

THE SKILLED HELPER

*A Problem-Management and Opportunity
Development Approach to Helping*

10TH
EDITION

GERARD EGAN

Skilled Helper

Gerard Egan



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The Skilled Helper: A Problem-Management and Opportunity-Development Approach to Helping Gerard Egan, 2013-01-01

Over the past 30 years Egan's THE SKILLED HELPER has taught thousands of students like you a proven step by step counseling process that leads to increased confidence and competence Internationally recognized for its successful problem management and opportunity development approach to effective helping the text emphasizes the collaborative nature of the therapist client relationship and uses a practical three stage model that drives client problem managing and opportunity developing action As you read you'll also gain a feeling for the complexity inherent in any helping relationship In this tenth edition Egan now makes use of his version of the common factors approach which gives new meaning and vitality to the book's themes as well as to the use of the problem management model to organize and give coherence to those themes Available with InfoTrac Student Collections <http://gocengage.com/infotrac> Important Notice Media content referenced within the product description or the product text may not be available in the ebook version

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Egan's Skilled Helper Model Val Wosket, 2008-02-22 The skilled helper model of counselling is hugely influential in the helping professions Egan's Skilled Helper Model brings a number of new and challenging perspectives to bear on Egan's work and makes a major contribution to the development of this problem management and opportunity development approach to helping Val Wosket draws on over twenty years experience of counselling training and supervising to provide a clear exposition of the model and situate it in contemporary counselling practice Numerous case studies are provided throughout along with contributions from experienced practitioners illustrating how the model can be applied in a variety of clinical settings and with a range of counselling issues Egan's Skilled Helper Model builds on and extends the aims of Egan's original work covering key topics including Developing a client responsive approach that places the therapeutic relationship at the heart of the model Applying the skilled helper model in research training and supervision Translating the model into more accessible and adaptable language This book provides an invaluable resource for trainees

trainers supervisors and experienced practitioners wishing to update their knowledge of the model It will also be of great interest to anyone in the helping professions looking for a pragmatic integrative framework that is adaptable to a diverse range of client issues and contexts Exercises in Helping Skills Gerard Egan,1998 Featuring exercises corresponding to the 7th edition of *The Skilled Helper* by Gerard Egan this manual considers some of the key issues in the field *Learning Counseling and Problem-Solving Skills* Stephen B Fawcett,Leslie Borck-Jameson,2014-02-04 An excellent tool for teaching counseling and problem solving skills this instructive volume focuses on the how tos of developing a good client helper relationship *The Skilled Helper* Gerard Egan,1986

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