



# THE HEART ATTACK HANDBOOK

Understanding,  
Surviving, and Thriving  
After Myocardial  
Infarction: A  
Comprehensive Guide  
to Causes, Treatment,  
and Lifestyle for Heart  
Health



**Ankitha Mitchell**

# The Heart Attack Handbook A Commonsense Guide To Treatment Recovery And Staying Well

**JG Myers**



## **The Heart Attack Handbook A Commonsense Guide To Treatment Recovery And Staying Well:**

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