NEGATIVE EMOTIONS







ANGER

Fury
Outrage
Wrath
Irritability
Hostility
Resentment
Violence
Frustration

SADNESS

Grief Sorrow Gloom Melancholy Despair Loneliness Depression Disappointment

FEAR

Anxiety Apprehension Nervousness Dread Fright Panic



DISGUST

Contempt
Disdain
Scorn
Aversion
Distaste
Revulsion



SHAME

Guilt Embarrassment Chagrin Remorse Regret Contrition

Something Good For Those Who Feel Bad Positive Solutions For Negative Emotions

Padhraic Smyth

Something Good For Those Who Feel Bad Positive Solutions For Negative Emotions:

Something Good For Those Who Feel Bad Positive Solutions For Negative Emotions Book Review: Unveiling the Power of Words

In some sort of driven by information and connectivity, the power of words has be evident than ever. They have the ability to inspire, provoke, and ignite change. Such is the essence of the book **Something Good For Those Who Feel Bad Positive Solutions For Negative Emotions**, a literary masterpiece that delves deep in to the significance of words and their affect our lives. Written by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we will explore the book is key themes, examine its writing style, and analyze its overall impact on readers.

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