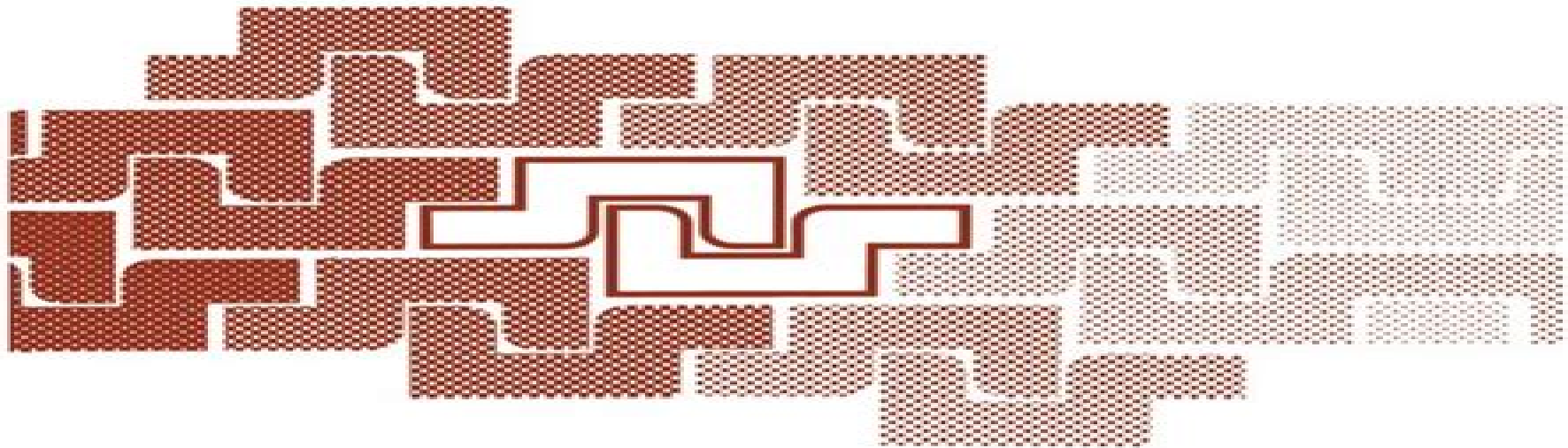




Social Support: Theory, Research and Applications

Edited by
Irwin G. Sarason and Barbara R. Sarason

NATO ASI Series

Series D: Behavioural and Social Sciences - No. 24

Social Support Theory Research And Applications

Mark Steyvers



Social Support Theory Research And Applications:

Social Support: Theory, Research and Applications I.G. Sarason, 2013-11-11 No one is rich enough to do without a neighbor Traditional Danish Proverb This bit of Danish folk wisdom expresses an idea underlying much of the current thinking about social support While the clinical literature has for a long time recognized the deleterious effects of unwholesome social relationships only more recently has the focus broadened to include the positive side of social interaction those interpersonal ties that are desired rewarding and protective This book contains theoretical and research contributions by a group of scholars who are charting this side of the social spectrum Evidence is increasing that maladaptive ways of thinking and behaving occur disproportionately among people with few social supports Rather than sapping self reliance strong ties with others particularly family members seem to encourage it Reliance on others and self reliance are not only compatible but complementary to one another While the mechanism by which an intimate relationship is protective has yet to be worked out the following factors seem to be involved intimacy social integration through shared concerns reassurance of worth the opportunity to be nurtured by others a sense of reliable alliance and guidance The major advance that is taking place in the literature on social support is that reliance is being placed less on anecdotal and clinical evidence and more on empirical inquiry The chapters of this book reflect this important development and identify the frontiers that are currently being explored

Handbook of Social Support and the Family Gregory R. Pierce, Barbara R. Sarason, I.G. Sarason, 1996-06-30 This handbook provides the first collation and integration of social support and family research Eminent researchers from these fields address conceptual and methodological issues the role of social support in family relationships stress clinical problems and support needs for families With its coverage of a broad range of topics this resource will benefit researchers clinicians and graduate students in community counseling developmental health and cognitive psychology as well as psychotherapy

Occupational Stress Rick Crandall, Pamela L Perrewe, 2020-10-28 Bringing together renowned scholars this handbook contains innovative current empirical and theoretical research in the area of job stress The workplace is one of the major sources of stress in an individual's life Placing this important topic in the context of a transactional process this work is intended to be of use to practitioners working in clinical organisational family and health psychology mental health substance abuse the military and with families and women Chapters are arranged in five parts the first considering theoretical approaches with an introductory article by Professor Emeritus Richard S Lazarus Next is an examination of various model testing formats followed by a section on occupational stress research and coping mechanisms Fourth is a collection of articles on the subject of burnout and the book closes with two distinct interventions directed at stress reduction

The Meaning And Measurement Of Support Hans O. Veiel, Urs Baumann, 2014-01-09 Contains papers from an international symposium held at the Werner Reimers Foundation in Bad Homburg Germany in May 1990 They address the concern that social support research has fragmented into separate areas and that there is a lack of definition

concerning social support Sourcebook of Social Support and Personality Gregory R. Pierce, Brian Lakey, I.G. Sarason, 2013-11-11 The work of 47 contributors from the U S Canada and Israel the Sourcebook gives special attention to the complexity of the social support construct expanding the field s theoretical base by seriously reappraising social support research in the context of findings from other fields of psychology and related disciplines Personality processes are specified to account for observed associations between social support and physical well being Several new studies are included which illustrate empirical approaches to exploring these processes And key contributions highlight the great strides made in understanding the links among personal dispositions situational contexts and potentially supportive transactions Social Support Measurement and Intervention Sheldon Cohen, Lynn G. Underwood, Benjamin H. Gottlieb, 2000-10-19 Surgery and pharmaceuticals are not the only effective procedures we have to improve our health The natural human tendency to care for fellow humans to support them with social networks has proven to be a powerful treatment as well As a result the areas of application for social support intervention have expanded dramatically during the past 20 years As these areas have expanded so too has the literature on the theory and measurement of social support Yet the literature has focussed on very particular areas Investigators in the social sciences have mainly focused on the protection that social support confers in the context of stressful life events and transitions whereas studies in the health sciences have concentrated on the effects of social networks and supports on population mortality and morbidity Although no single theoretical framework has been widely accepted there is consensus that both the psychological sense of support and actual expressions of support play critical roles in maintaining health and well being This book is a state of the art resource for the selection and development of strategies for social support assessment and intervention Designed for use by behavioral and medical scientists conducting studies of physical illness psychological adjustment and psychiatric illness in human populations this volume presents a broad conceptual framework addressing the role of social support in mental and physical health The book is divided into four sections The first provides some historical context as well as a conceptual overview of how social support might influence mental and physical health The second discusses techniques for measuring social networks and support and the third addresses the design of different types of support interventions The final section presents some general comments on the volume and its implications for social support research and intervention This resource is meant to aid researchers in understanding the conceptual criteria on which measurement and intervention decisions should be made when studying the relations between social support and health Furthermore the information provided on both measurement and intervention will be valuable to practitioners interested in designing and evaluating prevention and treatment initiatives Sponsored by the Fetzer Institute as a follow up to their successful 1995 publication Measuring Stress this book will provide the most up to date research on the effects of social support interventions on physical and mental health Social Networks and Social Support in Childhood and Adolescence Frank Nestmann, Klaus Hurrelmann, 2012-01-02 No detailed description available for

Social Networks and Social Support in Childhood and Adolescence *Children's Social Networks and Social Supports*
Deborah Belle, 1989-03-30 This new work integrates emerging ideas on children's social networks and supports with developmental theory and research. Researchers and clinicians armed with new methodological tools synthesize theoretical and clinical work and suggest implications for supportive interventions for children. The periods from infancy to adolescence are covered considering social networks inside and outside of the child's household, institutional connections, and even pets.

Social Support, Well-being, and Teacher Development Bick-har LAM, 2018-12-19 This book uses social support as a central theme to provide a sound underpinning for guiding teachers to play more supportive roles in schools. It comprises a series of empirical studies that address the psychological processes involved in feeling supported and providing support and which demonstrate how students and teachers' well-being can be enhanced through learning and teaching in the classroom. The distinction between teachers who are caring mentors and those who simply impart knowledge has attracted considerable interest among researchers; however, in the twenty-first century, education seems to be playing a more restricted role due to the predominant focus on performance outcomes. This book addresses and identifies teachers' expanding role in education. It describes various types of support that teachers can offer students and which serve to enhance a range of learning outcomes. Further, it provides evidence suggesting that teachers' commitment to learner development is a prerequisite for a satisfying teaching career and that teachers' knowledge, skills, and ability to provide social support in the classroom form a pathway of professional learning that can take their teaching expertise to a higher level. Lastly, the book offers policymakers suggestions on how to rekindle social support in an increasingly globalised setting in which people are becoming more and more disconnected. Given its multidisciplinary approach, the book is a unique contribution within its subject area and will be of interest to practitioners in education and beyond.

Handbook of Coping Moshe Zeidner, Norman S. Endler, 1995-12-12
how a man rallies to life's challenges and weathers its storms tells everything of who he is and all that he is likely to become. St Augustine. It has long been understood that how a person adjusts to life stresses is a major component of his or her ability to lead a fulfilling life. Yet it wasn't until the 1960s that coping became a discrete topic of psychological inquiry. Since then, coping has risen to a position of prominence in the modern psychological discourse, especially within the personality, cognitive, and behavioral spheres, and within the past decade alone many important discoveries have been made about its mechanisms and functioning and its role in ongoing psychological and physical health and well-being. A book whose time has come at last, the *Handbook of Coping* is the first professional reference devoted exclusively to the psychology of coping. Reporting the observations and insights of nearly sixty leading authorities in stress and coping from a wide range of affiliations and schools of thought, it brings readers the state of the art in coping theory, research, assessment, and applications. In orchestrating the book, the editors have scrupulously avoided imposing any particular slant or point of view other than the need to foster greater eclecticism and cooperation between researchers and clinicians concerned with the phenomenon of coping. The

Handbook of Coping is divided into five overlapping parts the first of which serves to lay the conceptual foundations of all that follows It traces the history of coping from its origins in psychoanalytic theories of unconscious defense mechanisms and provides an exhaustive review of the latest conceptualizations models and constructs The following section provides an in depth exploration of current research methodology measurement and assessment tools Part Three explores key facets of coping in a broad range of specific domains including everyday hassles chronic disease cataclysmic events and many others The penultimate section focuses on individual differences Among important topics covered here are coping styles and dispositions the role of family social support and education and coping behaviors across the life span The final section Part Five is devoted to current applications Clinical parameters are defined and a number of specific interventions are described as are proven techniques for helping clients to improve their coping skills A comprehensive guide to contemporary coping theory research and applications the Handbook of Coping is an indispensable resource for practitioners researchers students and educators in psychology the health sciences and epidemiology Of related interest EGO DEFENSES Theory and Measurement Edited by Hope R Conte and Robert Plutchik This book explores the nature and manifestations of defense mechanisms and traces ego defense theory and research from Freud s initial conceptualization through recent work in object relations theory and other psychoanalytically oriented approaches It provides clinical guidelines for diagnosing assessing and dealing with defenses reviews empirical research techniques and indicates their value in development and in psychotherapy This volume should be of value to theoreticians clinicians and researchers interested in finding appropriate tools for measurement of defense mechanisms 1994 SOCIAL SUPPORT An Interactional View Edited by Barbara R Sarason Irwin G Sarason and Gregory R Pierce The study of social support and its relationship to personality health and adjustment is one of the fastest growing areas of research and application in psychology This book contains integrative surveys of clinical and field studies experimental investigations and life span explorations It approaches social support as an important facet of interpersonal relationships and shows its undesirable as well as its positive features 1990 0 471 60624 3 528 pp

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