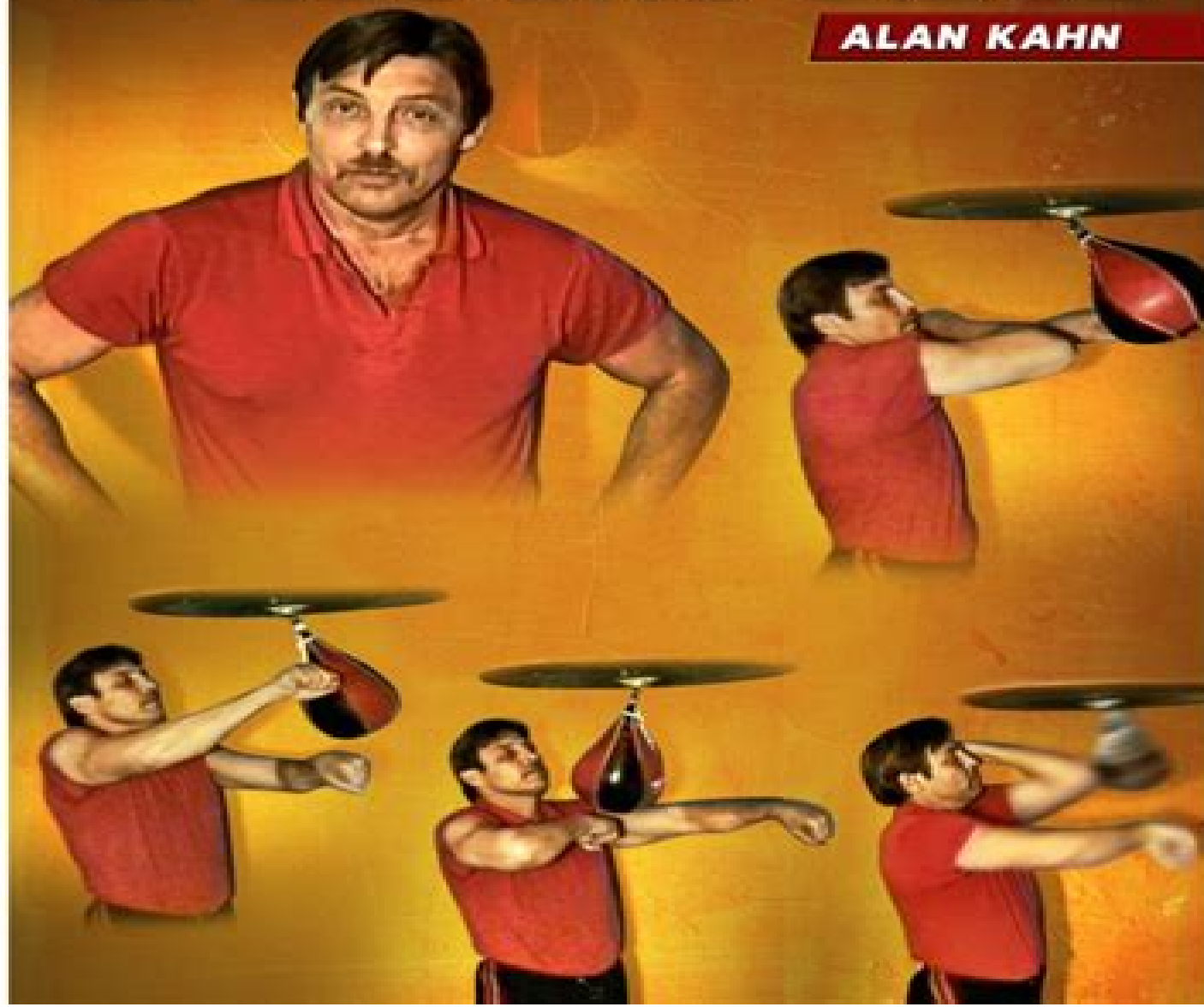


THE SPEED BAG BIBLE

ALAN KAHN



Speed Bag Bible

Robert R. Redfield



Speed Bag Bible:

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