

The HANDBOOK OF ASTRAL POWER

**The revised edition of
The Handbook of Astral Projection**

By Richard A. Greene

The Handbook Of Astral Power

Robert Peterson



The Handbook Of Astral Power:

The Handbook of Astral Power Richard A. Greene, 1987 **The Psychic's Handbook** Julie Soskin, 2012-01-01 Once the seer the priestess and the sage were revered by their community Their roles were considered sacred the practising of an art requiring training and experience like any other art All these individuals tuned into their psycho spiritual powers on our behalf But each of us has always had the ability to draw upon these powers directly inside ourselves This book shows us not only how to exploit our psycho spiritual potential it also shows us how to navigate the different realms of inner experience that are our birthright Psycho spiritual powers can take time and expertise to discern especially for the novice How do we know what we are dealing with Does the information made available to us derive from the subtle energies around the body or does it come from some discarnate being Or perhaps from an alter ego the personification of hopes and fears from aspects of our projected selves This book is drawn from research and first hand experience from thousands of consultations and teaching sessions over many years In addition the author at the end of each chapter uses anecdotes to illustrate and enlighten the reader and these are sometimes humorous sometimes sad sometimes philosophical and always true Well implemented psychic and intuitive guidance can help to move the individual towards wholeness a new dawn based on working with the heart and the energy of unconditional love This in turn radiates out to affect the whole of our society Psycho spiritual powers enlarge our lives beyond measure Julie is preparing those who choose to raise their consciousness and see beyond the immediate The late Eileen Caddy author and co founder of the Findhorn Foundation **Practical Guide to Psychic Powers** Melita Denning, Osborne Phillips, 1981 ESP Divination Psychometry Telekinesis Astral vision You ve heard of all these talents The amazing truth is that you can have all of these abilities when you practice the simple but powerfully effective exercises in Melita Denning and Osborne Phillips Practical Guide to Psychic Powers World famous experts Denning and Phillips explain exactly what you need to develop your own innate abilities including advice on diet rest and exercise They advise you to meditate daily and give instructions how you can bring this wonderful skill into your life They also reveal how you can make your own tools for psychic development such as a pendulum ESP cards and a Vision Mirror Practical Guide to Psychic Powers explains that your attitude is important in establishing these abilities in your life You ll discover how to eliminate boredom and stress practice mental concentration for long periods and have foreknowledge of the future Many of the exercises to help you to develop psychic abilities are in the form of games making them fun preventing boredom and creating faster success For example you ll learn a game of guessing dice one with ESP cards and another that uses the vision mirror to predict your future The book teaches you how to become aware of the impressions a material object has gathered the art of psychometry You ll learn about contacting spiritual entities the way Spiritualists do You ll also discover the secrets of dowsing and how to develop and use this ability Denning and Phillips are known for their clarity of thought and for having effective techniques as demonstrated in Practical Guide to Psychic Powers *The Deeptreader's Guide* H. G.

Potter,2018-11-23 Centuries ago at the close of the last age a 900 year old gnome catalogued the various trials perils and creatures encountered in the vast hollow earth thereby providing a handbook to aid humans on their own expeditions for lost knowledge The Enchiridion de Rebus Subterraneis was masterfully translated into English word for word by the famous archivist Thanato Excorpus and titled The Deeptracker s Guide to Thaumaturgy and Netherbeasts Imported from the shores of Whitehawk six centuries ago no other translations exist The London fire of 1666 consumed the only manuscript known of the original Latin The gnome treats on the various environments of the intermundane caverns and subterranean worlds providing eyewitness testimony ancient manuscripts Church like admonitions and rebuke against unbelievers Includes many short story pieces of the gnome s encounters as well **The Complete Book of Energy Medicines** Helen

Dziemidko,1999-10 A medical doctor with training in homeopathy reflexology and massage explores the multitude of therapies that use energy to heal common ailments such as acupuncture yoga craniosacral therapy massage and more 60 color photos DEMONIC HIERARCHIES A GUIDE TO INFERNAL POWER, DEMONOLOGY, AND THE INFERNAL REALM

ELEANOR VANCE,2025-02-21 Humanity has always been fascinated by the unknown by the power hidden in the shadows by the secrets that few dare to explore Black magic with its aura of mystery and prohibition has spanned the centuries intertwining with myths legends and ancient manuscripts This book is a journey into the dark heart of the occult a grimoire that collects rituals spells and secret practices for those who wish to understand and master the dark arts Evocation rituals curses bindings and secret formulas are just some of the elements contained in these pages Here you will find the keys to unlock hidden energies channel arcane forces and influence destiny through will and knowledge Each spell is carefully explained reporting the origins the necessary materials and the execution phases for those who wish to experiment or deepen this ancient knowledge But be careful dark power is not a game Every whispered word every symbol drawn has consequences Black magic is a primordial force neither good nor bad but pure energy to be handled with respect and awareness In these pages you will find not only spells but also warnings and secrets to protect yourself from negative influences and the unwanted effects of your own actions If you have always wanted to discover the hidden side of magic explore the world of curses and spells and understand the ancient traditions of forbidden magic this grimoire is the perfect guide Prepare to cross a threshold of no return where power is waiting to be awakened The Complete Book of Devils and Demons

Leonard R. N. Ashley,2011-09 Previous ed New York Barricade Books c1996 *Naturally Psychic* Karen Harrison,2025-04-07 An instant classic Naturally Psychic is a spectacular educational resource and a how to guide to nearly every aspect of psychic phenomena From honing your intuition and clairvoyance to learning automatic writing skills and how to access the rarified world of animal communication this book will sharpen every one of your senses Antonio Pagliarulo author of The Evil Eye Discover how psychic you really are with this comprehensive and practical guide to developing and honing your psychic skills Naturally Psychic shows you how to awaken your natural psychic abilities and experiment with

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 , *Out of Body Experiences* Robert Peterson,2013-05-01 Broaden your horizons by learning astral projection and experiencing its profoundly positive impact on your thoughts about life death and spirituality Throughout history people have reported spiritual experiences that we now identify as out of body experiences or OBEs In recent times modern researchers like Robert Monroe have pioneered the scientific study and practice of OBEs Increasingly people are remembering spontaneous OBEs especially from early childhood Also OBEs are a typical feature of near death experiences and have been described as beautiful painless and ecstatic This is the comprehensive manual for inducing out of body experiences and managing the experience Peterson not only explores the stages of his own development but also concludes each chapter with a specific exercise that takes you to the next level From wiggling out of your body for the first time the author did a back flip his first time to traveling through other realms and dealing with your encounters this is one of the most practical step by step guides to OBEs available He clearly demonstrates how this consciousness expanding experience is accessible to anyone willing to make the leap into the great beyond This is the ultimate manual on how to leave home alone

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