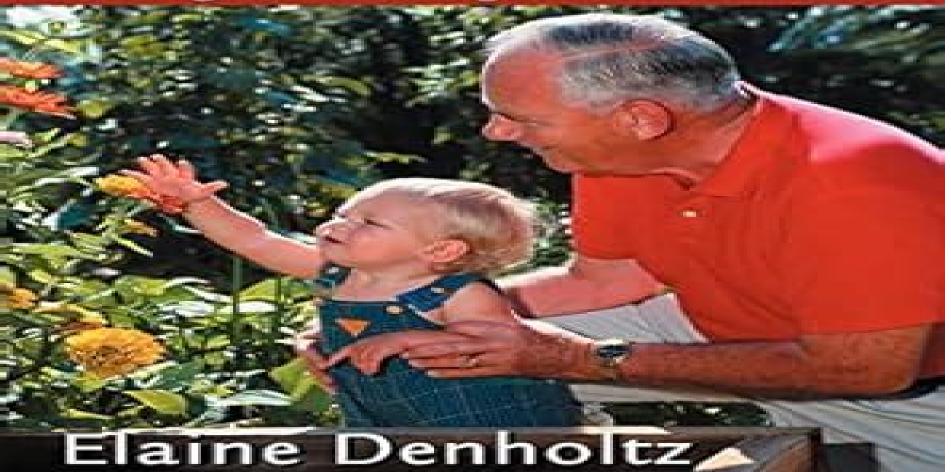
THE EXTRA PARENT

How Grandparents Are Helping Out,

Pitching In, and Raising Their Grandchildren



Rae Simons

The Extra Parent Elaine Denholtz, 2003-12 Ten grandparents aged 41 to 82 talk about their experiences in looking after their grandchildren and their relationships with their children and grandchildren You'Re Parenting Again? Larry D. Lamb, 2017-04-27 Grandparents raising their grandchildren are a new demographic emerging at a staggering rate because the parents are either unwilling or incapable of raising their own children The rational for this work is derived from the challenges this author and his wife have because of parenting their grandchildren. The research for this project has the value to offer support wisdom hope and perspective for those who are parenting again as grandparents Opportunities abound to lead grandchildren in a direction where they never would have gone had grandparents resisted the selfless act of parenting again This project will be approached using surveys with specific questions from other grandparents who are raising their grandchildren The survey will assist in assembling the reasons behind this new and emerging trend of parenting The resources gathered from this project will help grandparents embrace their new role in life Serving Grandfamilies in Libraries Sarah Gough, Pat Feehan, Denise Lyons, 2013-11-26 Gough Feehan and Lyons have taken everything learned from their research on developing GrandFamily Resource Collections and leading grandfamily programming in several states and put it in this easy to use guide They share the successes and failures of existing programs so other librarians can hit the ground running rather than trudge through a time consuming and costly period of trial and error It s a lot more efficient to learn from someone else's mistakes than to make your own The target population grandfamilies and most specifically grandparents raising grandchildren have become a statistically significant group worthy of attention in many communities but library practitioners may not have explored further due to a lack of resources and money Special features include List of Web resources government agencies support groups etc List of grants and funding opportunities Sample grant applicationsList of possible community partners for the librarySample surveys or some tactic for getting to know the needs of one s target populationSample marketing plansSample promotional materialsSample activity sheetsSample release forms etc With this practical and comprehensive guide your library will be ready to jumpstart or easily expand a stellar program for the grandfamilies in your community Grandloving Sue Johnson, 2010-07 Incorporating advice from more than 350 families nationwide this guide offers specific tips for bonding with grandchildren from babies to teens Along with a completely revised resource section this fifth edition features expanded sections on Skyping texting and social networking Facebook Flickr MySpace Twitter and YouTube Among the guides hints are more than 225 easy low cost do together and long distance activities such as ideas for successful visits holidays and family traditions While primarily intended for use by grandparents this sourcebooks strategies and suggestions can also help daycare providers separated parents extended family members and teachers grow closer to the children in their lives **Grandparents Raising Kids** Rae Simons, 2015-02-03 In 2005 6 million children were being raised by their grandparents Sometimes their grandchildren s parents had died sometimes they were in

prison and sometimes they just couldn t cope with raising children When grandparents take in their grandchildren to raise they have some difficulties most families don t have They re older for one thing and they also have to deal with their own children and that relationship But they have the wisdom and experience they ve gained from raising one set of children already and this can help The families in this book have had both good and bad experiences but they have learned a great deal through them The Book of Boundaries Melissa Urban, 2022-10-11 NEW YORK TIMES BESTSELLER FROM THE CO FOUNDER OF THE WHOLE30 End resentment burnout and anxiety and reclaim your time energy health and relationships Melissa Urban shows the way forward with clarity vulnerability and humor Gretchen Rubin author of Life in Five Senses Melissa Urban has helped millions of people transform their relationship with food Now in this powerful and practical guide she shows how boundaries clear limits you set to protect your energy time and health are the key to feelings of security confidence and freedom in every area of your life In her famously direct and compassionate style Urban offers 130 scripts with language you can use to set boundaries with bosses and co workers romantic partners parents and in laws co parents friends family neighbors strangers and yourself Actionable advice to help you communicate your needs with clarity and compassion Tips for successfully navigating boundary guilt pushback pressure and oversteps Techniques to create healthy habits around food drink technology and more User friendly and approachable The Book of Boundaries will give you the tools you need to stop justifying minimizing and apologizing leading you to more rewarding relationships and a life that feels bigger healthier and freer ONE OF THE BEST BOOKS OF THE YEAR Mindful **Discover** .1997-07 Toddler 411. 6th Edition Ari Brown, M.D., Denise Fields, 2019-11-05 The go to resource with everything you to know about raising your toddler in today s world organized topic by topic from a nationally renowned pediatrician and author of Baby 411 You ve made it Your baby has turned one and now the real fun begins From temper tantrums to toilet training raising a toddler brings its own set of challenges Pediatrician Ari Brown author of Baby 411 and Expecting 411 offers answers to the most common questions in a user friendly Q A format that makes it easy for you to find what you need in a flash Now in its sixth edition Toddler 411 offers the evidence based guidance and essential know how on every aspect of your baby s daily life including Nutrition Find the best tricks for managing high chair hijinks diversifying your toddler's diet and coping with picky eating Sleep Transition your child from the crib to their big kid bed troubleshoot nightmares and build consistent bedtime routines Behavior Learn the truth about The Terrible Twos know what to do when your child tests your limits and pick up strategies to neutralize power struggles Developmental milestones Distinguish between odd but normal behaviors and red flags worth discussing with your doctor First aid and illness Know what to do when your toddler gets sick and how to address the most common health emergencies Packed with answers to everyday conundrums and time tested strategies from parents who have been there before Toddler 411 covers it all for anyone with a child who is in this demanding and exciting time of their life Best Life ,2006-06 Best Life magazine empowers men to continually improve their physical emotional and

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