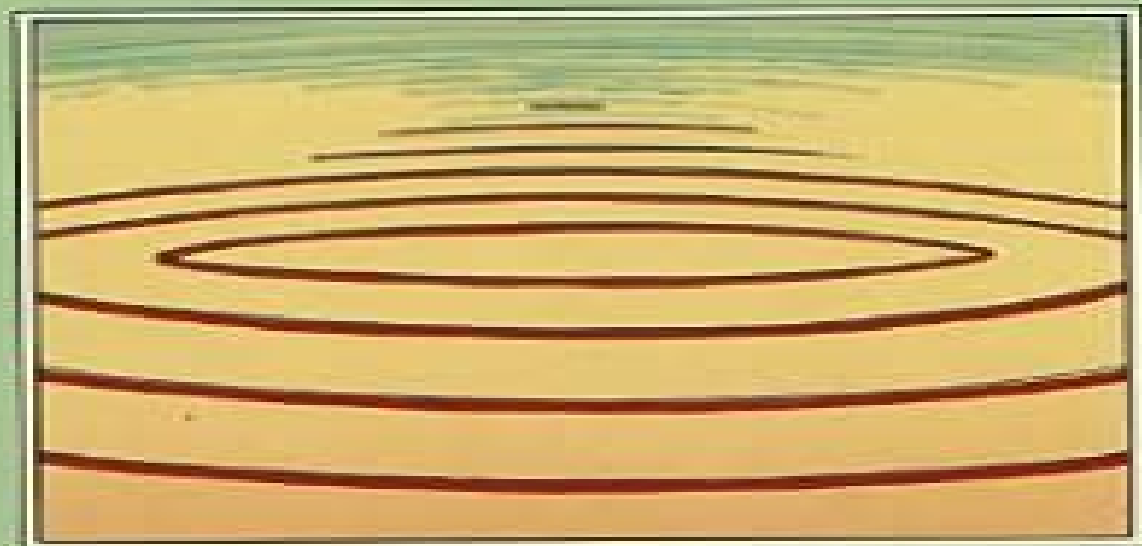


# SOMATOEMOTIONAL RELEASE AND BEYOND



BY JOHN E. UPLEDGER, D.O., F.A.A.O., D.Sc.

# Somato Emotional Release And Beyond

**Lauren Gardner**



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