

The background of the entire image is a photograph of a muscular man's torso, showing his six-pack abs and pectoral muscles. He is wearing a dark, possibly black, pair of briefs. The lighting is dramatic, highlighting the contours of his muscles. In the upper right corner, there is a stylized logo for 'MUSCLEMAN' in a bold, blocky font. Below the logo, the authors' names are listed. The main title 'Six-Pack Abs' is written in a large, light blue, italicized font. Below that, 'in 60 Days' is written in a similar but slightly larger font. At the bottom, a subtitle is written in a smaller, italicized font.

MUSCLEMAN

By Robert Kennedy
and Dwayne Hines II

Six-Pack Abs

in 60 Days

***The Easy Way to
a New, Slimmer Midsection***

Sixpack Abs In 60 Days The Easy Way To A New Slimmer Midsection

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