



T H E

# HEALTHY OBSESSION

P R O G R A M



*Smart Weight Loss  
Instead of  
Low-Carb Lunacy*



DANIEL S. KIRSCHENBAUM, PhD



Featured on  
Dateline NBC, in  
The New York Times  
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# The Healthy Obsebion Program Smart Weight Lob Instead Of Lowcarb Lunacy

**Daniel S. Kirschenbaum**



**The Healthy Obsession Program Smart Weight Loss Instead Of Lowcarb Lunacy:**

*The Healthy Obsession Program* Daniel S. Kirschenbaum, 2005 Have you made the decision the commitment to lose weight If so you have taken the first step in The Healthy Obsession Program HOP Take a closer look at the weight loss program that has worked for thousands of once clinically obese individuals It is easy to follow and gets you off the diet rollercoaster and onto a better and healthier life

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