THE SKILLED HELPER

A Problem-Management and Opportunity Development Approach to Helping



GERARD EGAN

Skilled Helper

Cengage Learning, EGAN

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The Skilled Helper: A Problem-Management and Opportunity-Development Approach to Helping Gerard Egan,2013-01-01 Over the past 30 years Egan s THE SKILLED HELPER has taught thousands of students like you a proven step by step counseling process that leads to increased confidence and competence Internationally recognized for its successful problem management and opportunity development approach to effective helping the text emphasizes the collaborative nature of the therapist client relationship and uses a practical three stage model that drives client problem managing and opportunity developing action As you read you ll also gain a feeling for the complexity inherent in any helping relationship In this tenth edition Egan now makes use of his version of the common factors approach which gives new meaning and vitality to the book s themes as well as to the use of the problem management model to organize and give coherence to those themes Available with InfoTrac Student Collections http gocengage com infotrac Important Notice Media content referenced within the product description or the product text may not be available in the ebook version

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language This book provides an invaluable resource for trainees trainers supervisors and experienced practitioners wishing to update their knowledge of the model It will also be of great interest to anyone in the helping professions looking for a pragmatic integrative framework that is adaptable to a diverse range of client issues and contexts **Exercises in Helping Skills** Gerard Egan,1998 Featuring exercises corresponding to the 7th edition of The Skilled Helper by Gerard Egan this manual considers some of the key issues in the field **The Skilled Helper** Gerard Egan,1986

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