



The Experience Of Childbirth

Sheila Kitzinger



The Experience Of Childbirth:

The Experience of Childbirth Sheila Kitzinger, 1972

The Experience of Marriage Michael Novak, 1964

Understanding Doula and Childbirth Cheryl A. Hunter, Abby Hurst, 2016-06-20 This book contextualizes how having a doula or labor support woman present during childbirth results in lower rates of medical interventions American women are inundated with views that childbirth is inherently risky their bodies deficient and therefore encouraged to accept the medicalized nature of childbirth resulting in high rates of unwarranted interventions that can pose significant risk in a normal pregnancy Why is birthing with a doula different The narratives in this book support the belief that doulas often question the high rates of medical interventions in childbirth fundamentally lodging a critique about the medicalization of childbirth to the women they serve These stories share a very different philosophy about childbirth one where the female body is capable resilient and not normally requiring external medical intervention Doulas enter into a care provider relationship that focuses on the experience of the birth as something transformative to be honored and centered on the woman's body in an active role in the process Lastly doulas model to their clients both love and advocacy because doulas believe that modeling these behaviors will translate as women become mothers through the process of childbirth

The Experience of Childbirth Karen Dale Littell, 1975

Sex and Gender Hilary M. Lips, 2017-05-19 Are sex and gender really two different things How malleable is gender identity Should we emphasize gender differences These are only some of the questions Hilary Lips addresses regarding one of the most important dimensions of human life since time immemorial Stereotypes gender roles and how social relationships function all combine to assign meanings to the male female distinction that affects all aspects of social life Taking advantage of the abundance of current research that reevaluates and resituates the major issues of sex and gender the Sixth Edition collects and distills this scholarship into a book that is readily accessible and relevant to today's readers Lips incorporates knowledge gained from a range of social sciences taking a critical approach to empirical research Throughout the book she emphasizes culturally racially and sexually diverse perspectives A discussion of the role that gender plays in social relationships and power hierarchies illuminates the experience of inequality between men and women in business education politics and the media The ideas presented in *Sex and Gender* will raise readers awareness of the issues contributing to that major social problem

The Female Experience Carol Tavris, 1973

Toward a Phenomenology of Sexual Difference Sara Heinämaa, 2004-09-01 Simone de Beauvoir's *Le Deuxième Sexe* has been studied extensively since its appearance in 1949 Through the years certain passages have taken on prestige others are seen as unimportant to understanding Beauvoir's argument In *Toward a Phenomenology of Sexual Difference* Sara Heinämaa rediscovers those neglected passages in her quest to follow Beauvoir's line of thinking Heinämaa like some other recent philosophers finds that *Le Deuxième Sexe* is a philosophical inquiry not the empirical study it is commonly thought to be Others who view Beauvoir's masterpiece as a work of philosophy argue it is a criticism not only of Sartrean phenomenology

but of phenomenology as a whole HeinSmaa thinks differently She finds that Beauvoir s starting point is the Husserlian idea of the living body that she found developed in Merleau Ponty s *PhZnomZnologie de la perception* So when Beavoir wrote *Le Duexi_me Sexe* she was writing not as Sartre s pupil but as a scholar in the tradition of Husserl and Merleau Ponty **The New Experience of Childbirth** Sheila Kitzinger,2012-06-28 Everything the expectant mother needs to know about childbirth from one of the foremost experts in the field Childbirth is one of the most important and powerful events in a woman s life and yet many women look back on it as an ordeal Sheila Kitzinger acknowledged around the world as an expert in the psychological social and physiological aspects of birth has rewritten her first book for today s women Herself a mother of five all born at home she believes that birth can be a positive and deeply satisfying experience She co created the teacher training scheme of the National Childbirth Trust and was the first person to introduce couple s classes pregnancy and postnatal counselling and birth companions to give personal support and help in childbirth Written with warmth elegance and understanding **THE NEW EXPERIENCE OF CHILDBIRTH** explores emotional as well as the physical elements in childbirth and is essential reading for every mother and father to be **Easy Labor** William Camann,Kathryn Alexander,2009-06-03 **THE FIRST COMPLETE COMPREHENSIVE GUIDE TO PAIN RELIEF DURING LABOR AND DELIVERY** Far too many expectant mothers find themselves unprepared when labor begins and natural techniques don t effectively manage the pain This indispensable guide provides reassuring proven approaches to combining medical and natural techniques to ensure the most comfortable pain free labor possible In **Easy Labor** you ll discover what to expect during labor and key factors that affect your comfort the facts on epidurals safety concerns and how effectively they reduce pain the pros and cons of pain relief medications complementary and alternative methods including water immersion acupuncture hypnosis massage and birth balls how your choice of hospital or birth center affects your pain management options techniques to calm and eliminate the specific fears and stresses associated with childbirth So relax and enjoy your pregnancy with this important book by your side AWHONN's Perinatal Nursing Kathleen R. Simpson,Patricia A. Creehan,2019-12-30 Leave the self doubt behind get fully grounded in effective perinatal care with *Perinatal Nursing* 5th Edition an official publication of the Association of Women s Health Obstetric and Neonatal Nurses AWHONN This freshly updated comprehensive resource offers expert guidelines and best practices for the full range of patient care issues from cultural practices and pregnancy complications to newborn assessments and nutrition Stay current with this must have evidence based support for both perinatal and labor and delivery nursing 5 Star Praise for the Previous Edition My boss recommended this book and I am glad she did It is very comprehensive up to date on the latest practices and explains very much the why we do certain things the way we do in L D units Pretty much explains you what the standard of care is across the board Some of my experienced nurses also found it very useful as a refresher and ended up buying it as well Worth the investment I can see myself referring to this book often in my career A must have for Mother Baby Nurses I think L D RN s would benefit a lot too I got it for the

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