

So you're having

Prostate Surgery

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Everything
you need to know,
from diagnosis
to recovery

Diary
pages
to keep
track of
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treatment



So Youre Having Prostate Surgery

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So You're Having Prostate Surgery:

So You're Having Prostate Surgery Eric A. Klein, Leah Jamnicky, Robert Nam, 2004-01-30 so you're having prostate surgery If you're facing prostate surgery this book is the ultimate guide It puts you firmly in the driver's seat from deciding whether you actually need surgery through the procedure itself to the quickest routes to recovery Surgery for both benign prostate enlargement and prostate cancer are covered in step by step detail as are alternative treatments such as drug therapy Real life patient stories extensive self help sections and detailed illustrations fully explain each procedure and a quick fix glossary and who's who of medical staff take the mystery out of medicine Also included are a comprehensive directory to Internet and other resources a guide to complementary therapies and a diary to help you keep track of your treatment and your recovery *Dr. Patrick Walsh's Guide to Surviving Prostate Cancer* Patrick C. Walsh, Janet Farrar Worthington, 2013-01-29 This guide covers every aspect of prostate cancer from potential causes including diet to tests for diagnosis curative treatment and innovative means of controlling advanced stages of cancer *Surviving Prostate Cancer* E. Fuller Torrey, 2008-01-11 A guide to prostate cancer describes the nature of the disease treatment options side effects and life with the disease *Dr. Patrick Walsh's Guide to Surviving Prostate Cancer, Second Edition* Patrick C. Walsh, Janet Farrar Worthington, 2010-08-31 This guide covers every aspect of prostate cancer from potential causes including diet to tests for diagnosis curative treatment and innovative means of controlling advanced stages of cancer *Prostate Cancer For Dummies* Paul H. Lange, Christine Adamec, 2011-03-10 Hearing that you have prostate cancer or even that you may have it is very scary But this disease in many cases is curable Even if you have advanced cancer that's spread beyond the prostate many treatments help extend your life for years You need good information to help you with the decisions that lie ahead and this book provides you with this information Prostate Cancer For Dummies can help you if You have prostate cancer or you think that you have it or someone close to you has it You want information on treatments for prostate cancer as you form a treatment plan with your doctor You are curious about alternative therapies for prostate cancer You want to know what actions you can take over the long term to continue to fight your prostate cancer Prostate Cancer For Dummies explains the key issues and problems that are associated with prostate cancer and assures you that although the initial impact of being diagnosed is devastating you can take action to extend your life You don't have to read this book from the first page straight on through although you can You may want to read the first chapter and then move to the chapters that affect you the most In Prostate Cancer For Dummies you'll gain insight into Discovering the key symptoms of prostate cancer Recognizing the risk factors and who's most likely to have prostate cancer Getting a diagnosis and what's involved Getting well again and how you can work with your doctor to come up with a plan to cope with your cancer Changing your lifestyle to decrease your risk of a recurrence Coping with the aftermath from temporary to permanent side effects Handling work and family and how to help others understand what you're going through It's extremely hard to hear from your doctor that you or a loved one has

prostate cancer But after you recover from the initial shock of diagnosis you need to educate yourself and with the help of your physician make a plan for getting the best treatment possible Prostate Cancer For Dummies will help you achieve these goals and encourage you to maintain your commitment to managing your health **The Pelvic Floor Bible** Jane Simpson, 2019-05-30 Have you ever laughed so much you wet yourself just a little bit Or found yourself crossing your legs on the doorstep frantically searching for your keys Do you get up at night to go to the toilet more than once An estimated 200 million people around the world suffer from some form of urinary incontinence It s an embarrassing problem that affects women disproportionately as a result of pregnancy and childbirth In The Pelvic Floor Bible Jane Simpson argues that it s time for us all to feel the squeeze and celebrate the wonder of our pelvic floor muscles She shows you how to incorporate pelvic floor exercises as part of your daily routine in order to prevent issues in later life and cure existing problems now Learn how to treat common problems such as stress incontinence overactive bladder and prolapse get back into shape post pregnancy and enjoy a healthy sex life at every stage of your life Incontinence is both preventable and curable through pelvic floor exercises and rehabilitation but too many people assume nothing can be done follow incorrect advice or are ashamed to seek help We need to end the taboo now **Canadian Guide to Prostate Cancer** Leah Jamnicky, Robert Nam, 2012-11-01 The men s guide to prostate cancer backed by the experts at Prostate Cancer Canada Prostate cancer is affecting more and more Canadian men each year and this guide endorsed by Prostate Cancer Canada gives readers everything they need to fully understand issues related to prostate health The only all in one guide to focus on the Canadian medical system The Canadian Guide to Prostate Cancer Second Edition is fully updated to cover the latest medical research on diet and lifestyle prevention early detection diagnosis step by step treatment options in Canada including alternatives to surgery and issues specific to gay men and much more Surgery for prostate cancer is never a simple decision and this book is designed to help men make more informed choices about prostate health including explaining alternative treatments and risks making it the first choice for all Canadian men looking for a totally comprehensive resource on prostate health Explains prostate health issues including treatments facing Canadian men today Covers alternatives to surgery Endorsed by Prostate Cancer Canada Comprehensive and reliable The Canadian Guide to Prostate Cancer Second Edition gives Canadian men and their families everything they need to conquer prostate cancer and continue living happy active lives **What Every Gay Man Needs to Know about Prostate Cancer** Gerald Perlman, Prostate cancer is the most common cancer among American men and the second leading cause of deaths in men after lung cancer Men have a one in six chance of diagnosis with the number doubling for gay couples While biology between gay and heterosexual men is the same cultural differences in the ways in which gay men and heterosexuals experience diagnosis treatment and recovery vary widely Most urologists support groups prostate cancer literature assume patients are heterosexual leaving gay men to seek out reliable information particular to their needs on their own What Every Gay Man Needs to Know About Prostate Cancer provides gay men with the essential answers to

important questions often left undiscussed such as Which treatment will allow me to continue to experience receptive and or directive anal intercourse Which treatment might preserve the ejaculate If I choose a treatment that leaves me with no semen how am I and my male sex partners likely to react What if my penis never again gets hard enough to penetrate a man What are the effects of anal intercourse on PSA readings How long must one wait after treatment to engage in anal stimulation of any sort How will the absence of a prostate gland affect anal pleasure What are the complications if one has HIV AIDS in addition to prostate cancer Will the size of my penis shrink after surgery Also included are an updated glossary of technical terms and an appendix of resources for those seeking further information and or looking to speak with other gay men who are either going through or have been through what the reader may be experiencing **After Prostate Cancer** Arnold Melman,Rosemary Newnham,2011-08-03 Many books explain the different types of prostate cancer treatments but most end once a treatment choice has been made offering readers little in the way of guidance through the challenges of the post treatment period After Prostate Cancer picks up where those books leave off Dr Arnold Melman Chair of the Department of Urology at the Albert Einstein College of Medicine offers a thorough description of what the prostate cancer recovery process is like and what readers can do to optimize recovery and attain the best possible health and long term prognosis

Dr. Peter Scardino's Prostate Book, Revised Edition Peter T. Scardino M.D.,Judith Kelman,2010-08-03 Newly revised with up to the minute findings the potentially lifesaving guide to prostate health by one of the world s foremost urologists Although most men know little about their prostate glands an overwhelming majority will be affected by prostate problems at some time in their lives In this groundbreaking book now updated to include the latest medical breakthroughs world renowned urology expert Dr Peter Scardino arms men with the information they need to battle prostate cancer prostatitis and benign prostate enlargement BPH This updated edition includes new information on the role genetics may play hormone replacement therapy new treatments for prostatitis and more With clear illustrations and charts throughout this book covers everything men should know about prostate health helping concerned men and their loved ones to interpret complex and often confusing test results and research findings adopt proven prevention strategies choose among the many available treatment options enjoy a satisfying sex life and good urinary function Dr Scardino brings his outstanding experience expertise and compassionate advice combined with the latest medical breakthroughs and cutting edge studies to provide men with the knowledge and tools they need to live long healthy lives Prostate Cancer Survivors Speak Their Minds Arthur L. Burnett, II,Norman S. Morris,2010-02-19 Personal stories show men how to make the right decisions for themselves with medical insights from a leading Johns Hopkins authority on prostate cancer If you or someone you know has been diagnosed with prostate cancer you want to know the facts about treatment options as well as what to expect through the process of treatment and recovery Written by Dr Arthur L Burnett II one of the world s most distinguished authorities on prostate cancer and veteran CBS News journalist and prostate cancer survivor Norman Morris Prostate Cancer Survivors

Speak Their Minds gives you the information you need through the experiences of men who have had prostate cancer Dr Burnett speaks openly and honestly about prostate cancer options treatments and aftereffects and shares stories of both well known and ordinary prostate cancer survivors who offer their personal reflections on going through treatment and getting well Includes personal stories from notable prostate cancer survivors such as Arnold Palmer Ken Griffey Sr Pat Robertson and others Takes an authoritative look at prostate cancer treatments current and promising scientific breakthroughs and life altering side effects Author Arthur Burnett a leading prostate cancer expert is the Patrick C Walsh Professor of Urology Cellular and Molecular Medicine at the Johns Hopkins s James Buchanan Brady Urological Institute and is renowned for his research studies that led to the formulation of Viagra Offers solutions to common side effects such as sexual problems and incontinence Combining the essential medical facts about prostate cancer with personal intimate stories told by courageous men who have survived it this book is an invaluable guide for men diagnosed with prostate cancer and those who care about them

Dr. Peter Scardino's Prostate Book Peter T. Scardino, Judith Kelman, 2005 A pioneering doctor tells how to beat the top three prostate problems and recover health and vitality

The S.O.S. for PMS Mary Byers, Diagnosis Narratives and the Healing Ritual in Western Medicine James Meza, 2018-07-17 The dominance of illness narratives in narrative healing studies has tended to mean that the focus centers around the healing of the individual Meza proposes that this emphasis is misplaced and the true focus of cultural healing should lie in managing the disruption of disease and death cultural or biological to the individual s relationship with society By explicating narrative theory through the lens of cognitive anthropology Meza reframes the epistemology of narrative and healing moving it from relativism to a philosophical perspective of pragmatic realism Using a novel combination of narrative theory and cognitive anthropology to represent the ethnographic data Meza s ethnography is a valuable contribution in a field where ethnographic records related to medical clinical encounters are scarce The book will be of interest to scholars of medical anthropology and those interested in narrative history and narrative medicine

Bodies Unbound Piper Sledge, 2021-03-12 Bodies Unbound is a comparative study showing how ideologies of gendered bodies shape medical care and the ways in which patients respond to these ideologies through decisions about their bodies using three cases transgender men seeking preventative gynecological care cisgender men diagnosed with breast cancer and cisgender women with breast cancer who elect to undergo prophylactic mastectomies Bodies Unbound is a story about how the relationship between bodies and gender becomes socially intelligible as well as how medical professionals use their position of relative authority over bodies to dictate which combinations of bodies and genders are legitimate or not Drawing on the experiences of individuals whose bodies and gender identities don t match medical and social expectations for gynecological and breast cancer care Sledge unravels the taken for granted alignment of bodies and gender that provide the foundation of medical care in the United States

Kiplinger's Personal Finance , 1994-04 The most trustworthy source of information available today on savings and investments taxes money

management home ownership and many other personal finance topics Is This Gonna Hurt? Rich Samonte,2019-07-25 Is This Gonna Hurt By Rich Samonte This personal narrative is a result of spending a month at North Shore Evanston Hospital in Evanston Illinois recovering from a Whipple surgery Though a month may not sound like a long time if you have ever spent any time in the hospital you know that even one day is twenty four hours too long This narrative is an attempt to give you a bed s eye view of hospital routine and the boredom of lying in bed for twenty three days along with six weeks of recovery at home From a walk into the hospital to morphine pump to a wheelchair ride back to freedom you will be taken through the process of a Whipple recovery Is This Gonna Hurt was also written to help explain what a Whipple operation is and more importantly it is dedicated to those caring professionals who helped Samonte through this somewhat uncommon experience his doctors nurses technicians and staff of North Shore Evanston Hospital This memoir is a reminder to him on the importance of family and friends especially his wife Barb whom he lost in March 2015 Without her encouragement and constant support his will to survive would be in jeopardy *Lessons Out of School* John E. Upledger,2006 John Upledger has never avoided risks whether performing an appendectomy in the eye of a hurricane as he did while on Coast Guard duty in the 1950s or telling the story of his life In *Lessons Out of School* he doesn t spare himself or others or gloss over unpleasant bits Raised by an abusive mother he learned detachment and the ability not to see himself as victim The proof in these riveting tales of survival at home and on the streets of Detroit negotiating gangs and peer pressure Along with toughness he learned to follow his curiosity creative impulses and love of learning which eventually led to his pioneering of alternative medical modalities most notably CranioSacral Therapy At the core of each of the stories in this powerful blend of autobiography and inspirational guid and the reason for its inclusion is the spiritual lesson Upledger found there that he now shares with readers **Energy and Water Development Appropriations for Fiscal Year 1993** United States. Congress. Senate. Committee on Appropriations. Subcommittee on Energy and Water Development,1993 Energy and Water Development Appropriations for Fiscal Year 1993: Nondepartmental witnesses United States. Congress. Senate. Committee on Appropriations. Subcommittee on Energy and Water Development,1992

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