

# THE SKIN WE'RE IN



TEACHING OUR  
CHILDREN TO BE:

- EMOTIONALLY STRONG
- SOCIALLY SMART
- SPIRITUALLY CONNECTED

JANIE  
VICTORIA  
WARD,  
ED.D.



# Skin Were In Teaching Ourteens To Be Emotionally Strong Socially Smart And Spiritually Connected

**JEAN KILBOURNE,DAIANE E. LEVIN**



## **Skin Were In Teaching Ourteens To Be Emotionally Strong Socially Smart And Spiritually Connected:**

**The Skin We're In** Janie Victoria Ward, 2002-02-05 Shepherding children through the demanding years of adolescence can be a struggle for any parent But black parents must also help their children confront the psychological fallout of racism With this in mind Dr Janie Ward who spent fifteen years researching the moral and psychological development of African American boys and girls offers parents a comprehensive four step program Name it Read it Oppose it Replace it that provides strategies for healthy resistance to negative social influences and complacency in children throughout the formative years Ward offers parents advice on such topics as Helping boys deal with and control emotions like anger frustration and fear Encouraging girls to appreciate their growing bodies for more than just looks and to develop a healthy sense of identity Developing skills in teens that allow them to act effectively in social academic and business settings Teaching children to resist the power of peer pressure from those in their communities who believe there is only one way to be black Convincing teens that it is essential to develop their spirituality and participate in a spiritual community *The Skin We're in* Janie Victoria Ward, 2000 Drawing from hundreds of intimate interviews with African American parents and adolescents and 15 years of cutting edge research on the moral and psychological development of black children Ward shows parents how to better nurture discipline and support their teenagers **Open Minds to Equality** Nancy Schniedewind, Ellen

Davidson, 2014 This is an educator s sourcebook of activities to help students understand and change inequalities based on race gender class age language sexual orientation physical mental ability and religion The activities also promote respect for diversity and interpersonal equality among students fostering a classroom that is participatory cooperative and democratic An essential resource for teachers leaders in professional development and curriculum specialists Features of the book include ready to implement learning activities in both traditional and interdisciplinary curriculum areas and inclusive framework for thinking about diversity and responding practically to various forms of difference in classrooms a variety of lesson styles including role plays case studies dilemma stories cooperative learning activities interviews data analysis and creative and expository writing Building Early Social and Emotional Relationships with Infants and Toddlers Amanda Sheffield Morris, Amy C. Williamson, 2019-02-09 This book provides a comprehensive overview of the process of building healthy early social and emotional relationships with infants from a developmental perspective The book synthesizes current research on the contextual influences of attachment family relationships and caregiving practices on social emotional development Chapters examine the processes of socioemotional development particularly in relationships with parents other family members and peers and identify areas for promoting healthy attachments and resilience improving caregiving skills and intervening in traumatic and stressful situations Chapters also present empirically supported intervention and prevention programs focused on building early relationships from birth through three years of age The book concludes with future directions for supporting infant mental health and its vital importance as a component of research clinical and educational

practice and child and family policy Topics featured in this book include The effect of prenatal and neonatal attachment on social and emotional development The impact of primary relationships and early experiences in toddlerhood Toddler autonomy and peer awareness in the context of families and child care Supporting early social and emotional relationships through The Legacy for Children™ Intervention How to build early relationship programming across various cultures Building Early Social and Emotional Relationships with Infants and Toddlers is a must have reference for researchers clinicians and professionals and graduate students in the fields of infant mental health developmental psychology pediatrics public health family studies and early childhood education

**High School Talksheets** Terry D. Linhart, 2009-10-06 Your high school students probably think they know a lot about Jesus But do they know how the stories of Jesus life relate to their own If you want to get them thinking and talking about Jesus who he really was and what that means for them today you have everything you need right here The latest addition to the best selling TalkSheets series High School TalkSheets Life of Christ gives you easy to use discussion starters and the tools to lead students into meaningful dialogue about Jesus The one page reproducible handouts offer provocative questions in a compelling design that cover everything from the prediction of his birth to his ascension Students will delve into each aspect of Jesus life while looking at it through the lens of their own world and applying it to their own lives These TalkSheets present every aspect of Jesus life in a way that young teens can connect with as they learn to apply the lessons to their own lives TalkSheets makes the Bible relevant and engaging for students while offering helpful hints and optional activities to help your youth ministry team effectively facilitate great conversations without a lot of prep work

**Evidence-Informed Assessment and Practice in Child Welfare** John S. Wodarski, Michael J. Holosko, Marvin D. Feit, 2015-01-28 This practice oriented text presents evidence based assessment methods and interventions that have been extensively field tested in child welfare settings The contributors offer empirical and field insights comprehensive treatment models and curricula in key areas such as child maltreatment substance abuse parent training social skills and youth employment interventions For the professional reader the book offers real world guidance on social work practice from hiring opportunities within a system to promoting lasting change as families and their issues grow increasingly complex These chapters also take significant steps toward future improvements in child protection systems as the field evolves toward being more coordinated effective and professional Included in the coverage Legal requisites for social work practice in child abuse and neglect The integrated model for human service delivery in child welfare Risk assessment issues and implementation in child protective services Substance use and abuse screening tools and assessment instruments The process of intervention with multi problem families Preventative services for children and adolescents Its multi level approach makes Evidence Informed Assessment and Practice in Child Welfare an essential professional development text for social workers particularly those new to the job as well as a progressive blueprint for social work administrators

**On Privilege, Fraudulence, and Teaching As Learning** Peggy McIntosh, 2019-07-04 From one of the

world's leading voices on white privilege and anti racism work comes this collection of essays on complexities of privilege and power Each of the four parts illustrates Peggy McIntosh's practice of combining personal and systemic understandings to focus on power in unusual ways Part I includes McIntosh's classic and influential essays on privilege or systems of unearned advantage that correspond to systems of oppression Part II helps readers to understand that feelings of fraudulence may be imposed by our hierarchical cultures rather than by any actual weakness or personal shortcomings Part III presents McIntosh's Interactive Phase Theory highlighting five different world views or attitudes about power that affect school curriculum cultural values and decisions on taking action The book concludes with powerful insights from SEED a peer led teacher development project that enables individuals and institutions to work collectively toward equity and social justice This book is the culmination of forty years of McIntosh's intellectual and organizational work *Best Practices in Prevention* Sally Hage, John L. Romano, 2012-12-20 This second book in the Prevention Practice Kit provides counselors psychologists and other mental health workers with practical steps that need to be considered by prevention practitioners as they engage with others in developing and delivering prevention projects A context for engaging in prevention practice is provided including discussion of how prevention fits with traditional models of psychology descriptions of theoretical models for doing prevention practice and examples of empirically supported prevention interventions The reader will learn about a new set of Prevention Guidelines being proposed to the American Psychological Association and why these recommendations are important to consider The book highlights the essential aspects of collaboration cultural relevance social justice and program dissemination and addresses knotty ethical issues surrounding confidentiality in prevention and health promotion efforts In addition the book provides information on funding and readily available resources for prevention Finally examples and activities are provided throughout the book accompanied by a set of learning exercises to help readers apply what they learn This book is part of the Prevention Practice Kit Action Guides for Mental Health a collection of eight books each authored by scholars in the specific field of prevention and edited by Dr Robert K Conyne and Dr Arthur M Horne The books in the collection conform to the editors outline to promote a consistent reading experience Designed to provide human services practitioners counselors psychologists social workers instructors and students with concrete direction for spreading and improving the practice of prevention the series provides thorough coverage of prevention application including a general overview of prevention best practices diversity and cultural relevance psychoeducational groups consultation program development and evaluation evidence base and public policy This book is endorsed by the Prevention Section of the Society of Counseling Psychology of the American Psychological Association Fifty percent of all royalties are donated to Division 17 of the APA

**Packaging Boyhood** Sharon Lamb, Ed.D., Lyn Mikel Brown, Ed.D., Mark Tappan, Ed.D., 2009-10-13 Player Jock Slacker Competitor Superhero Goofball Boys are besieged by images in the media that encourage slacking over studying competition over teamwork power over empowerment and being cool over being yourself From cartoons to video games

boys are bombarded with stereotypes about what it means to be a boy including messages about violence risktaking and perfecting an image of just not caring Straight from the mouths of over 600 boys surveyed from across the U S the authors offer parents a long hard look at what boys are watching reading hearing and doing They give parents advice on how to talk with their sons about these troubling images and provide them with tools to help their sons resist these messages and be their unique selves

**Colormute** Mica Pollock, 2009-04-11 This book considers in unprecedented detail one of the most confounding questions in American racial practice when to speak about people in racial terms Viewing race talk through the lens of a California high school and district Colormute draws on three years of ethnographic research on everyday race labeling in education Based on the author's experiences as a teacher as well as an anthropologist it discusses the role race plays in everyday and policy talk about such familiar topics as discipline achievement curriculum reform and educational inequality Pollock illustrates the wide variations in the way speakers use race labels Sometimes people use them without thinking twice at other moments they avoid them at all costs or use them only in the description of particular situations While a major concern of everyday race talk in schools is that racial descriptions will be inaccurate or inappropriate Pollock demonstrates that anxiously suppressing race words being what she terms colormute can also cause educators to reproduce the very racial inequities they abhor The book assists readers in cultivating a greater understanding of the pitfalls and possibilities of everyday race talk and clarifies previously murky discussions of colorblindness By bridging the gap between theory and practice Colormute will be enormously helpful in fostering ongoing conversations about dismantling racial inequality in America

**Beyond White Mindfulness** Crystal M. Fleming, Veronica Y. Womack, Jeffrey Proulx, 2022-02-17 Beyond White Mindfulness Critical Perspectives on Racism Well being and Liberation brings together interdisciplinary perspectives on mind body interventions group based identities and social justice Marshalling both empirical data and theoretical approaches the book examines a broad range of questions related to mindfulness meditation and diverse communities While there is growing public interest in mind body health holistic wellness and contemplative practice critical research examining on these topics featuring minority perspectives and experiences is relatively rare This book draws on cutting edge insights from psychology sociology gender and critical race theory to fill this void Major themes include culture identity and awareness intersectional approaches to the study of mindfulness and minority stress cultural competence in developing and teaching mindfulness based health interventions and the complex relationships between mindfulness inequality and social justice The first book of its kind to bring together scholarly and personal reflections on mindfulness for diverse populations Beyond White Mindfulness offers social science students and practitioners in this area a new perspective on mindfulness and suggestions for future scholarship

*The Intersections of Personal and Social Identities* Margarita Azmitia, Moin Syed, Kimberly Ann Radmacher, 2008-09-16 This volume brings together in interdisciplinary set of social scientists who are pioneering ways to research and theorize the connections between personal and social identity in children

adolescents and emerging adults The authors of the seven chapters address the volume's three goals Illustrating how theory and research in identity development are enriched by an interdisciplinary approach Providing a rich developmental picture of personal and social identity development Examining the connections among multiple identities Several chapters provide practical suggestions for individual agencies and schools and universities that work with children adolescent and emerging adult in diverse communities across the United States This is the 120th volume of the Jossey Bass quarterly report series New Directions for Child and Adolescent Development The mission of New Directions for Child and Adolescent Development is to provide scientific and scholarly presentations on cutting edge issues and concepts in the field of child and adolescent development Each volume focuses on a specific new direction or research topic and is edited by an expert or experts on that topic

Talkin' Back Dierdre Paul, 2003-12-30 Argues the African American girls are not receiving equitable learning opportunities in school and offers readers specific strategies that are designed to help parents work with teachers to improve their daughters education

**Infancia Perdida, a** JEAN KILBOURNE, DAIANE E. LEVIN,

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