# SOUL RETRIEVAL RETURN TO WHOLENESS



# JOANNA NEFF

"Merging with the Higher Self requires the soul integration process of returning . . . 'lost' soul aspects. In terms of soul growth and Ascension, it is critical to bring the fragments back to the Core Soul—if one is going to ascend in what you call 'this lifetime'."

# **Soul Retrieval Return To Wholeness**

**Pasquale De Marco** 

# **Soul Retrieval Return To Wholeness:**

**Soul Retrieval** Joanna Neff, 2003 Stuck in your stuff no matter how hard you ve worked Issues from past lives may be haunting you Higher dimensional soul retrieval moves you through the threshold at last Soul Retrieval Joanna Neff, 2006-07-26 With clients in 25 States and in Australia Canada British Columbia Ontario and Vancouver El Salvador England Germany India Ireland Singapore Trinidad Tobago West Indies author Joanna Neff does higher dimensional soul retrieval and soul clearance sessions from her home in Boulder Colorado USA Soul Retrieval Return to Wholeness provides the context gathered from a decade of channeled sessions for why and how this energetic approach to soul retrieval works The book also offers a glimpse of the author's own soul retrieval process including past life merging excerpts from private and public sessions and actual exercises from soul retrieval workshops Why Must Soul Retrieval Be Done During profound stress pain or other trauma human beings often experience what is called soul loss meaning the loss of aspects of one s soul Such events as loss of a loved one automobile accident surgery addiction combat trauma abortion or miscarriage and physical abuse are the prime causes When a soul is fragmented one may no longer remember the details of the traumatic incidents that caused the fragmentation The lost soul aspect has taken those memories with it When a soul part leaves it may also take with it a measure of one s vitality The more severe the trauma the more life force is depleted People who have lost soul aspects may suffer chronic illnesses in childhood as a result of this reduced life force. One example of soul fragmenting occurs because of childhood sexual abuse Here parts of the soul literally leave because the event is too painful If the soul fragmentation is severe enough such illnesses as schizophrenia may occur Because the integrity of the parts to the whole is broken down recovery is seen as an impossibility Further the will may become vulnerable to negative entity attachment Having fragments remain unincorporated between lifetimes affects karma because issues encapsulated in the consciousness of those fragments remain unresolved In addition if we remain unconscious of our other multi incarnational lives we bring them with us to our next incarnation hopefully to awaken us to the reality that they re out there Shamanic Soul Retrieval Soul fragments rarely can return without assistance Virtually without exception however when one does an internet search on soul retrieval page after page comes up listing shamanic soul retrieval as the available option A time honored and proven method shamanic soul retrieval has benefited many and is still appropriate for certain people However many have experienced that the shamanic method is much slower and can be quite uncomfortable With this method you undergo a linear process a shamanic journey and then over time the psychological and emotional integration of the parts Once the soul retrieval is done however the client may be left to go through the rigors of soul integration alone The reason is that with shamanic soul retrieval the work is primarily physical and psychological Therefore the restructuring is really going on in your psychological consciousness that is personality consciousness not at the Soul level This is a primary reason why clients come to the author for higher dimensional soul retrieval after they have received shamanic soul retrieval Book Testimonials I have

read your website and concur with much of what you write there I took soul retrieval training through the Foundation for Shamanic Studies As the result of my own soul retrieval work personally as well as with clients I have found out the same things as you that the shamanic way can be slow and painful Often past life work beliefs work or other extra healing work need to be done Maryphyllis Horn Shamanic Practitioner MEd CMHt CTFTRev Reconnection Practitioner Pittsboro NC author of Soul Integration A Shamanic Path To Freedom And Wholeness I am becoming a hypnotherapist and after working with you and Melora a couple months ago I thought I would write say that I feel the two sessions I ve had with you over three years have been the most significant single point of healing I ve ever experienced I d also like to thank you for helping me intellectually realize that time does not exist by bringing a future self to heal me in my current consciousness Lyn Johnson Dolores Cannon's Teachings K.A Wilson, 2025-02-03 Dolores Cannon's Teachings A Journey Beyond the Veil is a transformative exploration of the ground breaking work of Dolores Cannon a renowned hypnotherapist and author who delved deep into the mysteries of the subconscious mind and the afterlife In this insightful guide K A Wilson brings to life Cannon's teachings offering readers a profound journey into past lives reincarnation soul development and the spiritual realms beyond Through practical wisdom and thought provoking insights this book provides a roadmap for expanding your consciousness understanding the afterlife and connecting with your higher self Dolores Cannon's Teachings guides readers on how to access their own spiritual potential tap into universal knowledge and experience personal growth through the power of past life regression and deep hypnosis Whether you re exploring spiritual awakening seeking a deeper understanding of life's purpose or curious about the mysteries of the universe this book offers an accessible and enlightening approach to uncovering the truth that lies beyond the veil **The Hidden Mirror** Allan Shepard, 2025-03-28 There is an invisible presence shaping your reality and it has your face When fatigue doesn t pass when paths close for no reason when dissonant emotions take control something larger is at play It s not bad luck It s not chance It is a hidden reflection a living energetic duplicate breathing within your subtle field the astral clone Originating from traumas repressed emotions or even external manipulations this semi autonomous fragment infiltrates silently draining your vitality distorting your will and silently sabotaging your journey Fed by unconscious patterns or others intentions it becomes a vibrational echo that inhabits another dimension but acts directly upon your mind body and spirit This is a calling A mirror that reveals what has always been hidden fragments of you that have gained a life of their own Within these pages you will be guided by ancestral teachings esoteric keys and practical methods to identify dissolve and reintegrate what was lost Because the true enemy is not outside it lurks within waiting to be recognized Liberation begins with a firm gaze upon that which your consciousness refused to see The Dolphin's Dance Micheline Nader, 2015-02-04 Michelines beautiful book provides easy to follow instructions on how to operate your reset button so that you can tap into divine consciousness and manifest all of your potential David Mager Managing Member Deepak Chopra Dream Weaver LLC Do you ever feel as if youre searching for

yourself Do you sense that there are parts of you that have been lostfears longings and potential that are beyond your reach In The Dolphins Dance Micheline Nader shares a carefully constructed process for shedding light on and reclaiming those lost parts of the self Her 5 stage process enables you to bring conscious awareness to the complex package of emotions beliefs and behavior patterns Through illuminating personal stories structured exercises and accessible examples this book shows you how to free yourself from the imprints of the past and deconstruct the false identities that limit your potential for joy creativity and self expression **Healer of Souls** Dawn Paul, 2012-12-07 In a world that has moved far from its origins we often find ourselves lost overwhelmed Dawn Paul helps bring us back to the source to where healing began To where we all in our hearts need to go Rupert Isaacson Author of The Horse Boy Founder of The Horse Boy Foundation After twenty fruitless years on a frustrating spiritual search Dawn Paul was faced with no other option but to give up Disheartened and exhausted she went on holiday to Peru and this changed her life forever During a visit to Machu Picchu she received a mystical experience a vision of the Inca who instructed her to follow the path of the shaman Feeling she had finally been given the direction she had been looking for all her life Dawn promptly resigned from her six figure career in a bank and stepped onto the shamanic path Over the following years Dawn worked worldwide as a shamanic healer and spiritual teacher assisting many people of all ages from all races and religions A Healer of Souls is Dawn s gift to the general public and to the wider community without which a shaman cannot exist The Journey of the Soul: A Path to Wholeness through Unity Pasquale De Marco, 2025-04-06 In a world where fragmentation and disconnection have become pervasive The Journey of the Soul A Path to Wholeness through Unity emerges as a beacon of hope and transformation This profound guide leads you on an immersive journey of self discovery and integration empowering you to heal your fragmented soul and reclaim your wholeness Through the wisdom of ancient traditions and cutting edge insights this book provides a comprehensive roadmap for navigating the challenges of fragmentation and embracing the beauty of your whole self You will delve into the roots of fragmentation understanding how life experiences and societal influences have shaped your fragmented self You will embark on the sacred practice of soul retrieval recovering lost parts of yourself and restoring your inner unity With compassion and resilience you will learn to navigate the challenges that arise during the integration process overcoming resistance fear and doubt You will discover the power of shadow work transforming your inner darkness into a source of strength and wisdom By cultivating inner harmony balancing masculine and feminine energies and integrating mind body and spirit you will create a foundation for lasting wholeness This transformative journey invites you to nurture the essence of your soul discovering your unique purpose expressing your authentic gifts and living a life aligned with your soul's calling Through spiritual growth and exploration you will connect with your inner wisdom experience profound transformation and cultivate a deep sense of unity with yourself others and the world around you The Journey of the Soul is an invitation to embark on a profound odyssey of healing self discovery and the realization of your true unified self Within these pages you will find a wealth of practical tools

inspiring insights and heartfelt guidance to support you on your journey towards wholeness and fulfillment Rediscover the beauty and power of your whole self and experience the transformative power of unity and oneness If you like this book write a review Becoming Yourself Jan Engels-Smith, 2004-11 Author Jan Engels Smith sees people as brilliant magnificent radiant beings Becoming Yourself is finding the divine self the work of art that the universe embedded in your soul Becoming Yourself is the process of chipping away that which is not yourself and discovering the self that has always existed Becoming you the true you is a path to healing and enlightenment Engels Smith draws on her extensive experience with the ancient wisdom of Native American culture shamanism mysticism and psychology to close the gap between traditional psychological sciences and a new era of spiritual awakening Engels Smith weaves spiritual lessons through personal accounts and offers proven healing methods and exercises based on decades of experience Her supportive and welcoming manner creates a powerful practical and comprehensive guide that enlightens and motivates readers in their spiritual guest for self Ultimate Life Plan Jennifer Howard, 2012-12-26 Gold Nautilus Book Award Winner Nourishing and self empowering advice for living your happiest and most authentic life Michael Bernard Beckwith author of Life Visioning We live in difficult stressful times You ve read books and done workshops but you still have to face so many stubborn obstacles Yet it s often our pain and dissatisfaction that push us to seek a more conscious life Your Ultimate Life Plan is the missing how to for getting unstuck and moving past your problems and into a richer and more meaningful life creating lasting change and making a difference It's a practical roadmap to help you improve every moment of your life by teaching you how to build Confidence remove what is stopping you Strength move from your wounded ego into your sacred self Courage make smarter choices by embracing your four levels of consciousness Success rise to your next level of happiness clarity and transformation Your Ultimate Life Plan is the distillation of Dr Howard's twenty plus years of experience as a licensed psychotherapist and spiritual teacher This workshop in a book will help you not only understand your true self but experience it Winner of a 2013 Gold Nautilus Book Award Winner of a 2013 Gold Readers Favorite International Book Award Winner of a 2013 Silver Benjamin Franklin Book Award ForeWord Book of the Year Award Finalist **Soul Matters: Modern Science Confirming** Ancient Wisdom Jeanne-Rachel Salomon PhD, 2019-02-13 In shamanic understanding trauma signifies soul loss To restore a person to wholeness the shaman journeys into non ordinary reality to retrieve the person s lost soul essence and restores it to the client in ordinary reality Shamans knew intuitively that existence is a product of consciousness and that soul requires body to enter physicality and body requires soul to express life Yet there is only a set amount of physical pain and mental emotional disturbance that an embodied soul can tolerate Out of self preservation a part of the soul leaves just prior to the trauma impact and retreats unharmed into non ordinary reality away from physical ordinary reality This book presents the author's unique and creative research into the millennia old shamanic healing modality of Soul Retrieval Dr Salomon found that the fundamentals of the shamanic healing method are aligned with quantum principals and that the phenomenon of soul

leaving and soul returning happens on the quantum level of existence The results of her study confirm the relevance of quantum physics tenets of non locality tangled hierarchy and discontinuity inside shamanic healing Shamanism is not well understood by most people Dr Salomon has the intelligence and willingness to do the hard work to bring the validity and reliability of good science to the public Her thoroughness of a difficult subject is clear and understandable A must read for anyone interested in learning about the laws of the universe and how it affects each of us every day Jeffrey L Fannin Ph D

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