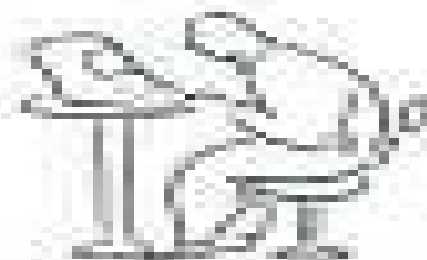


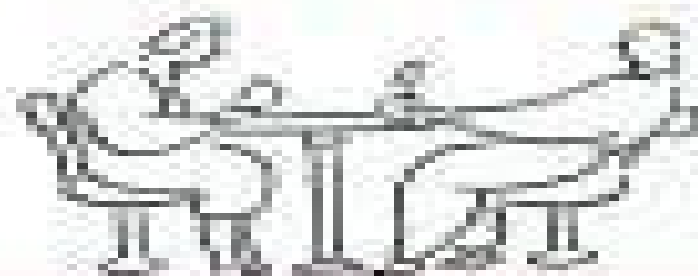
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Sitting



on the

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*How to Survive the Stresses of Sitting
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