

THE

PEER

HELPER'S

POCKETBOOK

Joan Sturkie & Valerie Gibson

The Peer Helpers Pocketbook

William L. Fibkins



The Peer Helpers Pocketbook:

The Peer Helper's Pocketbook Joan Sturkie,1989 **The Peer Helper's Pocketbook** Joan Sturkie,Valerie Gibson,1992 A quick guide for peer helpers counselors in middle schools and high schools The Peer Counselor's Pocket Book Joan Sturkie,Valerie Gibson,1989 Participants act out short plays on such subjects as abortion suicide child abuse gangs home life and drugs and respond to the questions provided at the end of each play discussing how the characters in the play dealt with the particular issue **Street Smarts** Michael Kirby,1995 *Confidence Pocketbook* Peter English,2014-01-01 Some books on the topic of confidence offer a quick fix approach which could be summarised as believe in yourself This Pocketbook is different it suggests that you need to arrive at a position of justified self belief In other words get good at something then believe in yourself It contains tips and techniques to help you grow in confidence grasp life s challenges and fulfil your ambitions Confidence matters because a lack of it can stop you going after what you really want in life The focus of this book is on acquiring real confidence that is substantial and justifiable Discover how to take on more challenging tasks through graded exposure managing your mindset and tapping into your sub personalities The author Peter English set up his own training company almost two decades ago and over the years has found that a lack of confidence is an issue for many course participants The advice and tips in this Pocketbook are based partly on working with those people hearing their stories and finding ways to help them as well as on research he has undertaken and his own experience of having once been a shy person The Confidence Pocketbook sets out a range of confidence building strategies and then pulls these together into an action plan There is advise too on how to boost your confidence at short notice when faced with specific challenges e g tackling a difficult conversation or making an important presentation The Empowering School William L. Fibkins,1995

Heartwaves Mary S. Burnett,1997 Presents a meditation for each day of the year focusing on such concerns as loneliness anger perfectionism faith gratitude and many others Crisis Intervention Strategies for School-based Helpers Thomas N. Fairchild,1997 **Leadership Skills for Peer Group Facilitators** Joan Sturkie,Charles Hanson,1992

Managing Your School Counseling Program Joe Wittmer,2000 Over forty professionals share effective strategies and current issues relating to a K 12 developmental school counseling program Dozens of practical easy to use forms ideas and management concepts are provided for duplication Brief counseling group strategies that work and suggestions for working with special populations are followed by the counselor s role as a consultant and coordinator family counseling appraisal career development teacher advisor programs peer helping parent involvement public relations accountability ethical issues and credentialing Each chapter has been updated including current program standards and credentialing requirements This book is designed as a graduate text or as a resource for practicing counselors desiring to be more effective with the developmental approach and who want to better understand the current issues facing them

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