

Sleepy Sophie



Christine Davenier

Sleepy Sophie

Rosanne Bittner



Sleepy Sophie:

Sleepy Sophie Christine Davenier,1999 Sophie is a sleepy woodchuck All she wants is a quiet place to lay down her head But everywhere she goes there s someone making a noise cows munching and crunching frogs croaking dogs barking She complains to Charlotte who shows her a quiet place where they settle down but now it s Charlotte who can t sleep Sophie is snoring

Blackwater Paul McParland,2018-11-04 From the author of Fortitude A chilling ghost story from 1980 s New England James has lost his job as a hotshot Boston attorney and his idyllic marriage to Karen is on the rocks In an attempt at rekindling their former life the couple relocate with their children to the small town of Blackwater Vermont and a grand Victorian Manor But the house has a history and a terrible secret A deathly menace lies in wait inside Blackwater House

Treatment Plans and Interventions for Insomnia Rachel Manber,Colleen E. Carney,2015-02-25 From leading authorities this treatment planner outlines cognitive behavioral therapy for insomnia CBT I and shows how to tailor the treatment to individual clients needs Clinicians get a solid understanding of how sleep is regulated and the factors that promote or hinder optimal sleep The book describes CBT I components and discusses how to select and sequence them for particular clients including those with psychiatric comorbidities such as anxiety or depressive disorders Two chapter length case examples illustrate the use of a comprehensive case conceptualization as the basis for effective intervention In a convenient large size format the book includes reproducible assessment tools planning forms and handouts Purchasers get access to a Web page where they can download and print the reproducible materials The American College of Physicians recommends CBT I as the initial treatment for all adult patients with chronic insomnia disorder

Herd Register American Jersey Cattle Club,1929

Day 8 Brian Beresford,2024-08-25 On his tenth birthday a mysterious old lady tells Denny that because he was born in the strange secret room he will have an extra day in his life every week for the next ten weeks His adventures during each Day Eight take place in the past or in the future When Denny discovers that a stranger called Antoinette also appears during Day Eight he realises that their lives must be connected in some way and he tries to discover who she really is His everyday life becomes a struggle because he knows he will never be able to tell anyone else about Day Eight Denny and Antoinette have amazing adventures together sharing excitement fun danger and happiness Every reader of this book can sing a special song called Day Eight is Mine Search for it on YouTube i2i Publishing channel listen to the song get to know it and then sing along the words appear as you hear them The song has been specially written for you by Brian Beresford Brian Beresford is a writer composer and songwriter As an author he visits many schools and children love his story telling approach He hopes that Day Eight is a book that readers aged 8 to 12 and beyond cannot bear to put down

The Darkness Before Sunset Alan Greenhead,2023-01-27 Society is crumbling Droughts and floods have devastated a world whose climate is out of control Outside the derelict towns the countryside is wild and dangerous David and his grandfather set out on a journey through a landscape of abandoned homes and decaying towns Their goal is to see the sun

setting over the sea to prove that beauty still survives in a disintegrating world Along the way they rescue a young girl fleeing from a life of slavery With her kidnappers in close pursuit they hurry towards the coast but wild animals storms and sudden tragedy all lie in the way Will courage and loyalty be enough as darkness draws across the world Set in a future New Zealand ravaged by runaway climate change David s journey reveals that hope and the ties of family will always endure A novel aimed at readers aged 10 and above

Sleep Like a Baby Charlaine Harris,2017-09-26 In Sleep Like a Baby the next installment of the 1 New York Times Bestselling Charlaine Harris s Aurora Teagarden series Robin and Aurora have finally begun their adventure in parenting With newborn Sophie proving to be quite a handful Roe s mother pays for a partially trained nurse Virginia Mitchell to come help the new parents for a few weeks Virginia proves to be especially helpful when Robin has to leave town for work and Roe is struck with a bad case of the flu One particularly stormy night Roe wakes to hear her daughter crying and Virginia nowhere to be found Roe s brother Philip helps her search the house and they happen upon a body outside but it isn t Virginia s Now not only does she have a newborn to care for and a vulnerable new marriage to nurture Roe also has to contend with a new puzzle who is this mystery woman dead in their backyard and what happened to Virginia This heart pounding and exciting next installment of the Aurora Teagarden series will leave fans happy and hungry for more

Walk by Faith Rosanne Bittner,2008-09-01 AN UPLIFTING ROMANCE SET DURING THE 1860s LAND RUSH ABOUT THE POWER OF FORGIVENESS To provide a better life for her young daughter Clarissa Graham joins a wagon train headed West But as the trail turns increasingly dangerous Clarissa fears her decision could cost them their lives Help comes in the unlikely form of a jaded ex soldier Dawson Clements who knows nothing of grace forgiveness or even love Now Clarissa is about to face an even greater challenge Can she convince Dawson to remain by her side for a journey that will last a lifetime

The 7 Habits of Happy Kids Sean Covey,2011-06-07 In The 7 Habits of Happy Kids Sean Covey uses beautifully illustrated stories to bring his family s successful philosophy to the youngest child For the Seven Oaks friends there is always something to do Whether they re singing along with Pokey Porcupine s harmonica or playing soccer with Jumper Rabbit everyone is having fun and learning all sorts of things These seven stories show how practicing the 7 Habits makes this possible for the whole Seven Oaks Community From learning how to take charge of their own lives to discovering how balance is best the Seven Oaks friends have tons of adventures and find out how each and every kid can be a happy kid

Not Allowed to Fail Linda McBride,2015-01-23 Gene hates doing reports especially on evolution All Gene wants to do is hang out with his friends play video games and get to know Alexis the prettiest girl in his class When a SWAT team arrests Gene and his father is charged with murder Gene knows he s not guilty His dad may be an overly strict disciplinarian but he s not a murderer Gene decides he must uncover the truth for himself no matter the consequences At the laboratory crime scene he encounters a surprising visitor Charles Darwin himself Gene s situation escalates once he discovers that this time traveler holds the key to his school report and his father s freedom

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