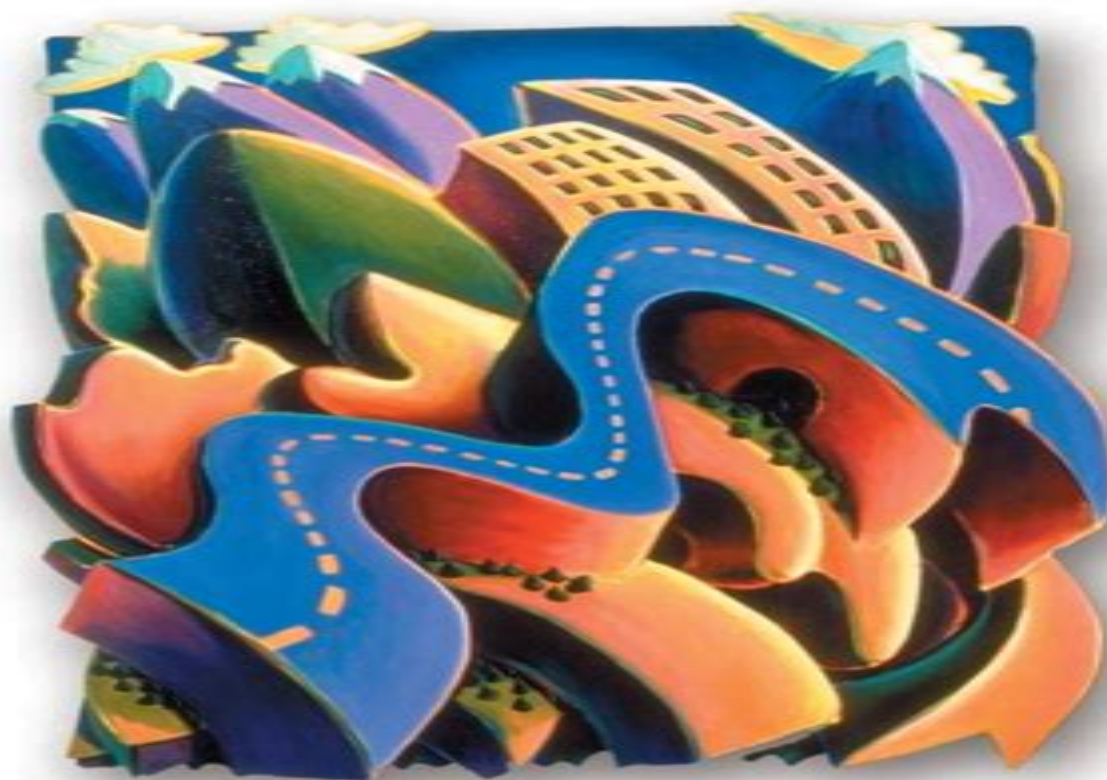


Strategic Self-Hypnosis

How to overcome stress, improve performance,
and live to your fullest potential



Roger A. Straus, Ph.D.

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