

Stepping Stones A Trek In The Southern Appalachian Highlands

Jimmy Jacobs

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Adkins, 2022-06-14 Explore 51 of Virginia s best options for short walks hiking excursions and backpacking adventures From its lowest point at sea level to its loftiest mountain more than 5 000 feet high Virginia south of US 60 is an unparalleled region The terrain is diverse and beautiful and the plant and wildlife are varied and abundant To truly see and appreciate the land s natural wonders a person should travel on foot In the east walk for miles upon quiet beaches or hike across Tidewater lands preserved for migrating birds Upon the rolling piedmont of central Virginia discover historic sites from the days of the Civil War as well as hikes around lakes both large and small To the west negotiate the ups and downs of the Blue Ridge region where the rewards are well worth the effort Gaze at wave after wave of Southern Appalachian ridgelines and at dozens of waterfalls that gush down steep slopes Plus hundreds of miles of the Appalachian Trail create opportunities for backpacking In Hike Virginia South of US 60 expert hiker and naturalist Leonard M Adkins helps you experience the joys of walking and hiking throughout the area The award winning Virginia author spotlights 51 trails that traverse more than 400 miles Routes range from easy walks on level ground to ambitious multi day backpacking excursions over rugged terrain Each entry includes full color maps and photographs as well as driving directions and trail descriptions Leonard also includes his fascinating insights on each site s history and culture plus vital at a glance information about distance hiking time and elevation gain Inside You ll Find 51 hikes popular trails and hidden gems covering over 400 miles Short walks day hikes and backpacking excursions Full color maps and photographs Trail information chart with key details about every featured hike Best Hikes of the Appalachian Trail: South Johnny Molloy, 2016-01-18 Best Hikes of the Appalachian Trail South details 45 hikes along the AT from the trail s southern terminus atop Georgia s Springer Mountain north through North Carolina Tennessee and Virginia These superlative treks visit overlooks waterfalls rivers lakes and wildernesses as well as scenic cultural and historical sites even trail towns This selection of hikes reflects the great variety of features the southern AT provides and the guide is authored by the Southeast s most experienced outdoor writer Johnny Molloy Hiking Georgia, 3rd Donald Pfitzer, 2006-09-01 Hiking Georgia features more than one hundred trails from the Blue Ridge Mountains to the Piedmont and Coastal Plain It also includes easy one hour strolls along quiet nature trails a trek along 80 miles of the Appalachian Trail and medium distance trails that suit many Hiking Georgia Jimmy Jacobs, 2020-06-01 Hiking Georgia 5th edition features some of the best trekking hikers adventures the Peach State has to offer Whether the trails are in the high mountains of north Georgia on coastal barrier islands or in fertile Piedmont river valleys the flora fauna and scenery are spectacular The more than 70 hikes plus 14 honorable mentions offer up detailed hike descriptions step by step directions gorgeous full color photos and GPS tracked color trail maps to make the journey easier and more enjoyable Forthcoming Books Rose Arny, 2001 The Publishers' Trade List Annual .1991 Hiking Georgia Donald Pfitzer, Jimmy Jacobs, 2014-06-17 The 4th edition of Hiking Georgia takes

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