



DOOR TO AGING JULY SOCIAL BINGO CHALLENGE

Brought to you by the Aging Coalition of Door County,
dedicated to building connections in the community



Enjoy a local Independence Day event or festival with someone	Teach someone how to play a game you enjoy	Ask someone about their day and really listen to what they say	Pick cherries or visit a local cherry orchard or market with someone	Enjoy a summer music event/ concert with someone
Search out local street art with a friend	Explore a town, city, county or state park with someone	Send someone a birthday or special occasion card	Invite someone to meet for coffee, a drink or a treat	Smile and greet someone you don't know
Take a scenic drive with someone to a different part of the County	Sit back, rest and enjoy nature with a friend or relative	Make up your own social activity	Work on a crossword or other word puzzle with someone	Reminisce with someone about their favorite vehicle
Discover a "new to you" shop or café with someone	Do a "random act of kindness"	Swap favorite summertime recipes with friends or family	Share a bouquet of summer flowers with someone	Select and read a book and discuss with someone
Help someone with a small project	Ask someone about music they enjoy then listen to a few songs	Make plans to view the Tall Ships with someone 7/31 - 8/3	Laugh with someone	Take a walk with someone and pick up trash along the way

To play, mark an X on a completed square. Get a "bingo" by completing all activities in one vertical row, one horizontal row, or a diagonal row from corner to corner.

Your name and address:

Name: _____

Address: _____

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Mail Submissions To:

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Do Good Door County
185 E. Walnut St. Suite 119
Sturgeon Bay, WI 54235

For a chance to win, mail your Bingo card by the 30th of the month to the Aging Coalition of Door County (ACDC). Each completed "bingo" earns one entry into the monthly drawing for one of four \$20 Destination Door County Gift Certificates. You can earn additional entries for every 'bingo' on your card.

Prizes will be mailed to each month's winner and the winner's first name and last initial will be posted on the Aging Coalition of Door County website: doortoaging.com

Social Challenge Of Aging

Igor Saveliev, Natalie-Anne Hall



Social Challenge Of Aging:

The Social Challenge of Ageing David Hobman, 2024-05-10 Although all recorded societies have contained a few people of extreme old age they have been the exception rather than the rule The possibility of one fifth of the total population in retirement from active employment would have been unthinkable at the beginning of the twentieth century and even social planning in the 1970s had made no adequate provision for a society in which one in every twenty five people would be over seventy five and one in every hundred over eighty five within less than a decade In Great Britain in the 1970s however and in many industrialised societies this was now a reality and vast resources would need to be directed towards the support care and treatment of the aged Whilst a growing body of knowledge based upon biological and clinical studies of the ageing process had been accumulated in recent years only a modest investment had been made in social gerontology Originally published in 1978 this book provided a multi disciplinary study of the process of ageing for those in the caring professions as well as for planners and architects whose decisions and designs affected the lives of the elderly It is divided into three parts the first provides a sociological demographic and cultural background to the place of old people in eastern and western societies The second explores the relationship which exists or should exist between a number of professional disciplines and part three considers an interdisciplinary model in practice Today it can be read in its historical context **Population**

Ageing and Its Challenges to Social Policy R. Schoenmaeckers, Irena Kotowska, Council of Europe. Directorate General III--Social Cohesion, 2005-01-01 This publication examines the demographic challenges posed by population ageing trends and the policy implications in relation to health employment public expenditure and social relationships It contains two reports prepared for the European Population Conference held in Strasbourg in April 2005 **Challenges of Biological**

Aging Edward J. Masoro, PhD, 1999-07-16 This volume provides the non biologist an overview of what is known about the physiological bases of aging The author examines the many basic theories and emerging hypotheses underlying the molecular cellular and systemic processes involved in senescence He addresses the normal physiological changes that characterize the aging phenotype and also considers the role of many age associated diseases in growing older Masoro synthesizes a much needed unified theory of biological aging to which explains how and why the body grows into the condition we call old This text is intended for gerontology students in training as well as for human physiologists interested in gerontology **Social Work with the Aging** Louis Lowy, 1985 **Issues in Aging** Mark Novak, 2018-02-02 Issues in

Aging combines social psychological biological and philosophical perspectives to present a multifaceted picture of aging Novak illustrates both the problems and the opportunities that accompany older age This text helps students understand the tremendous variability in aging and introduces them to careers working with older adults This new edition reflects the continued changes in the way we age The fourth edition has been updated to include emerging issues in aging These include the prevalence of HIV AIDs in later life current research on mental potential in old age the creation of age friendly cities and

new options for end of life care Each chapter begins with a set of learning objectives to guide students in their reading and concludes with a list of main points questions for discussion or study suggested readings and relevant web sites to consult Each chapter also includes up to date charts and graphs as well as key terms to help students understand the issues presented Break out boxes reveal the human side of aging through the stories of individuals in real life and in the media

Living Arrangements of the Elderly and Social Policy Kevin G. Kinsella,1990 **Social Geography of Healthy Aging**

Karin Volkwein-Caplan,Jasmin Tahmaseb McConatha,2012 The healthy and successful transition to later life can be a difficult experience This book will discuss the historical cultural and social psychological factors that shape the quality of life of older women and men A central premise of the book is that where we live is vital to how we age Thus the book has a look at stories of older women and men who are from different cultural backgrounds Argumentaire de l ouvrage **Constructing Global**

Challenges in World Politics Alina Isakova,Malte Neuwinger,Robin Schulze Waltrup,Oday Uraiqat,2024-06-24 This interdisciplinary book investigates the problematization of global challenges in world politics by analyzing what they are and how they come to be Offering a conceptual framework including four modes of construction universalizing bundling upscaling and creating urgency this book provides a heuristic method for understanding how the process of rendering an issue a global challenge unfolds It examines the role of the global challenges discourse which may either reinforce or challenge the dominant orders of world politics such as the capitalist market based system and the liberal international order As a consequence the global challenges discourse facilitates the emergence of new actors and policy fields The book will be of interest to students academics and practitioners of global governance international organizations and more broadly international political economy and international relations **Challenging Aging The Anti-senescence Effects of**

Hormesis, Environmental Enrichment and Information Exposure Marios Kyriazis,2016-08-30 Age related degeneration may be reduced or even eliminated by positively challenging the human being physically or cognitively to up regulate somatic repair functions Exposure to meaningful information and a challenging environment act as hormetic stressors which in the context of an increasingly technological setting may invoke evolutionary mechanisms that lead to a persistent maintenance of homeostasis Thus there is a strong link between environmental factors and ongoing health leading to an individual s ability to continually adapt to age related challenges Challenging Ageing The Anti senescence Effects of Hormesis Environmental Enrichment and Information Exposure explains the role of hormesis in anti aging processes followed by information on vitagenes epigenetics environmental enrichment and germlines The monograph also brings newer concepts and theories to the fore such as environmental enrichment and technoculture Medical professionals and general readers alike will gain a new perspective on the processes that counter aging processes in the human being **Challenges of Latino Aging in the Americas** William A. Vega,Kyriakos S. Markides,Jacqueline L. Angel,Fernando M. Torres-Gil,2015-03-18 This book examines one of the most important demographic changes facing the United States an overall aging population and the increasing

influence of Latinos It also looks at the changing demographics in Mexico and its impact on the health and financial well being of aging Mexicans and Mexican Americans The book provides a conceptual and accessible framework that will educate and inform readers about the interconnectedness of the demographic trends facing these two countries It also explores the ultimate personal social and political impact they will have on all Americans in the U S as well as Mexico Challenges of Latino Aging in the Americas features papers presented at the 2013 International Conference on Aging in the Americas held at the University of Texas at Austin September 2013 It brings together the work of many leading scholars from the fields of sociology demography psychology anthropology geography social work geriatric medicine epidemiology and public affairs Coverage in this edited collection includes working with diverse populations culturally compatible interventions for diverse elderly the health mental health and social needs and concerns of aging Latinos and the policy political and bi lateral implications of aging and diversity in the U S and Mexico The book provides a rich blend of empirical evidence with insightful cutting edge analysis that will serve as an insightful resource for researchers and policy makers professors and graduate students in a wide range of fields from sociology and demography to economics and political science Social Support Networks, Coping and Positive Aging Among the Community-Dwelling Elderly in Hong Kong Susu Liu,2019-01-04 The dramatically increasing aging population of Hong Kong has elicited new risks and opportunities to facilitate a positive life for older adults This book offers a holistic review of gerontological theories and literature and constructs a conceptual framework of social support networks coping and positive aging In light of the implications of the convoy model of social support to depict an indigenous landscape of positive aging in Hong Kong this is one of the very few empirical studies that adopts both quantitative research and qualitative research The research consisted of a pilot study of in depth interviews with 16 older Hong Kong Chinese and a main study surveying 393 older members of District Elderly Community Center The results of the study indicate that family and peer support constitute the mainstay of support networks of the elderly and that family and peer support are associated with positive aging Moreover the study shows that it is the depth of emotional closeness namely close interaction and intimacy with social partners that makes the greatest contribution to positive aging Additionally problem coping and emotion coping are found to mediate the relationship between social support networks and positive aging There is potential in bringing more domestic helpers into elderly care and improving the service quality such that the goal of Aging in Place can be promoted in Hong Kong Intended for researchers in social work gerontology and positive psychology it is also essential reading for graduates and social work professionals interested in this area This book makes a valuable contribution to social gerontological research among Hong Kong older adults and the promotion of wellbeing in the elderly via the construct of positive aging in the culture of Chinese society GLOBAL AGING ISSUES AND POLICIES Yushi (Boni) Li,2013-06-01 Aging society is an urgent global issue that challenges almost all human societies in the world When nations evolve into aging societies they must establish and implement policies and approaches to meet the needs

of the elderly population such as elderly services long term care health care policies institutional facilities illness and healing processes financial support and retirement life and leisure The fundamental purpose of this book is to help students and readers develop their knowledge on worldwide elderly issues To accomplish this goal the text incorporates 18 chapters from different countries with a variety of aging topics which are divided into continents including Africa Asia Europe North and South America and the Oceanic Islands Specific chapters from the following countries regions are included Sub Saharan Africa South Africa China Japan Israel Singapore Thailand Austria United Kingdom Estonia Portugal Spain Sweden United States Australia New Zealand Argentina and Uruguay By sharing these regions and nations elderly issues and their particular solutions to the challenges it provides readers with global views on current aging processes policies and strategies The book effectively helps readers understand that the increase of the elderly population is a major development of the 21st century The text further helps comprehend the importance of improving the elderly population s overall quality of life as well as valuing the contribution they can make to their communities and society The reader will gain insights about why global elderly issues are critical and how the lives of elderly have been impacted and influenced by different policies societies and cultures in which they live The book is designed as a college text for study of aging issues with a global perspective Also any readers interested in topics of the elderly will find the book to be a most beneficial resource

National Directory of Educational Programs in Gerontology ,1976 **The Aging Workforce Handbook** Alexander-Stamatios

Antoniou,Ronald J. Burke,Cary L. Cooper,2016-12-09 This volume critically reviews the phenomenon of the aging workforce adopting an interdisciplinary perspective that examines the challenges raised on an individual organizational and societal level Core issues framing the concept of the aging workforce and its consequences are presented by a team of leading contributors from around the world **Twenty Years of China's Ageing Society: Achievements, Challenges, and Prospects** Peng Du,

Handbook of Aging and the Social Sciences Kenneth Ferraro,Deborah Carr,2021-01-09 Handbook of Aging and the Social Sciences Ninth Edition provides a comprehensive synthesis of the latest research findings in the science of aging The complexities of population dynamics cohort succession and policy changes modify the world and its inhabitants in ways that must be vigilantly monitored Completely revised this edition not only includes the foundational classic themes of aging research but also a rich array of emerging topics and perspectives that advance the field in exciting ways New topics include families immigration social factors and cognition caregiving neighborhoods and built environments natural disasters religion and health and sexual behavior among others This book will serve as a useful resource and an inspiration to those searching for ways to contribute to the aging enterprise Includes aging topics at both the micro and macro level Addresses the intersection of individual and aggregate factors Covers a spectrum of disciplines including demography economics epidemiology gerontology political science psychology social work sociology and statistics Brings together the work of almost fifty leading scholars to provide a deeper understanding of aging *Handbook of Research on Multicultural Perspectives on*

Gender and Aging Pande, Rekha, van der Weide, Theo, 2018-04-27 As people grow older cultural issues arise Recognizing how social influences guide and restrict people leads to a better understanding of one's self and helps people as they age The Handbook of Research on Multicultural Perspectives on Gender and Aging provides emerging research on midlife issues physical aspects of aging and the emotional value in the context of the culture in which people are living While highlighting topics such as elderly disabilities quality of life and gender dimensions this publication explores self esteem in older members of society This book is an important resource for academicians healthcare professionals professionals researchers and students seeking current research on the social and cultural characteristics of growing old **Migration, Aging and Japan's Sustainable Society** Igor Saveliev, Natalie-Anne Hall, 2025-06-01 This book analyzes the relationship between migration and social sustainability in Japan and examines the transformation of its foreign national and ethnic minority population over the past thirty years while critically assessing Japan's immigration and integration policies and their domestic and inter regional social effects **The Portable MBA in Entrepreneurship** William D. Bygrave, Andrew Zacharakis, 2015-07-24 A totally updated and revised new edition of the most comprehensive reliable guide to modern entrepreneurship For years the Portable MBA series has tracked the core curriculum of leading business schools to teach you everything you need to know about business without the cost of earning a traditional MBA degree The Portable MBA in Entrepreneurship covers all the ins and outs of entrepreneurship using real life examples and handy tools to deliver clear honest practical advice on starting a successful business If you're planning to start your own business you'd best start with the facts This reliable information packed resource shows you how to identify good business opportunities create a business plan do financial projections find financing and manage taxes Other topics include marketing selling legal issues intellectual property franchising starting a social enterprise and selling your business Completely updated with new examples new topics and full coverage of topical issues in entrepreneurship Includes customizable downloadable forms for launching your own business Comes with Portable MBA Online a new web site that gives readers access to forms study guides videos presentations and other resources Teaches you virtually everything you'd learn on entrepreneurship in today's best business schools Whether you're thinking of starting your own business or you already have and just need to brush up on entrepreneurial basics this is the only guide you need *Aging* ,1963

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