

Hole in Nasal Septum - Causes, Surgery, treatment



When it comes to our health, we often overlook the intricate details of our nasal passages. But did you know that within your nose lies a remarkable structure, the nasal septum, which can sometimes develop a hole, known as a nasal septal perforation or simply a **hole in the nose**? In this comprehensive blog, we will delve into the world of **perforated nasal septum causes**, symptoms, and treatment options for this fascinating yet potentially troubling condition.

The Nasal Septal Perforation: A Hole in nasal septum

A nasal septal perforation, also referred to as a "**nose hole**," occurs when this delicate septum develops an opening. This condition can lead to various discomforting symptoms and complications, making it essential to understand its causes and treatment options.

Symptoms of Nasal Septal Perforation

Perforated nasal septum symptoms can vary in severity and often depend on the size of the hole. These symptoms can be categorized based on the size of the perforation:

Small Perforation (Smaller than 1 centimeter):

- Wheezing through the nose
- Crusting of the nose
- Scabbing in the nose

Medium Perforation (Between 1 and 2 centimeters):

- Feeling of obstruction in the nose
- [Nosebleeds](#)
- [Runny nose](#)

Large Perforation (Bigger than 2 centimeters):

- Nose pain
- [Headache](#)

The Holes In Your Nose

RC Schank



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