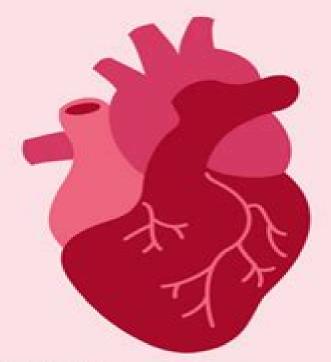
HEART FACTS

Beats around 100,000 times each day

Has its own electrical supply



Strongest muscle in the body

Pumps up to **7,500L**of blood each day
through over **95,000km** of blood
vessels

Makes a beating sound from its valves opening and closing

Kept healthy by nutritious food, exercise and laughter

The Heart Facts What You Can Do To Keep A Healthy Heart

Michael Brown

The Heart Facts What You Can Do To Keep A Healthy Heart:

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