# **Stress Relaxation Testing**

D.A. Woodford, MPa, Inc.

THE MAJORITY OF CREEP TESTING, asdescribed in this Volume, uses a fixed load (or stress) at a constant temperature and measures the increase in strain as a function of time. However, materials may also creep under constraint with little or no dimensional change. This constraint then approximates a constant total strain, so a more appropriate test in such situations is one in which the material is deformed to a fixed strain, which is then held constant. Depending on the application, the corresponding initial stress may be below, at, or above the yield stress on loading. Whether or not there is permanent plastic strain on loading, there is an elastic strain that, in linear elastic materials, is proportional to the stress through the appropriate temperature sensitive modulus. If the temperuture and stress are sufficiently high creep will occur, but since the total strain is held constant, this can only be achieved if the elastic strain decreases with a corresponding decrease in the stress. Creep at a fixed total strain, therefore, results in a time dependent stress relaxation.

A common practical example where stress relaxation is a major design issue is in high temperature bolting. After being initially torqued to ensure joint tightness the stress progressively relaxes at a rate that depends on the creep strength of the material. For major components such as steam turbine shell flampes, it is essential to avoid leakage by periodic bolt retightening. Alloys have to be used, which will ensure steam tight joints at least up to normal turbine overhaul periods that may now extend to 50,000 h (Ref 1).

In addition to many such mechanical fastener problems, stress relaxation is important in the wire of prestressed concrete (Ref 2), all types of springs (Ref 3), electrical contacts (Ref 4), soldered joints (Ref 5), and the relief of stress gradients induced by differential swelling in in-pile nuclear reactor tubes (Ref 6).

Stress relaxation is not limited to externally applied stresses. Residual stresses caused by metal working (Ref 7) or welding (Ref 8) may have to be reduced by stress relieving treatments prior to placing parts in service. Finally, parts such as gas turbine blades with internal cooling may develop severe stress and temperature gradients in service that will lead to stress redistribution under constraint, and temperature changes in cyclic operation may lead to residence.

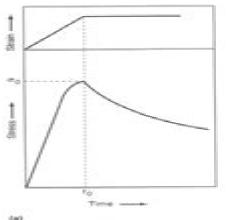
ual stresses that relax at temperature. For repeated cycles the accumulated creep strain may eventually lead to cracking as a result of thermal fatigue (Ref 9).

From this discussion it is clear that stress relaxation and stress redistribution are major munifestations of creep deformation in practical applications. This is especially true for high-temperature cyclic operation. In many cases, however, suitable relaxation data does not exist, and analysis has to be made using existing constant load isothermal creep data. Thus there is much interest in predicting relaxation from creep data and vice versa. The problem is that most structural materials experience strong deformation path dependence. Thus, a material creeping under constant load and secumulating strain experiences a different deformation path from one subjected to a fixed total strain and decreasing stress. To convert one to the other requires a damage law such as time hardening or strain hardening or a mechanical equation of state, which incorporates one or more internal state variables (Ref 10). These approaches have varying degrees of success and will not be forther considered.

This article concentrates on metallic materials as covered by ASTM E 328 (Ref 11), although stress relaxation is very important in plastics. For plastics a separate ASTM testing standard (Ref 12) is available that recognizes the viscoelastic behavior. This means that the creep strain may be mostly or fully recoverable upon removal of the load. Recent work on engineering ceramics suggests that these materials also show viscoelastic behavior (Ref 13). Composites of all types are expected to show internal stress redistribution between the components as well as complex macroscopic stress relaxation depending on the component phases.

#### **Testing Considerations**

Figures 1 and 2 illustrate load characteristics and data representation for stress relaxation testing for the most convenient and common



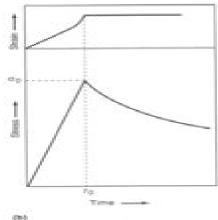


Fig. 1 Characteristic behavior during loading period in a stress relaxation test. (a) Constant strain rate, thi Constant load rate. Source: Raf I I

# **Stress Relaxation Testing A Symposium**

**Guillaume Favre** 

# **Stress Relaxation Testing A Symposium:**

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