

# Soar Like An Eagle One Day At A Time A Portrait Of An Alcoholic

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### Soar Like An Eagle One Day At A Time A Portrait Of An Alcoholic:

Soar Like an Eagle, One Day at a Time Sarah Ann Bray, 2002-04 The story begins in a Northern Wisconsin resort area and is told by Sarah Ann Bray Regent She and her husband purchased a bar after he was injured in a bar fight Good thinking She was against buying a bar from the start No one in their right mind would take over a condemned kitchen and try to make a go of it She did it though and the business was booming Her worst problem was the drinking hers and his After the birth of her last son Bobby at age forty three Sarah decides to guit drinking She hates the life they are living in the bar Carl's mental and physical abuse and her own abuse of alcohol Ilka a lady she has befriended puts her in touch with Alcohol Anonymous When she stopped drinking the physical abuse and Carl s infidelity get worse He beat her so badly in an angry rage that she is taken to the hospital by ambulance and almost dies Carl is passed out drunk while Bobby sleeps After her release from the hospital Social Service arranges a stay for her and Bobby in a small motel they use as a safe house Sarah uses the recuperation time to heal and think back on her life She needs to find out why the alcohol she has always hated has become the center of her life Each day while Bobby is in school she relaxes while healing with her coffee and recalls her past As she clears the clutter from her head it becomes evident how she had fallen into the trap that had plaqued her family for generations Is she strong enough anymore to make it on her own Her self esteem and strength are at ground zero Ilka spends as much time as possible with them Their friendship grows and Sarah's strength returns With very few resources she makes a good life for her son and herself only to have her health fail She and her son move back to Fennimore in the southwestern corner of the state This is Sarah's hometown and her family is close by She learns that brain surgery is needed Now she has three major battles a battle with the bottle which is never ending her health and raising a teen age son in a world that has moved ahead while she was lost in a bottle Vanity Fair ,2003 The Country Gentleman, 1898

Newsweek ,1984 The New Yorker Harold Wallace Ross, William Shawn, Tina Brown, Katharine Sergeant Angell White, David Remnick, Rea Irvin, Roger Angell, 1996 Harper's Weekly John Bonner, George William Curtis, Henry Mills Alden, Samuel Stillman Conant, Montgomery Schuyler, John Foord, Richard Harding Davis, Carl Schurz, Henry Loomis Nelson, John Kendrick Bangs, George Brinton McClellan Harvey, Norman Hapgood, 1894 Scientific American ,1878

Southern Agriculturist, 1911 Los Angeles Magazine, 2003-11 Los Angeles magazine is a regional magazine of national stature Our combination of award winning feature writing investigative reporting service journalism and design covers the people lifestyle culture entertainment fashion art and architecture and news that define Southern California Started in the spring of 1961 Los Angeles magazine has been addressing the needs and interests of our region for 48 years The magazine continues to be the definitive resource for an affluent population that is intensely interested in a lifestyle that is uniquely Southern Californian Puck, 1901 New York Mirror Theodore Sedgwick Fay, 1830 Golden Days for

Boys and Girls ,1883 The New-York Mirror ,1830 Frank Leslie's Illustrated Newspaper John Albert Sleicher,1887

Michigan Christian Advocate ,1895 The Youth's Companion Combined with American Boy ,1937 School Library Journal ,1994 The Christian Advocate ,1934 Paperbound Books in Print ,1966 Indianapolis Monthly ,2003-05 Indianapolis Monthly is the Circle City s essential chronicle and guide an indispensable authority on what s new and what s news Through coverage of politics crime dining style business sports and arts and entertainment each issue offers compelling narrative stories and lively urbane coverage of Indy's cultural landscape

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