

Walking the Mindful Path

A woman with her eyes closed and head tilted back, wearing a grey hoodie, is shown from the chest up. She is standing in a forest with green foliage in the background. A bright sun flare is visible on the right side of the image, creating a lens flare effect. The overall tone is peaceful and natural.

**MINDFULNESS
MEDITATION**

The Path Of Meditation

Clemens Wendtner



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