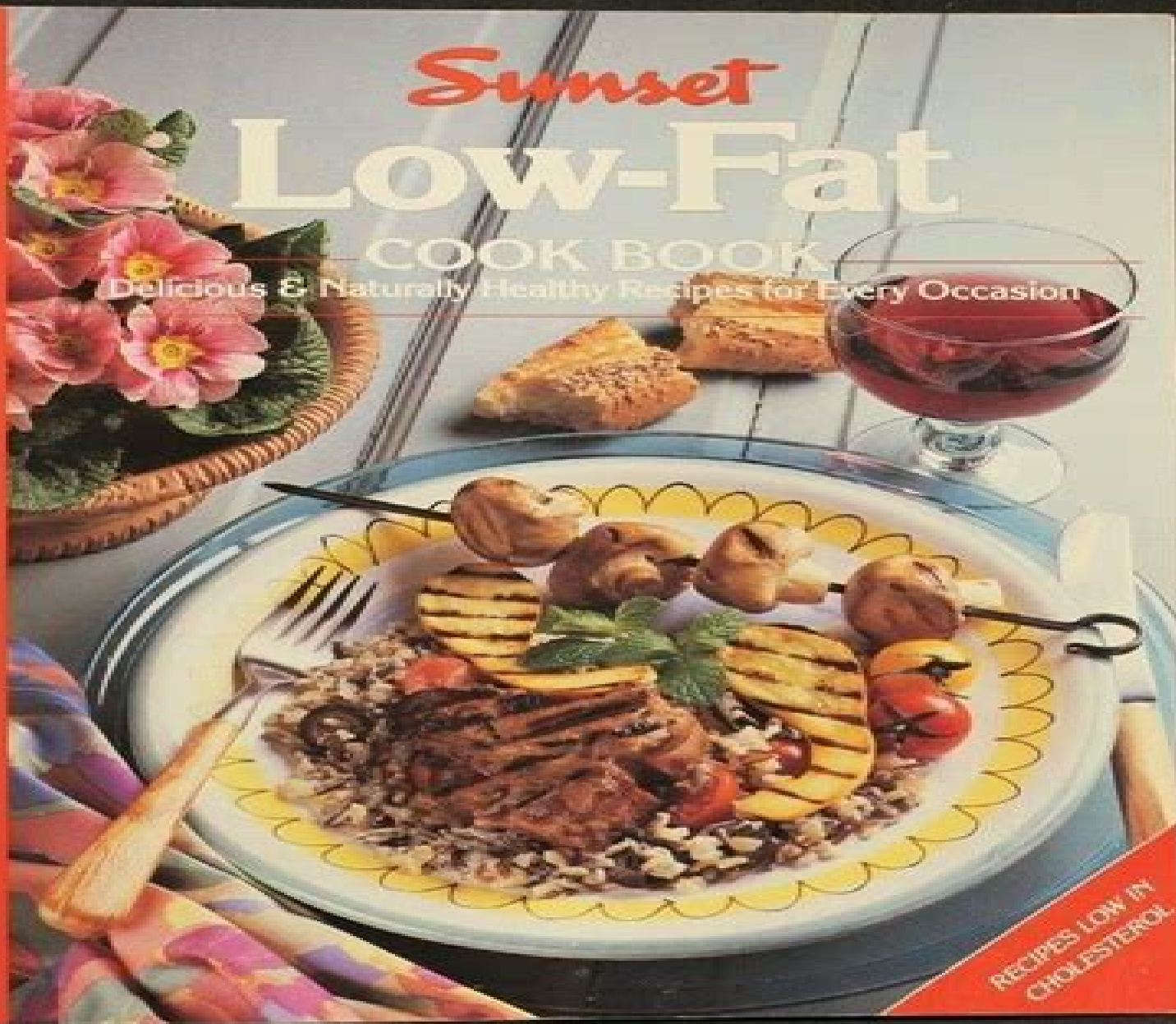


SUNSET

LOW-FAT COOK BOOK

# Sunset Low-Fat COOK BOOK

Delicious & Naturally Healthy Recipes for Every Occasion



RECIPES LOW IN  
CHOLESTEROL

# Sunset Best Of Sunset Low Fat Cookbook

**JG Myers**



## **Sunset Best Of Sunset Low Fat Cookbook:**

**The Best of Sunset Low-fat Cook Book** Sunset Books,1994      **American Book Publishing Record** ,1996      *The Cumulative Book Index* ,1998 A world list of books in the English language      *Subject Guide to Children's Books in Print* 1997 Bowker Editorial Staff,R R Bowker Publishing,1996-09      **The Essential 1998 Women's Health Guide** ,1997

Sunset ,1999      Eating Expectantly Bridget Swinney,Tracey Anderson,1993 Whether they fall into the catgory of vegetarian junk food junkie or somewhere in between all expectant women will benefit from this book designed to help them improve their diets during this critical and important time Offering advice for high risk cases such as gestational diabetes the authors include 200 menus and 85 recipes developed with each stage of pregnancy in mind plus nutrient analysis and diabetic exchanges Fall River Press      *Subject Guide to Books in Print* ,1997      *Winners, the Blue Ribbon Encyclopedia of Awards* Claire Walter,Facts on File, Inc,1982 A source book for over 45 000 winners of 1 200 American and international awards      **Not Your Mother's Slow Cooker Cookbook, Revised and Expanded** Beth Hensperger,Julie Kaufmann,2016-10-01 Fall in love with your slow cooker all over again You probably own a slow cooker 80 percent of American households do For more than thirty years its unbeatable convenience and practicality have made it a staple of busy families enabling anyone to return to a home cooked meal at the end of a hectic day Beth Hensperger and Julie Kaufmann turned slow cooker recipes on their head with Not Your Mother s Slow Cooker Cookbook making it one of the best selling slow cooker cookbooks of all time Now they re going global with this revised and updated edition that includes 50 new recipes from a variety of cuisines Greek Spanish Thai Chinese Indian Mexican Middle Eastern and more plus an exciting new collection of ways to use any slow cooker to make pulled pork and other bbq flavored dishes All your favorite classic slow cooker recipes are still here plus many more from international cuisines that bring flavor and adventure to any meal including Tortilla Breakfast Strata with Homemade Turkey Chorizo Curried Chickpeas with Creamy Cucumber Tomato Salad Orange Hoisin Chicken Hungarian Beef Stew with Paprika and Marjoram Soulfully Good Pork Spareribs with Pineapple and Ginger Chicken and Shrimp Jambalaya Chocolate Peanut Butter Pudding Cake There is also practical information on the different types of slow cookers their latest accessories and what sizes are best for what purposes With over 350 recipes this is the go to guide for every home Discover even more modern takes on classic techniques and dishes from the Not Your Mother s series Not Your Mother s Slow Cooker Recipes for Two Not Your Mother s Microwave Cookbook Not Your Mother s Fondue Not Your Mother s Casseroles Revised and Expanded Edition and Not Your Mother s Make Ahead and Freeze Cookbook Revised and Expanded Edition      *What's for Breakfast?* Donna S. Roy,Kathleen Flores,1994 Targeted at a nation on the go this book contains more than 100 time sensitive recipes Super Quick Do Ahead and Worth the Effort The title received the MBA Best Cookbook of the Year Award in 1995 Sample recipes include Ham and Cheese Calzones with Apples Sunrise Carbonara Sour Cream Pancakes Orange Cappuccino and Beat the Blues Coffeecake Recipes work well as light

evening meals Diabetic exchanges and charts are included      **Not Your Mother's Slow Cooker Cookbook** Beth Hensperger, Julie Kaufman, 2004-12-21 You probably own a slow cooker 80 percent of American households do For more than thirty years its unbeatable convenience and practicality have made it a staple of busy families enabling anyone to return to a home cooked meal at the end of a hectic day Many slow cooker recipes however have relied on less than healthy convenience products Now Beth Hensperger and Julie Kaufmann s Not Your Mother s Slow Cooker Cookbook takes a completely fresh look at cooking with this popular appliance This comprehensive collection of 350 recipes combines the ease of slow cooking with the fresh wholesome ingredients and exciting flavors of today s kitchen For days when there s just no time for prep there s Orange and Honey Chicken Drumsticks or Country Ribs with Onions Apples and Sauerkraut For slightly less hectic days there s Tangy Tomato Brisket or Lentil and Red Pepper Soup Stay out of the kitchen when guests arrive with Duck Breasts with Port Wine Sauce or wake up to breakfast with Hot Apple Granola Oatmeal Hensperger and Kaufmann offer dishes for every time frame without compromising on taste quality or variety And Not Your Mother s Slow Cooker Cookbook showcases the best of home cooking while taking advantage of a global melting pot of flavors so cooks can serve Chicken and Shrimp Jambalaya one day and Japanese Beef Curry Rice another All the classic slow cooker recipes are here plus many more adventuresome and innovative dishes There is also practical information on the different types of slow cookers their latest accessories and what sizes are best for what purposes      *Hoard's Dairyman* ,1923      *Catalog of Copyright Entries. Third Series* Library of Congress. Copyright Office, 1967 Includes Part 1 Number 1 Books and Pamphlets Including Serials and Contributions to Periodicals January June      **Oversight Hearings on Library Services and Construction Act** United States. Congress. House. Committee on Education and Labor. Subcommittee on Postsecondary Education, 1984

**Forthcoming Books** Rose Arny, 1998-06      **The Publishers Weekly** ,1998      Literary and library prizes Olga S. Weber, Stephen J. Calvert, 1980      Dr. Pyke's Natural Way to Complete Stomach Relief Rob Pyke, 2001      **Month Ahead/Paperbound Books in Print** ,1961

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