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# SUPER SELF



*Doubling  
Your Personal  
Effectiveness*

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## Charles J. Givens

Author of THE ULTIMATE SECRETARY'S GUIDE  
and co-author of 100 Ways to Save

# Superself Doubling Your Personal Effectiveness

**J Rink**



## **Superself Doubling Your Personal Effectiveness:**

**SuperSelf** Charles J. Givens,1993 The bestselling author of *Wealth Without Risk* now presents a toolbox of repeatable strategies and success responses for almost any situation from achieving goals to eliminating fears      **Biblical Principles for Achieving Personal Success** Rich Brott,2008 You were created with great potential You have God given giftings and talents Sometimes potential is never realized Realizing your full potential is an ever continuing process of growth This involves a willingness to try new things new ways new ideas Dreams worth pursuing do not have to be big or unrealistic The important thing is living a dream that is really yours Those who are most fulfilled know what they want and go after it You have great God given capacity to succeed in life Your life can be full and rewarding People who never achieve their full potential live an empty life If you think you can t you won t Search for something that can t be done and do it This insightful book starts by asking you some thought provoking questions What is it that you are called to do What is the vision you have for your life What dreams do you have that are still ahead of you What were you born to do What is your purpose How will you achieve that calling in your lifetime Author Rich Brott helps you to understand the 8 Critical Insights You Must Discover in order to Achieve Personal Success in life The content is thorough the season is timely and you will be motivated and challenged to achieve your highest potential      **Good Advice from Bad People** Zac Bissonnette,2014-04-29 The world is full of people telling you how to live your life Sometimes the advice givers fall ever so slightly short themselves Bestselling author Zac Bissonnette has gathered more than seventy five jaw dropping gems including risk management advice from the man who triggered the world s largest hedge fund collapse and tips from gay prostitute patronizing pastor Ted Haggard on how to build a marriage that lasts a lifetime The result will keep you smiling while you glean all the wisdom you need to build the life you want if only you can follow it better than the people who gave it When you know what you are talking about others will follow you because it s safe to follow you Lehman Brothers CEO Richard Fuld 2006 I think the most important thing is restore a sense of idealism and end the cynicism future Illinois governor Rod Blagojevich 2002 The day you take complete responsibility for yourself the day you stop making any excuse that s the day you start to the top O J Simpson 1975

*Six Ageless Principles for Long Life Success* Andrew L. Oliver,2002-01-27 In *Six Ageless Principles for Long Life Success* author Andrew L Oliver presents a holistic integrated principle centered approach for living longer aging slower and looking younger With penetrating insights and practical examples Oliver reveals a step by step approach for creating habits of spiritual recreation enriching relationships successful thinking self investment physical fitness and perpetual beauty principles that give us the ability to live a long life filled with health wealth and happiness      Quantum Leap Thinking James J Mapes,2003-04-01 Positive change can happen in sudden and profound leaps Quantum Leap Thinking provides the foundation for breakthrough thinking that will trigger astonishing growth in your personal and professional life What if it was possible to break through fear and make positive changes in your life in an instant by a simple shift in your mindset What if

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Be Empowered by your Emotions , **7 Soft Skills for Hard Results** Dr. R. Krishnamurthi, Ph.D.,2024-04-11

Relationship happens when there is a need fulfillment You will have a lasting relationship with this book as it will fulfill many of your skill needs Be hard on the assessments practices exercises and activities to build soft skills to produce hard results This book will help you bridge the gap between knowing and doing Definitely the book will achieve that as it contains many activities tools and cases Seven soft skills chosen after a lot of debates and deliberations will make you a peak performer The skills presented lucidly make reading an exciting experience Discover Develop Deliver The Spirit of Mentoring Robin Cox,2005

Developing Professional Behaviors Jack Kasar,E. Nelson Clark,2000 This timely book provides a focused approach for developing a challenging yet vital and necessary area for professional success in health care practitioners the development of professional behaviors It addresses the essential elements that are necessary to perform professionally in society such as dependability professional presentation initiative empathy and cooperation These behaviors are developed through the recognition of skills practice experience role mentorship and evaluative feedback The issues of professional behavior are directed specifically toward the health care professional Emphasizing the importance of these behaviors in students can only help to strengthen them for professional roles This book utilizes case vignettes structured learning activities and exercises and self reflection and evaluation techniques It helps to define what professionalism means and presents strategies to enhance its development Features Professional Development Assessment Case Vignettes Activities and Exercises Structured Activities for Professional Behaviors **Celebrating the Single Life** David Yount,2009-02-24

American society is no longer defined by marriage Today an increasing majority of American households are headed by single men and women Even those Americans who do marry spend at least half of their adult lives alone Living on one s own presents unique challenges depending on one s age health and circumstances So the script for successful single living calls for different strategies for young adults the recently divorced single parents and those widowed or experiencing single life in later adulthood Here Dr Yount considers each group s special needs and challenges and offers a guide for leading a productive rewarding and fulfilling single life Single living he contends requires some core abilities overcoming loneliness reaching out to others developing faith in oneself and self respect keeping up with daily activities and maintaining good

health security and a sense of humor This book helps readers learn to celebrate their single status and to find contentment and peace while living on their own These days if you are unmarried and pining for romance you are in a small minority Until recently most Americans considered single life to be a temporary situation during which one would simply wait for a soul mate to come along Those who remained unwed were pitied as bachelors and spinsters No longer These days most single men and women find autonomy in negotiating their way through life by relying on their own resources with marriage remaining one option but not an imperative Even those who do marry are getting married later and those who divorce or are widowed often choose to stay single With this trend toward singlehood increasing affirming the single life and making a success of it becomes all the more important Yount offers advice for creating a gratifying and happy single life at any stage and provides insight into those things that can contribute to a satisfying single lifestyle He pinpoints areas that often get ignored by singles and proposes solutions to some of the pitfalls that can lead to loneliness or unhappiness Leading a fulfilling single life is not only possible it can in fact be rewarding in itself and Yount shows readers how to lead productive and creative lives as modern singles

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