# CHRISTIAN MYSTICISM

by lan Ellis-Jones

Salient Points of Addresses Delivered at the Sydney Unitarian Church on 3 June 2007 and 1 July 2007

Mysticism may be defined as the spirituality of the direct experience of God.

NOTES. Spirituality is a composite word referring to the "domain where mind, personality, purpose, ideals, values and meanings dwell" (Rabbi Mordecai Kaplan). Spirituality involves the longing to be connected with the targeness of life as well as to something targer than one's ego-self, in other words, a power-not-oneself.

Also, for the Christian mystic God is seen as an all-embracing love that unites the universe into one indivisible whole, the ground of all being, the being of all beings, Being Itself, our very essence, the oneness that unites everything.

- 2. Mysticism is not essentially about "mystical experiences" experiences come and go but is focused on the lasting experience of God, leading to the transformation of the believer into a transforming union with God. "In him we live, and move, and have our being .... We are his offspring" (Acts 17:28). Jesus proclaimed, "I and the Father are one" (Jn 10:30) showing the world what the union of God and man can be. It is also written, "There is one God who is father of all, over all, through all and within all" (Eph 4:6).
- Mysticism is a vital part of the Christian heritage. Indeed, it is actually the core and spiritual essence of Christian spirituality. The direct experience of God is a transrational (but not necessarily "supernatural") kind of knowing, which goes beyond ordinary intellectual or rational understanding.
- Christian mysticism is not a matter of "belief" or "emotional experience" (nor is it a psychological malady) but is a natural state nevertheless characterised by positive emotions and states of consciousness such as love and joy.
- 5. The Christian mystic looks within in order to have a relationship with God other than via priests and institutions. Saint Paul spoke of the goal and nature of mysticism and the mystical experience when he wrote, "For now we see through a glass, darkly; but then face to face: now I know in part; but then shall I know even as also I am known" (1 Cor 13:12).
- 6. In the mystical experience the Christian mystic no longer experiences him/herself as a separate individual but rather as an expression of the Oneness of all Life. God, who is perceived as the only reality, is everything and does everything. Saint Paul achieved the divinized state of losing his "self": "I no longer live, but Christ lives in me!" (Gal 2:20).

# **The Path In Christian Mysticism**

**Arthur Edward Waite** 

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#### **Table of Contents The Path In Christian Mysticism**

- 1. Understanding the eBook The Path In Christian Mysticism
  - The Rise of Digital Reading The Path In Christian Mysticism
  - Advantages of eBooks Over Traditional Books
- 2. Identifying The Path In Christian Mysticism
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
- 3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - $\circ\,$  Features to Look for in an The Path In Christian Mysticism
  - User-Friendly Interface
- 4. Exploring eBook Recommendations from The Path In Christian Mysticism

- Personalized Recommendations
- The Path In Christian Mysticism User Reviews and Ratings
- The Path In Christian Mysticism and Bestseller Lists
- 5. Accessing The Path In Christian Mysticism Free and Paid eBooks
  - The Path In Christian Mysticism Public Domain eBooks
  - The Path In Christian Mysticism eBook Subscription Services
  - The Path In Christian Mysticism Budget-Friendly Options
- 6. Navigating The Path In Christian Mysticism eBook Formats
  - o ePub, PDF, MOBI, and More
  - The Path In Christian Mysticism Compatibility with Devices
  - The Path In Christian Mysticism Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - o Adjustable Fonts and Text Sizes of The Path In Christian Mysticism
  - Highlighting and Note-Taking The Path In Christian Mysticism
  - Interactive Elements The Path In Christian Mysticism
- 8. Staying Engaged with The Path In Christian Mysticism
  - o Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers The Path In Christian Mysticism
- 9. Balancing eBooks and Physical Books The Path In Christian Mysticism
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection The Path In Christian Mysticism
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine The Path In Christian Mysticism
  - Setting Reading Goals The Path In Christian Mysticism
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of The Path In Christian Mysticism

- Fact-Checking eBook Content of The Path In Christian Mysticism
- Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
- 14. Embracing eBook Trends
  - Integration of Multimedia Elements
  - Interactive and Gamified eBooks

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