# The HAIPPINESS FORMULA



A Scientific, Groundbreaking Approach to Happiness and Personal Fulfillment

Alphonsus Obayuwana, MD, PhD, CPC

# **The Formula For Happiness**

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The Formula For Happiness:

#### The Formula For Happiness Book Review: Unveiling the Power of Words

In a world driven by information and connectivity, the power of words has become more evident than ever. They have the capability to inspire, provoke, and ignite change. Such is the essence of the book **The Formula For Happiness**, a literary masterpiece that delves deep to the significance of words and their impact on our lives. Published by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we will explore the book is key themes, examine its writing style, and analyze its overall impact on readers.

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