

STEPFAMILIES

The
Step By Step
MODEL OF
BRIEF THERAPY

Mala S. Burt and Roger B. Burt

Stepfamilies The Step By Step Model Of Brief Therapy

Mala Schuster Burt, Roger B. Burt



Stepfamilies The Step By Step Model Of Brief Therapy:

Stepfamilies Mala Schuster Burt, Roger B. Burt, 1996 This book has its roots in the authors 16 years of direct clinical experience with almost 500 stepfamilies as well as their own personal experience as a stepfamily In response to the dearth of resources for stepfamilies in the therapeutic community the Burts have created an intervention that addresses the specific concerns and challenges of the stepfamily the Step By Step Model of Brief Therapy This important book outlines the model and its applications The strengths of the Step By Step Model are in its simplicity and flexibility and in the collaborative process between client and therapist The authors discussion highlights the necessity of providing clients with realistic perspectives strategies and tools that help them to be more in control of the stepfamily process Whether related to interactions adjustments or developmental stages the Step By Step Model is designed to accommodate the many forces at work both inside and outside the therapy room This perspective will help any clinician regardless of specific orientation to bring into focus therapeutic strategies that help these families move forward [EBOOK: Understanding Stepfamilies: A practical guide for professionals working with blended families](#) Lisa Doodson, 2016-04-16 Despite the growing number of stepfamilies and the recognition that they experience unique difficulties related to their complex family dynamics there is very little support available to them In this practical evidence based guide Lisa Doodson offers a valuable resource for professionals working with stepfamilies giving insight into their unique nature and guidance on how to provide more effective support and advice In addition to the wealth of research and knowledge that the book shares there are a range of case studies which illustrate issues that the different types of stepfamilies frequently face Each chapter also contains practical tools and exercises that professionals can use with their clients to help facilitate change in the family unit as well as interventions including mediation and group workshops and more traditional counselling techniques Understanding Stepfamilies is a must have resource for counsellors and therapists social workers local authorities charities and teaching professionals working with stepfamilies [Stepfamilies](#) Roni Berger, 2020-04-01 Combining theoretical empirical and clinical knowledge Stepfamilies A Multi Dimensional Perspective contains recent research and information that will help mental health practitioners family therapists psychologists and counselors understand the characteristics dynamics needs and issues of nonclinical stepfamilies Based on direct experiences with diverse types of stepfamilies this book gives you new guidelines and strategies that will enable you to offer more successful sessions to your clients and improve your effectiveness as a practitioner Developed to give you a more realistic understanding of stepfamilies this text helps you avoid the stereotypes and false perceptions that often surround stepfamilies Offering methods and strategies aimed at making your clients feel comfortable about themselves and their situations Stepfamilies A Multi Dimensional Perspective examines several aspects of these families that you need to know in order to improve your effectiveness with them including the definition and description of stepfamilies and recognizing historical and social changes in the stepfamily structure critical reviews on the

present knowledge of stepfamilies describing the complexity of family structure the ambiguity of boundaries and roles and the struggle with the diverse phases of the life cycle discussing key issues for stepfamilies such as past orientation and acceptance rejection of differences from non stepfamilies and focal subsystems the profile characteristics and case studies of an innovative typology of stepfamilies that includes integrated families invented families and imported families aspects of ethnically and culturally different stepfamilies including American stepfamilies Israeli stepfamilies and immigrant stepfamilies from the former Soviet Union social perceptions and attitudes of stepfamilies in schools social services community organizations the media and with the law Offering case studies and data on a variety of families and situations

Stepfamilies A Multi Dimensional Perspective will show you that all stepfamilies are not the same and cannot be helped by just one practice method Complete with principles and instruments to assess patients and the success of sessions

Stepfamilies A Multi Dimensional Perspective works to promote an understanding of stepfamilies that will result in effective and positive therapy for your clients

A Clinician's Guide to Maintaining and Enhancing Close Relationships John H. Harvey, Amy Wenzel, 2001-11 This edited book highlights cutting edge applications and research on the maintenance and enhancement of close romantic relationships First rate contributors cover a breadth of topics from specific problems such as alcoholism to therapeutic interventions

The Remarriage Blueprint Maggie Scarf, 2014-08-12 It is estimated that forty percent of new marriages are remarriages but the survival rate of second marriages is alarmingly low Many remarrying couples set out with a sense of optimism a belief that this marriage will usher in a life of happiness and family unity But complicated family dynamics can often strain new partnerships to the breaking point The challenges of remarriage are pervasive but little guidance has existed until now Based on more than a decade of candid revelatory interviews this book provides a crucial framework for the obstacles to re marriage and the secrets to overcoming them The author plumbs the everyday workings of shared life to illuminate the emotional preconceptions social pressures and perpetuated fantasies that confound re marriage Through cautionary tales and stories of hope the author offers guidance for handling everything from children who reject the new family dynamic to the thorny issue of money Loaded with practical wisdom and searing accounts this is a definitive roadmap to a happy thriving integrated household

Handbook of Clinical Issues in Couple Therapy Joseph L. Wetchler, 2011-03-01 Now updated in its second edition Handbook of Clinical Issues in Couple Therapy provides a comprehensive overview of emerging issues that impact couple therapy Unlike other guides that concentrate more on theoretical approaches this invaluable resource contains the latest research and perspectives that every clinician needs when dealing with the challenging issues often found in practice Carefully referenced it explores a range of issues that include intimate partner violence posttraumatic stress disorder and its effect on couple relationships divorce therapy remarriage and cohabitation issues cultural issues and couple therapist training This insightful edited volume is suitable for a wide spectrum of readers including couple and family therapists counselors psychologists social workers pastoral counselors educators and

graduate students Linking Parents to Play Therapy Deborah Killough-McGuire, Donald E. McGuire, 2013-06-17 Linking Parents to Play Therapy is a practical guide containing essential information for play therapists It includes coverage of legal and medical issues pragmatic assignments for parents guidelines for working with angry and resistant parents a listing of state protective and advocacy agencies and tips for working with managed care Combining theoretical understanding with a variety of techniques this book makes working with parents possible practical and productive **The Christian Therapist's Notebook** Philip J. Henry, Lori Marie Figueroa, David R. Miller, 2012-03-22 Christians are faced with the same range of problems as everyone else However Christian therapists understand deeply the unique issues involved with their therapy The Christian Therapist's Notebook is a single source for innovative user friendly techniques for connecting the everyday world of the client with Christian principles and Scripture This creative timesaving guide assists therapists in helping clients achieve therapy goals through professionally sound and principled exercises while always maintaining a positive supportive connection with Christian beliefs Helpful features include Scripture references relevant to common problems case studies vignettes professional resource lists client resource lists in session exercises homework exercises and handouts **Stepfamily Relationships** Lawrence H. Ganong, Marilyn Coleman, 2011-06-27 This volume focuses on a wide range of behaviors and outcomes in stepfamily relationships both positive and negative The authors use the normative adaptive perspective to seek out and study adaptive well functioning stepfamilies and find how they differ from those who struggle to cope It will be a welcome text and reference for all those who study and work with stepfamilies and families in general **Stepfamily Relationships** Lawrence Ganong, Marilyn Coleman, 2016-07-15 This second edition synthesizes the emerging knowledge base on the diversity of stepfamilies their inherent concerns and why so relatively little is still known about them Its extensive findings shed needed light on family arrangements relatively new to the literature e g cohabitating stepparents the effects of these relationships on different family members e g stepsiblings stepgrandparents the experiences of gay and lesbian stepfamilies and the stigma against non nuclear families Coverage reviews effective therapeutic and counseling interventions for emotional familial and social challenges of stepfamilies as well as the merits of family education and self help programs The authors explore prevailing myths about marriage divorce and stepfamily life while expanding the limits of stepfamily research Among the topics included The cultural context of stepfamilies Couple dynamics in stepfamilies Gay and lesbian couples in stepfamilies The dynamics of stepparenting Siblings half siblings and stepsiblings Effects of stepfamily living on children Clinical perspectives on stepfamily dynamics For researchers and clinicians who work with families it enriches the literature as it offers insights and guidelines for effective practice as well as possible avenues for future research **Family Disintegration** Anton Purcell, 2002 The contemporary family is being distracted disturbed and distraught by societal pressures from every direction The nuclear family concept believed crucial to child rearing is becoming pass according to census data Or has the wave of disruption to families crested It is hoped that this bibliography will serve as

a useful tool to researchers seeking further information on families and the pressures being exerted upon them in the 21st century

Delicate Balance Jackie Keya, 2016-06-01 There are no perfect parents and there are no perfect children but we can create a lot of happy moments along the way Family is the basic unit and the foundation of the society It is a place where we are nurtured and equipped for the world A family that fails to provide a healthy nurturing environment for its members wounds the family members and the society at large Striving to build healthy families should be the goal of any type of family This noble duty is not easy especially in a step family where bio parent step parent ex spouses and other extended family members are thrown in the mix As a result couples in a step family find themselves navigating waters that are unknown to the ordinary nuclear families In this book author Jackie Keya tackles this subject head on This book is ideal for both parents who are in the ordinary nuclear family or step family

Whatever Happened to Community Mental Health?, *Victim Assistance* Thomas L. Underwood, Christine Edmunds, 2003 Based on the acclaimed professional certificate program Advanced Institute on Victim Studies Critical Analysis of Victim Assistance this book identifies core content areas essential for practitioners working with crime victims Recognizing the multidisciplinary multisystem field that encompasses victim assistance the contributors present a solid foundation of the varying concepts and theories on victims and victims services The balance of the text addresses the skills and strategies needed to enhance services to victims at the individual organizational and societal levels Each chapter concludes with an analysis and application section including representative scenarios and key questions for review

Techniques in Marriage and Family Counseling Richard E. Watts, 2000 Eighteen chapters covering assessment transgenerational and constructive techniques share contributors adaptations of the family counseling literature to clinical realities Appends The How I Remember My Family Questionnaire Lacks an index

Family Therapy, 1997 **Whitaker's Books in Print**, 1998 **Intervening for Stepfamily Success** Joshua M. Gold, 2019-04-26 This welcome resource provides concrete examples of how to apply multiple family systems theories and treatment planning to common stepfamily issues A single stepfamily case study is examined through the lenses of the Adlerian transgenerational prescriptive play therapy structural cognitive behavior solution focused and narrative models to provide an understanding of the benefits of each approach and how to determine the best fit for a stepfamily's presenting issues In addition each chapter examines ethical concerns specific to counseling stepfamilies issues of diversity and current research on stepfamily assessment and therapeutic outcomes Requests for digital versions from ACA can be found on www.wiley.com To request print copies please visit the ACA <https://imis.counseling.org/store/detail> Reproduction requests for material from books published by ACA should be directed to publications@counseling.org

Families in Society, 1999

Theory and Practice of Brief Therapy Simon H. Budman, Alan S. Gurman, 2016-03-14 This classic work provides a richly textured overview of the whys and hows of brief therapy The authors identify the central features of effective time limited interventions for individuals couples families and groups Taking a developmental approach to treatment they explain

how brief therapy can help at different times in a patient's life as changes and transitions bring on new stresses and challenges. A practical framework is provided for selecting and screening patients rapidly, finding a focus for clinical work and making optimal use of available time. Case examples and extensive transcripts are included to illustrate the use of strategies and techniques drawn from many different psychotherapy perspectives. Throughout the focus is on creative and efficient ways to help patients build on existing strengths and make desired changes in their interactions with others.

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