# MAJOR SLEEP DISORDERS



- 1. INSOMNIA
- 2. HYPERSOMNIA
- 3. CIRCADIAN RHYTHM SLEEP DISORDERS:
  - DELAYED SLEEP SYNDROME
  - ADVANCED SLEEP-WAKE PHASE DISORDER
  - IRREGULAR SLEEP-WAKE RHYTHM DISORDER
  - · JET LAG
  - NON-24-HOUR SLEEP-WAKE RHYTHM DISORDER
  - SHIFT WORK DISORDER
  - OTHER CIRCADIAN RHYTHM SLEEP DISORDERS
- 4. PARASOMNIAS:
  - SLEEP TERRORS
  - SLEEPWALKING (SOMNAMBULISM)
  - CONFUSIONAL AROUSAL
  - SLEEP-RELATED EATING DISORDER
  - NICHTMARE DISORDER
  - RECURRENT ISOLATED SLEEP PARALYSIS
  - REM SLEEP BEHAVIOR DISORDER (RSBD)
  - EXPLODING HEAD SYNDROME
  - SLEEP ENURESIS (BEDWETTING)
  - SLEEP-RELATED HALLUCINATIONS
  - SLEEP-RELATED GROANING (CATATHRENIA)
  - SEXSOMNIA
- 5. SLEEP-RELATED BREATHING DISORDERS:
  - OBSTRUCTIVE SLEEP APNEA (OSA)
  - CENTRAL SLEEP APNEA
  - COMPLEX SLEEP APNEA SYNDROME.
- PERIODIC LIMB MOVEMENT DISORDER (PLMD)
- 7. RESTLESS LEG SYNDROME
- 8. NARCOLEPSY
- 9. CATAPLEXY

# **Sleep And Sleep Disorders From Molecule To Behavior**

**LP Steffe** 

**Sleep And Sleep Disorders From Molecule To Behavior:** 

Uncover the mysteries within Explore with is enigmatic creation, Discover the Intrigue in **Sleep And Sleep Disorders From Molecule To Behavior**. This downloadable ebook, shrouded in suspense, is available in a PDF format ( Download in PDF: \*). Dive into a world of uncertainty and anticipation. Download now to unravel the secrets hidden within the pages.

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