nature in achieving liberation from suffering Readers will gain a deeper appreciation for the transformative power of wisdom and compassion as Geshe Sonam Rinchen elucidates the path toward enlightenment The book provides practical guidance on engaging with the teachings highlighting the importance of meditation and contemplation in realizing the profound truths of emptiness Through a rich tapestry of historical context and philosophical insights it encourages readers to reflect on their own spiritual journey and the potential for personal and collective awakening For those seeking a profound

understanding of Buddhist teachings this book is an invaluable resource It not only presents the Heart Sutra as a living document but also serves as a guide for navigating the complexities of existence with wisdom and compassion Books In Print 2004-2005 Ed Bowker Staff,Staff Bowker, Ed,2004 **Subject Guide to Books in Print** ,1997 Cumulated Index to the Books ,1999 **The Refined Gold of the Oral Teaching Concerning the Practice of the View, Meditation and Behavior** Kun dga' bstan 'din,Liz Granger,Mario Maglietti,1983

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