NICE INFORMATION TOOLS FOR OLDER ADULTS

SUICIDE AND OLDER ADULTS

NATIONAL INITIATIVE FOR CARE OF THE ELDERLY

Suicide And The Older Adult

Robert Youdin

Suicide And The Older Adult:

Suicide and the Older Adult Antoon A. Leenaars,1992 Published simultaneously as a special issue of the journal Suicide and life threatening behavior v 22 no 1 Spring 1992 this volume features noted authorities in the field whose examinations of the topic represent the first orchestrated steps toward a deeper clinical understanding of suicide in

Rational Suicide in the Elderly Robert E. McCue, Meera Balasubramaniam, 2016-10-27 This book provides a comprehensive view of rational suicide in the elderly a group that has nearly twice the rate of suicide when chronically ill than any other demographic Its frame of reference does not endorse a single point of view about the legitimacy of rational suicide which is evolving across societies with little guidance for geriatric mental health professionals Instead it serves as a resource for both those clinicians who agree that older people may rationally commit suicide and those who believe that this wish may require further assessment and treatment The first chapters of the book provides an overview of rational suicide in the elderly examining it through history and across cultures also addressing the special case of baby boomers This book takes an ethical and philosophical look at whether suicide can truly be rational and whether the nearness of death in late life adults means that suicide should be considered differently than in younger adults Clinical criteria for rational suicide in the elderly are proposed in this book for the first time as well as a guidelines for the psychosocial profile of an older adult who wants to commit rational suicide Unlike any other book this text examines the existential psychological and psychodynamic perspectives A chapter on terminal mental illness and a consideration of suicide in that context and proposed interventions even without a diagnosable mental illness also plays a vital role in this book as these are key issues in within the question of suicide among the elderly This book is the first to consider all preventative measures including the spiritual as well as the psychotherapeutic and pharmacologic A commentary on modern society aging and rational suicide that ties all of these elements together making this the ultimate guide for addressing suicide among the elderly Rational Suicide in the Elderly is an excellent resource for all medical professionals with potentially suicidal patients including geriatricians geriatric and general psychiatrists geriatric nurses social workers and public health officials Nursing for Wellness in Older Adults Carol A. Miller, 2009 Now in its Fifth Edition this text provides a comprehensive and wellness oriented approach to the theory and practice of gerontologic nursing Organized around the author's unique functional consequences theory of gerontologic nursing the book explores normal age related changes and risk factors that often interfere with optimal health and functioning to effectively identify and teach health promotion interventions. The author provides research based background information and a variety of practical assessment and intervention strategies for use in every clinical setting Highlights of this edition include expanded coverage of evidence based practice more first person stories new chapters and clinical tools such as assessment tools recommended by the Hartford Institute of Geriatric Nursing **Death Attitudes and the Older Adult** Adrian Tomer, 2018-10-24 This innovative and informative new text bridges the fields of gerontology and than atology

International Perspectives on Older Adult Social Isolation and Loneliness Ted K. S. Ng, Roger O'Sullivan, Lenard Kaye, James Lubben, Mercedes Bern-Klug, Matthew Lee Smith, 2025-05-06 Frontiers in Public Health is excited to announce a Research Topic with the theme International Perspectives on Older Adult Social Isolation and Loneliness This collection aims to address the urgent public health challenge posed by the escalating levels of isolation loneliness and disconnection experienced by older adults The influence of physical environmental social psychological cultural and economic forces on late life relationships and connectedness will be explored by an international roster of researchers and practice scholars The perspectives of theorists educators administrators public health officials clinicians and program planners will all be included to ensure arriving at a more nuanced appreciation of what has been proclaimed as one of the greatest public health challenges of our day Arriving at a greater understanding of the conditions that put elders at risk of becoming socially isolated and lonely the extent to which it should be considered both a personal community and societal threat the impact of COVID 19 those at greatest risk its negative consequences and steps that can be taken to prevent reduce and reverse its occurrence Ultimately this Research Topic intends to help readers more thoroughly understand the underlying causes as well as effective programmatic strategies for bolstering older adult social and emotional health and community engagement across diverse cultures social systems and cohorts This Research Topic will represent some of the most current theoretical programmatic and clinical research from around the world inquiring into the growing fragility of late life relationships and the accompanying feelings of disengagement From multiple disciplinary and professional perspectives this Research Topic will serve to document our current understanding of the complexities surrounding the negative impacts of weakened relational ties on older adult safety health and well being Additionally it will showcase some of the most promising programs and interventive techniques that show the greatest promise in helping to repair and maintain the integrity of an older adult s social and community network and support system Submission topics may include but are not limited to theoretical frameworks and conceptual models of social isolation and loneliness in older adults epidemiological and prevalence analyses of social isolation and loneliness among diverse populations of older adults the emotional behavioural physical environmental and social determinants that contribute to the risk for and prevalence of elder isolation and or loneliness impacts of social isolation and loneliness on older adult health safety cognition life satisfaction and well being innovative programs and interventions aimed at preventing and or reducing social isolation and loneliness multidisciplinary approaches to addressing social isolation and loneliness in older adult populations policy and community based initiatives to promote social connectedness and engagement the influence of the COVID 19 pandemic on elder isolation and loneliness technological advancements and their role in potentially increasing and conversely mitigating social isolation and loneliness among older adults Mental Disorders in Older Adults Steven H. Zarit, Judy M. Zarit, 2011-03-14 Provides essential knowledge and skills for effective mental health practice with older adults **Psychopathology** James E. Maddux, Barbara A.

Winstead, 2012-04-27 This is the most up to date text about the etiology and treatment of the most important psychological disorders Intended for first year graduate students in clinical and counseling psychology the third edition of Psychopathology continues to focus on research and empirically supported information while also challenging students to think critically The first part of the book is devoted to the issues ideas and concepts in psychopathology These chapters give students a set of conceptual tools that will help them read more thoroughly and critically the second half of the book which focuses on specific disorders Each chapter in this section provides a definition description and brief history of the disorder it discusses and outlines theory and research on etiology and empirically supported treatments The length organization content and level and style of writing are consistently tailored to the audience and the disorders discussed are the ones most frequently encountered by students in their training and subsequent clinical careers A new section addresses child and adolescent disorders while updated sections include dimensional approaches the biological bases of psychopathology learning theories developmental psychopathology dissociative disorders mental health and aging and mood disorders This valuable teaching tool is not only appropriate for students but also professionals who will continue to refer to it as a reference Social Work in Health and Aging Barbara Berkman, 2006-02-09 The Handbook of Social Work in Health and Aging is the first reference to combine the fields of health care aging and social work in a single authoritative volume These areas are too often treated as discrete entities while the reality is that all social workers deal with issues in health and aging on a daily basis regardless of practice specialization As the baby boomers age the impact on practice in health and aging will be dramatic and social workers need more specialized knowledge about aging health care and the resources available to best serve older adults and their families The volume s 102 original chapters and 13 overviews written by the most experienced and prominent gerontological health care scholars in the United States and across the world provide social work practitioners and educators with up to date knowledge of evidence based practice guidelines for effectively assessing and treating older adults and their families new models for intervention in both community based practice and institutional care and knowledge of significant policy and research issues in health and aging A truly monumental resource this handbook represents the best research on health and aging available to social workers today Aging in America John C. Cavanaugh, Christine K. Cavanaugh, 2009-12-14 This three volume set provides insightful and understandable summaries of the state of the art studies of aging the most important social demographic issue facing America today Aging in America will help us plan for the future and meet the needs of what has already become an 11 fold increase in the number of U S residents 65 or older Organized around three broad themes related to aging psychological issues mental and physical health and social issues with a volume devoted to each this unique set rallies respected scholars from across disciplines to discuss a phenomenon that will profoundly affect each of us individually and our society as a whole The volumes cover a wide range of topics including neuroscience memory end of life choices health care giving medication adherence the benefits of exercise

personal relationships elder abuse and other vital issues The gains of longevity are explored as are the agonies of loss as we age As a society we need to assure that older adults not only survive but thrive This set helps point the way Assisted Suicide - Legal, Medicine, Ethical and Social Issues Bilirakis Michael Ed,1998-06 Many people question whether Fed funds should pay the costs of physician assisted suicide This is an extremely difficult and complex issue especially with regard to a person suffering from a terminal illness or who has a disability Witnesses include figures from the religious medical ethical and patient communities Lutheran Church MO Synod Nat Assoc of People w AIDS Amer Med Assoc Oregon Catholic Conf George Wash Univ Med Cntr Physicians for Compassionate Care Greek Orthodox Church Center for Medical Ethics Amer Jewish Comm Consort for Citizens w Disabil Amer Nurse Assoc and C Everett Koop The Wiley-Blackwell Handbook of Adulthood and Aging Susan K. Whitbourne, Martin J, Sliwinski, 2011-11-30 This exceptional collection draws on the most recent demographic data and combines classic research with cutting edge approaches to provide an invaluable overview of the developmental psychology of the adult years Covers a wide range of topics within adult development and aging from theoretical perspectives to specific content areas Includes newly commissioned essays from the top researchers in the field Takes a biopsychosocial perspective covering the biological psychological and social changes that occur in adulthood

Treatment of Psychiatric Disorders Among Older Adults Rajesh R. Tampi, Deena J. Tampi, 2024-05-20 This timely book provides detailed information regarding the latest treatment for psychiatric disorders among the growing population of older adults The World Health Organization reports that between 2015 and 2050 the proportion of the world's older adults 60 years will double from about 12% to almost 22% of the total population and it is estimated that approximately 20% of older adults have a diagnosable psychiatric disorder Many of these older adults are prescribed psychotropic medications but these treatments can result in significant functional decline cognitive decline cerebrovascular adverse events and death The editors in collaboration with fellow experts in geriatric psychiatry provide the scientific background regarding the treatment of a range of psychiatric disorders among older adults The volume features a comprehensive table of contents covering a range of psychiatry subtopics such as neurocognitive disorders depressive disorders substance use disorders and anxiety disorders Each chapter adheres to the same easy to follow format and amongst other information includes evidence based assessments non pharmacological and pharmacological therapies potential side effects and their treatments and evidence based treatment algorithms for each disorder Treatment of Psychiatric Disorders Among Older Adults will be a valuable resource for psychiatrists geriatricians students neurologists advance practice nurses psychologists social workers occupational therapists physical therapists and dieticians who care for older adults with mental health disorders Toward Healthy Aging - E-Book Theris A. Touhy, Kathleen F Jett, 2022-07-10 American Journal of Nursing AJN Book of the Year Awards 1st Place in Gerontologic Nursing 2023 Selected for Doody's Core Titles 2024 in Geriatrics Provide holistic compassionate nursing care for older adults Based on evidence based protocols Toward Healthy Aging 11th Edition helps you master

gerontological nursing skills with an approach that focuses on health wholeness and the potential in aging In promoting healthy aging the text emphasizes caring and respect for the person Special sections provide an honest look at the universal experience of aging Written by gerontological nursing experts Theris A Touhy and Kathleen F Jett this classic text helps you learn to apply scientific research build critical thinking skills and prepare for success on the NCLEX exam and in clinical practice Promoting Healthy Aging Implications for Gerontological Nursing sections help you apply concepts to assessments and interventions A Student Speaks and An Elder Speaks sections at the beginning of every chapter provide perspectives of older people and nursing students Nursing Studies provide practice examples designed to assist you in assessment planning interventions and outcomes to promote healthy aging Learning objectives in every chapter introduce important content and define learning goals and expectations Key concepts provide a concise review of the most important points found in each chapter Critical Thinking Questions and Activities help you apply concepts and build clinical judgment skills Safety Alerts emphasize QSEN competencies and safety issues related to care of older adults Tips for Best Practice boxes summarize evidence based nursing interventions for practice Research Highlights boxes summarize important research studies in the field of gerontology Research Questions include suggestions and ideas for pursuing nursing research Healthy People boxes reference the goals cited in Healthy People 2020 NEW Next Generation NCLEX NGN examination style case studies at the end of chapters include questions to help you prepare for the NGN exam NEW Completely updated content helps you develop clinical judgment skills identified by the NCSBN and the AACN as a key attribute of professional nursing NEW Updated topics include COPD guidelines theories of aging medication use and misuse palliative care wound care guidelines genomic research and LGBT family relationships and sexualty in older adults Suicide: A Global Perspective Maurizio Pompili, 2012-09-19 In the year 2000 approximately one million people died from suicide a global mortality rate of 16 per 100 000 or one death every 40 seconds In the last 45 years suicide rates have increased by 60% worldwide Suicide is now among the three leading causes of death among those aged 15 44 years both sexes these figures do not include suicide attempts up to 20 times more frequent than completed suicide Suicide worldwide is estimated to represent 1 8% of the total global burden of disease in 1998 and 2 4% in countries with market and former socialist economies in 2020 Although traditionally suicide rates have been highest among the male elderly rates among young people have been increasing to such an extent that they are now the group at highest risk in a third of countries in both developed and developing countries Mental disorders particularly depression and substance abuse are associated with more than 90% of all cases of suicide however suicide results from many complex sociocultural factors and is more likely to occur particularly during periods of socioeconomic family and individual crisis situations e g loss of a loved one employment honour The economic costs associated with completed and attempted suicide are estimated to be in the billions of dollars One million lives lost each year are more than those lost from wars and murder annually in the world It is three times the catastrophic loss of life in the

tsunami disaster in Asia in 2005 Every day of the year the number of suicides is equivalent to the number of lives lost in the attack on the World Trade Center Twin Towers on 9 11 in 2001 Everyone should be aware of the warning signs for suicide Someone threatening to hurt or kill him herself or taking of wanting to hurt or kill him herself someone looking for ways to kill him herself by seeking access to firearms available pills or other means someone talking or writing about death dying or suicide when these actions are out of the ordinary for the person Also high risk of suicide is generally associated with hopelessness rage uncontrolled anger seeking revenge acting reckless or engaging in risky activities seemingly without thinking feeling trapped like there s no way out increased alcohol or drug use withdrawing from friends family and society anxiety agitation unable to sleep or sleeping all the time dramatic mood changes no reason for living no sense of purpose in life Table 1 Understanding and helping the suicidal individual should be a task for all Suicide Myths How to Help the Suicidal Person Warning Sights of Suicide Myth Suicidal people just want to die Fact Most of the time suicidal people are torn between wanting to die and wanting to live Most suicidal individuals don t want death they just want to stoop the great psychological or emotional pain they are experiencing Listen Accept the person's feelings as they are Do not be afraid to talk about suicide directly Ask them if they developed a plan of suicide Expressing suicidal feelings or bringing up the topic of suicide Giving away prized possessions settling affairs making out a will Signs of depression loss of pleasure sad mood alterations in sleeping eating patterns feelings of hopelessness Myth People who commit suicide do not warn others Fact Eight out of every 10 people who kill themselves give definite clues to their intentions They leave numerous clues and warnings to others although clues may be non verbal of difficult to detect Remove lethal means for suicide from person s home Remind the person that depressed feelings do change with time Point out when death is chosen it is irreversible Change of behavior poor work or school performance Risk taking behaviors Increased use of alcohol or drugs Social isolation Developing a specific plan for suicide Myth People who talk about suicide are only trying to get attention They won t really do it Fact Few commit suicide without first letting someone know how they feel Those who are considering suicide give clues and warnings as a cry for help Over 70% who do threaten to commit suicide either make an attempt or complete the act Express your concern for the person Develop a plan for help with the person Seek outside emergency intervention at a hospital mental health clinic or call a suicide prevention center Myth Don t mention suicide to someone who s showing signs of depression It will plant the idea in their minds and they will act on it Fact Many depressed people have already considered suicide as an option Discussing it openly helps the suicidal person sort through the problems and generally provides a sense of relief and understanding Suicide is preventable Most suicidal individuals desperately want to live they are just unable to see alternatives to their problems Most suicidal individuals give definite warnings of their suicidal intentions but others are either unaware of the significance of these warnings or do not know how to respond to them Talking about suicide does not cause someone to be suicidal on the contrary the individual feel relief and has the opportunity to experience an empathic

contact Suicide profoundly affects individuals families workplaces neighbourhoods and societies The economic costs associated with suicide and self inflicted injuries are estimated to be in the billions of dollars Surviving family members not only suffer the trauma of losing a loved one to suicide and may themselves be at higher risk for suicide and emotional problems Mental pain is the basic ingredient of suicide Edwin Shneidman calls such pain psychache 1 meaning an ache in the psyche Shneidman suggested that the key questions to ask a suicidal person are Where do you hurt and How may I help you If the function of suicide is to put a stop to an unbearable flow of painful consciousness then it follows that the clinician s main task is to mollify that pain Shneidman 1 also pointed out that the main sources of psychological pain such as shame guilt rage loneliness hopelessness and so forth stem from frustrated or thwarted psychological needs These psychological needs include the need for achievement for affiliation for autonomy for counteraction for exhibition for nurturance for order and for understanding Shneidman 2 who is considered the father of suicidology has proposed the following definition of suicide Currently in the Western world suicide is a conscious act of self induced annihilation best understood as a multidimensional malaise in a needful individual who defines an issue for which the suicide is perceived as the best solution Shneidman has also suggested that that suicide is best understood not so much as a movement toward death as it is a movement away from something and that something is always the same intolerable emotion unendurable pain or unacceptable anguish Strategies involving restriction of access to common methods of suicide have proved to be effective in reducing suicide rates however there is a need to adopt multi sectoral approaches involving other levels of intervention and activities such as crisis centers There is compelling evidence indicating that adequate prevention and treatment of depression alcohol and substance abuse can reduce suicide rates School based interventions involving crisis management self esteem enhancement and the development of coping skills and healthy decision making have been demonstrated to reduce the risk of suicide among the youth Worldwide the prevention of suicide has not been adequately addressed due to basically a lack of awareness of suicide as a major problem and the taboo in many societies to discuss openly about it In fact only a few countries have included prevention of suicide among their priorities Reliability of suicide certification and reporting is an issue in great need of improvement It is clear that suicide prevention requires intervention also from outside the health sector and calls for an innovative comprehensive multi sectoral approach including both health and non health sectors e g education labour police justice religion law politics the media Aging and Mental Health Daniel L. Segal, Sara Honn Qualls, Michael A. Smyer, 2010-11-04 This fully revised and updated second edition provides a complete introduction to aging and mental health for psychology students taking courses in aging as well as for academics and practitioners working in the field of gerontology Offers a comprehensive review of models of mental health and mental illness along with their implications for treatment of older adults Provides a pragmatic analysis of assessment and treatment approaches that both students and practitioners will find useful Uses case studies to link theory and practice Fully updated to

include discussion of the development and implementation of evidence based treatment protocols in the field of mental health the increasing prevalence of cognitive impairment and an appreciation of its implications for a variety of functional behaviors and a changing understanding of long term care away from a focus on institutional care and toward a broader spectrum of Suicide and Euthanasia in Older Adults Diego De Leo, 2001 Cultural aspects of aging suicide among the elderly services and euthanasia are addressed in this collection of work by contributors in psychiatry suicide research and medical ethics Chapters overview the relationship between socio economic psychological and family factors and suicidal behavior and look at physician assisted suicide and euthanasia The role of the elderly and attitudes toward euthanasia and assisted suicide are described in nine countries including Japan Turkey Switzerland Sweden Denmark Hong Kong and Australia This work lacks a subject index Annotation copyrighted by Book News Inc Portland OR Psychology of Aging 101 Robert Youdin, 2016-02-11 A reader friendly overview of geropsychology based on a wealth of evidence based research Written by a renowned scholar and practitioner of gerontology and aging this is a concise reader friendly overview of key concepts of geropsychology the psychology of aging Grounded in positive psychology the text dispels common myths about the aging population with a wealth of evidence based research It encompasses a foundational knowledge base regarding issues unique to older adults information that is essential for mental health providers who already see an unprecedented growth in the number of older adults in their practices a trend that is expected to continue for years to come The text discusses theoretical models underlying geropsychology and examines common difficulties that affect older adults along with the most effective treatment approaches for this population With a focus on the strengths and functions of older adults the text examines the unique psychological problems of later life and conflicts caused by retirement living longer financial stressors and chronic illness It discusses the complications of changing family systems coping with cognitive impairments how psychologists understand and treat Alzheimer's and dementia patients older adult sexuality including the unique sexual problems confronting LGBT individuals elder abuse ageism substance abuse and issues surrounding death and dying A chapter on future directions for psychological research and practice highlights the many opportunities available in this field The text will be of value for upper level undergraduate courses on the psychology of aging as a supplement to developmental and clinical psychology courses and as a resource for interdisciplinary studies with a focus on gerontology Key Features Provides a concise overview of one of the largest growing segments of our population Written by a prominent expert in gerontology and psychology Offers a wealth of evidence based research that informs clinical issues Grounded in a positive psychology approach Integrates theory with human rights and social justice Primary Care of the Older Adult Mary M. Burke, Joy A. Laramie, 2000 Multidisciplinary in its presentation Primary Care for the Older Adult is written for professionals and examines the common conditions and problems faced by older people The book covers clinical social ethical and legal aspects of such care Reducing Suicide Institute of Medicine, Board on Neuroscience and Behavioral Health, Committee on Pathophysiology and

Prevention of Adolescent and Adult Suicide,2002-10-01 Every year about 30 000 people die by suicide in the U S and some 650 000 receive emergency treatment after a suicide attempt Often those most at risk are the least able to access professional help Reducing Suicide provides a blueprint for addressing this tragic and costly problem how we can build an appropriate infrastructure conduct needed research and improve our ability to recognize suicide risk and effectively intervene Rich in data the book also strikes an intensely personal chord featuring compelling quotes about people s experience with suicide The book explores the factors that raise a person s risk of suicide psychological and biological factors including substance abuse the link between childhood trauma and later suicide and the impact of family life economic status religion and other social and cultural conditions The authors review the effectiveness of existing interventions including mental health practitioners ability to assess suicide risk among patients They present lessons learned from the Air Force suicide prevention program and other prevention initiatives And they identify barriers to effective research and treatment This new volume will be of special interest to policy makers administrators researchers practitioners and journalists working in the field of mental health Assisted Suicide United States. Congress. House. Committee on Commerce. Subcommittee on Health and the Environment, 1997

Unveiling the Magic of Words: A Report on "Suicide And The Older Adult"

In some sort of defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their capability to kindle emotions, provoke contemplation, and ignite transformative change is truly aweinspiring. Enter the realm of "Suicide And The Older Adult," a mesmerizing literary masterpiece penned by a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve into the book is central themes, examine its distinctive writing style, and assess its profound effect on the souls of its readers.

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Suicide And The Older Adult Introduction

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