

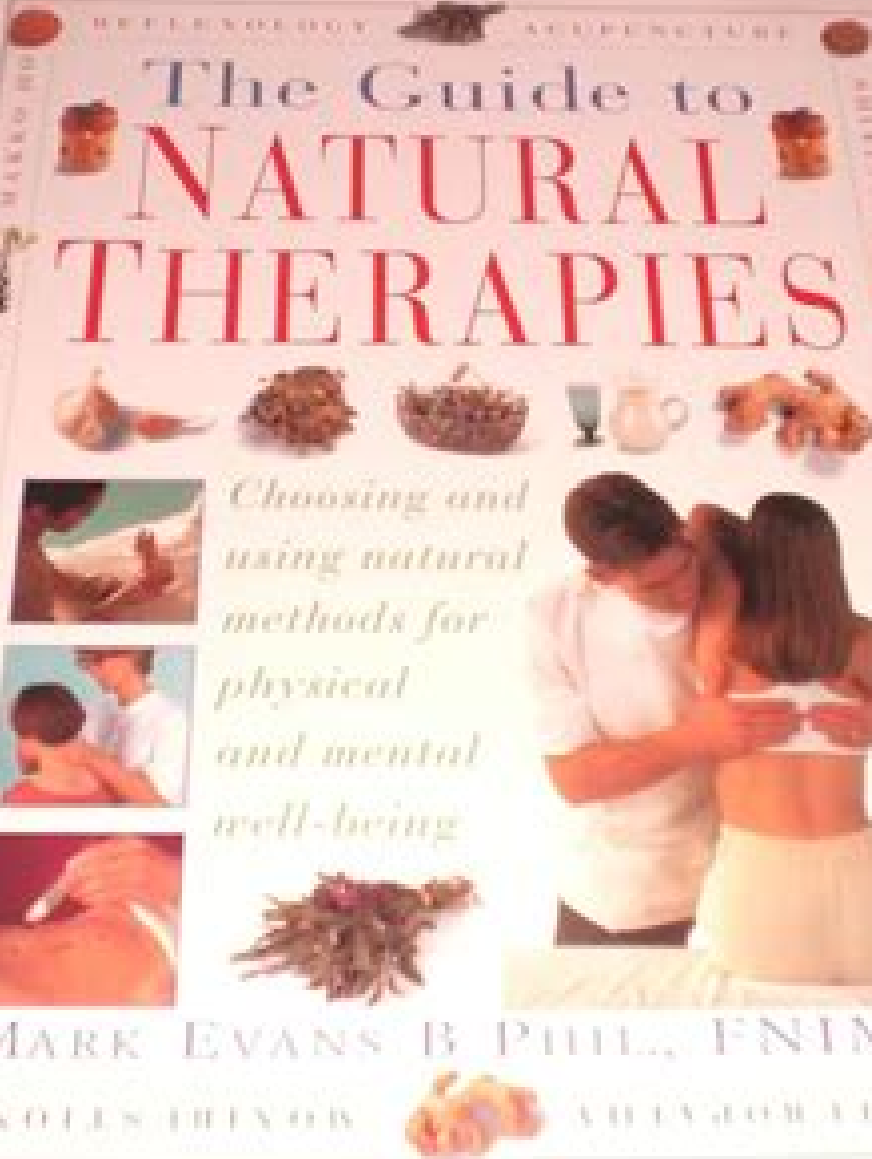
The Guide to NATURAL THERAPIES

*Choosing and
using natural
methods for
physical
and mental
well-being*

MARK EVANS B PHIL., FNIMH

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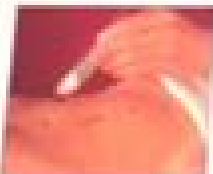
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