

SPIRITUAL LIFE SAVERS

Smooth Sailing for the Soul



Gloria D. Benish

Author of GO WITHIN OR GO WITHOUT

Spiritual Life Savers Smooth Sailing For The Soul

Marcel A. Müller



Spiritual Life Savers Smooth Sailing For The Soul:

Spiritual Life Savers Gloria D. Benish, 2002 Shows readers how to harness the Power of Love on a daily basis by finding hope and inspiration in everyday activities and adhering to the three principles of her simple philosophy Oneness Surrendering Judgment and Don't Take It Personal Original Archangel Raphael Mary LaSota, **Spiritual Training Wheels** Gloria D. Benish, 2003 Almost everyone in today's society is hungry for spiritual guidance In Spiritual Training Wheels her follow up to Spiritual Life Savers Gloria Benish teaches readers how to incorporate spirituality into every moment of their lives With her warm personal voice this renowned healer and author has brought the power of love to thousands across the country through her workshops and healing sessions With pixielike spunk and an Erma Bombeck sense of humor she shows readers how they too can overcome life's challenges and begin to heal themselves and others physically emotionally and spiritually Her simple techniques will help everyone balance their feelings and thoughts relieve pain and promote healing from within In Spiritual Training Wheels Benish teaches the power of unconditional love to a family in her own home in Montana While her previous book Spiritual Life Savers featured a weekend long dialogue between Gloria and one friend this book concentrates on an entire family For one day Gloria Benish hosts a multigenerational family therapy session in which she gives spiritual and practical advice on parenting to the mother and father and confidential advice to each child Through a simple meditation she is able to assist each family member in identifying his or her weaknesses fears habits addictions and personality traits With inspirational down to earth guidance and loving support Gloria offers timeless advice to every type of family member including men and women with careers stay at home moms single parents teenagers college kids and senior citizens Through the problems and experiences of this family readers will learn to strengthen their own family bonds and in doing so prepare to live their own independent spiritually fulfilling lives The Publishers Weekly, 2002 *Forthcoming Books* Rose Arny, 2002 **Subject Guide to Books in Print**, 1991 Books in Print Supplement, 2002 Facts about Sugar, 1924 New York, 1930 *The Packages*, 1915 *My First Years as a Boy* James Langdon Hill, 1927 **Dyer's News Letter**, 1899 *Pillar of Fire*, 1911 *American Messenger*, 1922 *The Magazine of Wall Street*, 1922 **MotorBoating**, 1972-06 **The Saturday Evening Post**, 1915 **Youth's Companion**, 1896 **Harper's Weekly** John Bonner, George William Curtis, Henry Mills Alden, Samuel Stillman Conant, Montgomery Schuyler, John Foord, Richard Harding Davis, Carl Schurz, Henry Loomis Nelson, John Kendrick Bangs, George Brinton McClellan Harvey, Norman Hapgood, 1909 **Pictorial Review**, 1937 Includes music

Spiritual Life Savers Smooth Sailing For The Soul: Bestsellers in 2023 The year 2023 has witnessed a noteworthy surge in literary brilliance, with numerous compelling novels captivating the hearts of readers worldwide. Lets delve into the realm of popular books, exploring the engaging narratives that have captivated audiences this year. The Must-Read : Colleen Hoover's "It Ends with Us" This touching tale of love, loss, and resilience has captivated readers with its raw and emotional exploration of domestic abuse. Hoover expertly weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can prevail. Uncover the Best : Taylor Jenkins Reids "The Seven Husbands of Evelyn Hugo" This captivating historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reids absorbing storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Discover the Magic : Delia Owens "Where the Crawdads Sing" This evocative coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens crafts a tale of resilience, survival, and the transformative power of nature, captivating readers with its evocative prose and mesmerizing setting. These bestselling novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of compelling stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a brilliant and suspenseful novel that will keep you wondering until the very end. The novel is a warning tale about the dangers of obsession and the power of evil.

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