

THE COMPASSIONATE UNIVERSE

*The Power of the
Individual to Heal
the Environment*



EKNATH
EASWARAN

The Compassionate Universe

David C. Korten



The Compassionate Universe:

The Compassionate Universe Eknath Easwaran, 2010-10-19 Here Easwaran describes his search for a way of life that combines inner fulfillment respect for nature and effective participation in the world Then he presents the fruit of that search a comprehensive program of trusteeship of ourselves and the earth This is environmentalism as a great adventure filled with the challenges and rewards of inner growth As trustees he writes we discover that each of us is a unique and essential member of a compassionate universe

The Compassionate Universe Eknath Easwaran, 2022-01-04 A practical and inspiring approach to tackling our environmental crisis from a master spiritual teacher We can heal our earth by choosing a simpler more fulfilling lifestyle as trustees of a compassionate universe Eknath Easwaran presents a penetrating analysis of the spiritual roots of our current predicament and offers a realistic and hopeful way forward Each of us has a role to play in making wise choices and each of us can genuinely make a difference Drawing inspiration and insight from Mahatma Gandhi Saint Francis and his own experience of living in the East and the West Easwaran shows the connections between individual thoughts and actions that move beyond consumerism to the unity of life Mahatma Gandhi formulated a series of diagnoses of our seemingly perpetual state of crisis which he called the seven social sins knowledge without character science without humanity wealth without work commerce without morality politics without principles pleasure without conscience and worship without self sacrifice Easwaran explores each of these diagnoses in turn and presents an alternative hypothesis of who we are and how we fit into the universe This is ecology as a great adventure filled with the challenges and rewards of inner growth Easwaran tells us that once we open our eyes to cooperation artistry thrift and compassion we begin to see thousands of little things we can do to help restore the environment and restore dignity and deeper fulfillment to our own lives Eknath Easwaran is renowned as a teacher of meditation and for his translations of the Indian scriptures His writings express timeless spiritual insights and are illustrated by stories from East and West His books reflect two cultures India where he grew up in a self supporting agrarian village and the United States where he taught and lectured for over thirty years His early experiences of living in harmony with nature his firsthand acquaintance with Gandhi s India and his long familiarity with an American audience have resulted in this book a deeply thoughtful examination of our present situation and a blueprint for living as trustees of a compassionate universe in a world that we would want our children and grandchildren to inherit

The Compassionate Universe Eknath Easwaran, 1993-01-01 Easwaran describes his search for a way of life that combines inner fulfillment respect for nature and effective participation in the world Then he presents the fruit of that search a comprehensive program of trusteeship of ourselves and the earth This is environmentalism as a great adventure filled with the challenges and rewards of inner growth As trustees he writes we discover that each of us is a unique and essential member of a compassionate universe

Noticing the Divine John R. Mabry, 2006-12-01 An essential textbook for beginning spiritual directors Noticing the Divine utilizes wisdom from the religions of the world to teach the basic skills needed to offer

spiritual direction to people of all traditions It introduces the foundational concepts and techniques needed to responsibly and professionally practice the art of spiritual guidance Among the religious traditions covered are Judaism Christianity Taoism Buddhism and Hinduism The Compassionate Mind Paul Gilbert,2010 Leading depression authority Paul Gilbert presents The Compassionate Mind a breakthrough book integrating evolutionary psychology new insights from neuroscience and mindfulness practice This combination of techniques forms a new therapy called compassion focused therapy that can enhance readers lives Creative Being Ernest Porps,2013-10-01 What do you have in common with Grandma Moses Oscar Wilde and Joni Mitchell Just like them you re fully equipped to realize any creative project you want to accomplish By the same token great problem solvers like Amelia Earhart and Albert Einstein simply knew how to tap into their innate human intelligence You already have everything you need to draw from the same vast inexhaustible source Creative Being isn t a formula or a motivational system Written by a university professor and perfected over years of road testing it reveals a practical methodology for uncovering and empowering the creative energy at work in our lives right this minute Our natural ingenuity is longing to burst free it needs only to be discovered and befriended This book will show you how Clear insightful and jam-packed with proven practices Creative Being lets you in on the secret of your own creative genius Use it at home at school at work in relationships in arts crafts commerce industry and politics At every level of your world these invaluable tools can unlock the inventions art works and solutions already seeded in your own intelligence Whether you re looking to activate your infinitely creative being or simply to sharpen your everyday problem solving skills this book can help you find the way **Gandhi and Leadership** Satinder Dhiman,2016-04-29 In Gandhi and Leadership Professor Dhiman explores the moral and spiritual philosophical foundations and context of Gandhi s approach to leadership The book focuses on seven Gandhian values that are most relevant in the contemporary workplace **Amy Butler's Blossom** Amy Butler,2016-01-26 Amy Butler s Blossom magazine is a biannual collection of everything that inspires her page after page of photographs from her travels to spiritual locales such as Morocco and Sedona meditative articles from like minded designers artists and life coaches the signature designs and textiles that she creates from these inspirations plus her ongoing exploration of positive and joyful living Now available in print for the first time this irresistible look book compiles the first two issues of the magazine Brimming with photographs fashion art patterns and written pieces that reflect Amy s unique philosophy of life and style Blossom will capture the imagination of anyone in search of beauty and meaning The Flashes Collection Said Nursi,1995 Returning to Silence Dainin Katagiri,1988-04-12 A renowned Zen teacher and contemporary of Shunryu Suzuki explores the many pillars of Zen spirituality explaining how we can bring these practices into our daily lives For twenty five hundred years Buddhism has taught that everyone is Buddha already enlightened lacking nothing But still there is the question of how we can experience that truth in our lives In this book Dainin Katagiri points to the manifestation of enlightenment right here right now in our everyday routine Genuineness of practice lies in just living our lives

wholeheartedly The Zen practice of sitting meditation zazen is not a means to an end but the activity of enlightenment itself That is why Katagiri Roshi says Don t expect enlightenment just sit down Based on the author s talks to his American students Returning to Silence contains the basic teachings of the Buddha with special emphasis on the meaning of faith and on meditation It also offers a commentary on The Bodhisattva s Four Methods of Guidance from Dogen Zenji s Shobogenzo which speaks in depth about the appropriate actions of those who guide others in the practice of the Buddha Way Throughout these pages Katagiri Roshi energetically brings to life the message that Buddha is your daily life Buddhist Theology Roger Jackson, John Makransky, 2013-12-16 Scholars of Buddhism themselves Buddhist here seek to apply the critical tools of the academy to reassess the truth and transformative value of their tradition in its relevance to the contemporary world *When Corporations Rule the World* David C. Korten, 2015-06-29 Our Choice Democracy or Corporate Rule A handful of corporations and financial institutions command an ever greater concentration of economic and political power in an assault against markets democracy and life It s a suicide economy says David Korten that destroys the very foundations of its own existence The bestselling 1995 edition of *When Corporations Rule the World* helped launch a global resistance against corporate domination In this twentieth anniversary edition Korten shares insights from his personal experience as a participant in the growing movement for a New Economy A new introduction documents the further concentration of wealth and corporate power since 1995 and explores why our institutions resolutely resist even modest reform A new conclusion chapter outlines high leverage opportunities for breakthrough change The SAGE Handbook of Intercultural Competence Darla K. Deardorff, 2009-08-31 Containing chapters by some of the world s leading experts and scholars on the subject this book provides a broad context for intercultural competence Including the latest research on intercultural models and theories it presents guidance on assessing intercultural competence through the exploration of key assessment principles **The Practice of Freedom** Wendy Palmer, 2021-04-27 Drawing on the poetic wisdom of the Tao Te Ching American sensei Wendy Palmer translates the powerful teachings of aikido for use in everyday life With poignant reflections on her own life including teaching inmates in a woman s federal prison she describes how we can regain our sense of freedom vitality and integrity when under the duress of life s attacks by transforming our negativity into budo or unconditional love The Practice of Freedom is invaluable not only for students of aikido and other movement and martial arts but also for those who seek to live with confidence and self reliance to establish clear and compassionate boundaries and to deepen their capacities for relationships *The Seven Stone Path* Peter Bolland, 2023-08-23 What is wisdom and why do we need it For thousands of years we ve tried to answer those two questions Yet even the most dedicated students often find the path to wisdom daunting The Seven Stone Path An Everyday Journey to Wisdom explores seven archetypal ideas found throughout the world s wisdom traditions turning them into tools anyone can use to deepen and enrich their lives The seven ideas are acceptance surrender engagement allowance enjoyment love and integration The goal of this book is to broaden

our understanding of these crucial ideas and root them deeply into our everyday lives Moving toward wisdom is not an esoteric practice reserved only for specialists and insiders Cultivating wisdom like breathing is an innate natural process available to everyone Discover how following the seven stone path will allow you to emerge from a cave of conditioned consciousness a little wiser a little freer and a lot happier

The Seat of the Soul Gary Zukav, 2014 Explores a new phase of human evolution that reflects a growing understanding about authentic spiritual power based on cooperative beliefs and a reverence for life

God Makes the Rivers to Flow Eknath Easwaran, 2009 Eknath Easwaran taught spiritual living for nearly 40 years and drew deep ongoing inspiration from the sacred literature of all traditions the great river of wisdom that is always flowing throughout the world The 149 short extracts in this anthology come from the much loved saints sages and scriptures of the Christian Hindu Sufi Jewish Native American Buddhist and Taoist traditions These passages can be read for daily inspiration for their insights into other spiritual traditions for the light they throw on how to live for the sustenance they offer when we feel sad or tired and for the deep transformation they can bring in Easwaran s method of passage meditation Rich supporting material includes stories from India detailed background notes suggestions for memorization and for studying the texts in practices such as lectio divina from the Christian tradition and instruction in using these texts in passage meditation

Names of the Lord Eknath Easwaran, 2023-02 Short inspirational readings based on India s Thousand Names of Vishnu give us warm personal reminders to support us spiritually in our daily lives Most of the world s major religions have a tradition celebrating the Holy Names of God and in Hinduism one of the most popular is the Thousand Names of Vishnu Easwaran grew up hearing and reciting these names as a child and for him they were a constant reminder that there is a spark of divinity in everyone Here he has selected some of the names and added a personal practical commentary on what each name means in daily living The result is a warm uplifting book for those who want to see God in the faces and events of everyday life

The Search for a Nonviolent Future Michael N. Nagler, 2010-10-01 Beginning with the achievements of Mahatma Gandhi and following the legacy of nonviolence through the struggles against Nazism in Europe racism in America oppression in China and Latin America and ethnic conflicts in Africa and Bosnia Michael Nagler unveils a hidden history Nonviolence he proposes has proven its power against arms and social injustice wherever it has been correctly understood and applied Nagler s approach is not only historical but also spiritual drawing on the experience of Gandhi and other activists and teachers Individual chapters include A Way Out of Hell The Sweet Sound of Order and A Clear Picture of Peace The last chapter includes a five point blueprint for change and study circle guide The foreword by Arun Gandhi the grandson of Mahatma Gandhi is new to this edition

Illuminations of Hildegard of Bingen Matthew Fox, 2002-12-01 An introduction to the life and work of Hildegard Reveals the life and teachings of one of the greatest female artists and intellectuals of the Western Mystical Tradition Contains 24 full color illustrations by Hildegard of Bingen Includes commentary by Matthew Fox author of Original Blessing 250 000 sold Hildegard of Bingen 1098 1179 was an extraordinary

woman living in the Rhineland valley during most of the twelfth century Besides being the abbess of a large and influential Benedictine abbey she was a prominent preacher healer scientist and artist She also was a composer and theologian writing nine books on theology medicine science and physiology as well as 70 poems and an opera At the age of 42 she began to have visions these were captured as 36 illuminations 24 of which are recorded in this book along with her commentaries on them She also wrote a text describing these visions entitled Scivias Know the Ways now published as Hildegard of Bingen's Mystical Visions Author Matthew Fox has stated If Hildegard had been a man she would be well known as one of the greatest artists and intellectuals the world has ever seen It is a credit to the power of the women's movement and our times that this towering genius of Western thought is being rediscovered in her full grandeur and autonomy Virtually unknown for more than 800 years in Western history Hildegard was featured as one of the women in Judy Chicago's Dinner Party in the early 1980s and published for the first time in English by Bear Company in 1982 In addition to her mystical teachings Hildegard's music has been performed and recorded for a new and growing audience

Decoding **The Compassionate Universe**: Revealing the Captivating Potential of Verbal Expression

In a time characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its power to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**The Compassionate Universe**," a mesmerizing literary creation penned by way of a celebrated wordsmith, readers attempt an enlightening odyssey, unraveling the intricate significance of language and its enduring effect on our lives. In this appraisal, we shall explore the book's central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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The Compassionate Universe Introduction

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