



An 8-step program for overcoming addictions

The Twelve-Step philosophy of Alcoholics Anonymous (AA) is primarily on helping members maintain abstinence. People wanting to move beyond abstinence need to make behavioral changes in order to reach a contented sobriety. The Pathways to Sobriety Workbook fills this need while remaining compatible with Twelve-Step philosophy.

The Pathways to Sobriety Workbook

William Fleeman

Director and Founder of Pathways to Sober

The Pathways To Sobriety Workbook

Siddappa N.Byrareddy



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