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# Smoking And Health

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National Clearinghouse for Smoking and Health, 1975 Smoking and Health United States. Department of Health and  
Human Services, United States. Office on Smoking and Health, 1986 This is the first biennial report on smoking and health  
mandated by section 3 c of Public Law 98 474 The Comprehensive Smoking Education Act of 1984 *Smoking and Health, a*  
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Public Health Service, 1988 **Smoking and Its Effects on Health** WHO Expert Committee on Smoking and its Effects on  
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risk of smoking related disease declines after quitting smoking Smoking cessation increases overall life expectancy and  
reduces the risk of lung cancer other cancers heart attack stroke etc This report should help convince all smokers of the  
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HEALTH CONSEQUENCES OF SMOKING 25 YEARS OF PROGRESS, Health vs. cigarette smoking California. Governor's  
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Owing, 2005 Smoking is a greater cause of death and disability than any single disease says the World Health Organisation  
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United States. Surgeon General's Advisory Committee on Smoking and Health, 1965 **The Health Consequences of**  
**Smoking - 50 Years of Progress** U. S. Department of Health and Human Services, James Zimmerhoff, 2017-08-28 Fifty years  
have passed since publication of the landmark report of the Surgeon General's Advisory Committee on smoking and health  
This report highlights both the dramatic progress our nation has made reducing tobacco use and the continuing burden of  
disease and death caused by smoking As a physician when I think about smoking I recall the patients I have cared for The  
man who had a leg amputated The woman who had to gasp for every single breath that she took The man with heart disease  
who hoped to see his son graduate but didn't live long enough to do so That's the reality of smoking that health care

providers see every day The prevalence of current cigarette smoking among adults has declined from 42% in 1965 to 18% in 2012 However more than 42 million Americans still smoke Tobacco has killed more than 20 million people prematurely since the first Surgeon General's report in 1964 The findings in this report show that the decline in the prevalence of smoking has slowed in recent years and that burden of smoking-attributable mortality is expected to remain at high and unacceptable levels for decades to come unless urgent action is taken Recent surveys monitoring trends in tobacco use indicate that more people are using multiple tobacco products particularly youth and young adults The percentage of U S middle and high school students who use electronic or e cigarettes more than doubled between 2011 and 2012 We need to monitor patterns of use of an increasingly wide array of tobacco products across all of the diverse segments of our society particularly because the tobacco industry The Health Consequences of Smoking 50 Years of Progress 7 Foreword continues to introduce and market new products that establish and maintain nicotine addiction Tobacco control efforts need to not only address the general population but also to focus on populations with a higher prevalence of tobacco use and lower rates of quitting These populations include people from some racial ethnic minority groups people with mental illness lower educational levels and socioeconomic status and certain regions of the country We now have proven interventions and policies to reduce tobacco initiation and use among youth and adults With intense use of proven interventions we can save lives and reduce health care costs In 2012 the Centers for Disease Control and Prevention CDC launched the first ever paid national tobacco education campaign Tips From Former Smokers Tips to raise awareness of the harms to health caused by smoking encourage smokers to quit and encourage nonsmokers to protect themselves and their families from exposure to secondhand smoke It pulled back the curtain in a way that numbers alone cannot and showed the tobacco caused tragedies that we as health care professionals see and are saddened by every day As a result of this campaign an estimated 1.6 million smokers made an attempt to quit and based on a conservative estimate at least 100 000 smokers quit for good Additionally millions of nonsmokers talked with friends and family about the dangers of smoking and referred smokers to quit services In 2013 CDC launched a new round of advertisements that helped even more people quit smoking by highlighting the toll that smoking-related illnesses take on smokers and their loved ones CDC has also established reducing tobacco use as one of its Winnable Battles These are public health priorities with large scale impact on health that have proven effective strategies to address them CDC believes that with additional effort and support for evidence based cost effective policy and program strategies to reduce tobacco use we can reduce smoking substantially prevent millions of people from being killed by tobacco and protect future generations from smoking While we have made tremendous progress over the past 50 years sustained and comprehensive efforts are needed to prevent more

*Cigarette Smoking* ,2016-12-01

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