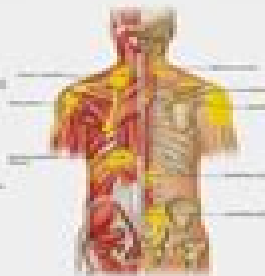


TRIGGER POINTS: HEAD, NECK & TRUNK

Trigger point is a small area of hyperirritable tissue that often presents as a palpable nodule in the muscle. These points, arising from muscle fibers, respond to mechanical or chemical stimuli.

Symbol	Meaning
●	Active trigger point
○	Latent trigger point
■	Endorphin release site
▲	Endorphin release site
◆	Endorphin release site



The Head Neck And Trunk Muscles And Motor Points

R Sanford



The Head Neck And Trunk Muscles And Motor Points:

The Head Neck And Trunk Muscles And Motor Points Book Review: Unveiling the Magic of Language

In an electronic digital era where connections and knowledge reign supreme, the enchanting power of language has be much more apparent than ever. Its capability to stir emotions, provoke thought, and instigate transformation is truly remarkable. This extraordinary book, aptly titled "**The Head Neck And Trunk Muscles And Motor Points**," compiled by a highly acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound affect our existence. Throughout this critique, we will delve into the book is central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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