

THE PRINCIPLES OF THE 12-STEP PROGRAM



HONESTY

Recovery can begin when with one simple admission of being powerless over alcohol.



FAITH

Before a higher power can operate, you have to believe first.



TRUSTING/TURNING IT OVER

Things change when you give all your burdens to a higher power.



SOUL SEARCHING

It's imperative to look inward while in the 12-step process.



INTEGRITY

It's imperative to be honest and upright, even behind closed doors.



ACCEPTANCE

Accepting character defects exactly as they are and becoming entirely willing to let them go.



HUMILITY

Asking a higher power to do something that cannot be done by self-will.



WILLINGNESS

Becoming willing to actually make amends is difficult.



FORGIVENESS

Making amends may seem like a bitter pill to swallow, but it's beneficial.



MAINTENANCE

It is imperative to maintain spiritual progress in recovery.



MAKING CONTACT

The purpose of Step 11 is to discover God's plan for your life.



SERVICE

For those in recovery, practicing Step 12 and giving back is "how it works".

Support12 Steps

M Lipman



Support12 Steps:

The Top Books of the Year Support12 Steps The year 2023 has witnessed a remarkable surge in literary brilliance, with numerous compelling novels enthralling the hearts of readers worldwide. Lets delve into the realm of top-selling books, exploring the engaging narratives that have captivated audiences this year. The Must-Read : Colleen Hoover's "It Ends with Us" This touching tale of love, loss, and resilience has captivated readers with its raw and emotional exploration of domestic abuse. Hoover skillfully weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can triumph. Support12 Steps : Taylor Jenkins Reid's "The Seven Husbands of Evelyn Hugo" This captivating historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reid's captivating storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Support12 Steps : Delia Owens' "Where the Crawdads Sing" This captivating coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens weaves a tale of resilience, survival, and the transformative power of nature, entrancing readers with its evocative prose and mesmerizing setting. These top-selling novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of captivating stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a brilliant and gripping novel that will keep you guessing until the very end. The novel is a cautionary tale about the dangers of obsession and the power of evil.

https://archive.kdd.org/book/publication/Documents/Sweet_Seasons_Baseballs_Greatest_Teams_Since_1920.pdf

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