



Social Support And Health

Andrew Steptoe



Social Support And Health:

Social Support Measurement and Intervention Sheldon Cohen, Lynn G. Underwood, Benjamin H. Gottlieb, 2000 The information provided on both measurement and intervention will also be valuable to practitioners interested in designing and evaluating prevention and treatment initiatives **BOOK JACKET** *Social Support and Health in the Digital Age* Nichole Egbert, Kevin B. Wright, 2019-12-16 Social Support and Health in the Digital Age discusses how the information age has revolutionized nearly every facet of human communication from the ways in which people purchase products to how they meet and fall in love These exciting new communication technologies can both unite and divide us People who are separated by great distances can now communicate with each other in real time whereas parents often find themselves competing with smartphones and tablets for their children's attention This book explores the many ways that digital communication media such as online forums social networking sites and mobile applications enhance and constrain social support in health related contexts We already know a great deal about how the Internet has altered how people search for health information but less about how people seek and receive social support in this new age of information which is critical for maintaining our physical mental and emotional wellbeing Social Support and Health Sheldon Cohen, Sherman Leonard Syme, 1985 **Social Support and Physical Health** Bert N. Uchino, 2004-01-01 This state of the art book examines the effect of social relationships on physical health It surveys and assesses the research that shows not only that supportive relationships protect us from a multitude of mental health problems but also that the absence of supportive relationships increases the risk of dying from various diseases Bert N Uchino discusses the links between social support and mortality from cardiovascular disease cancer and HIV AIDS He investigates whether social support is more effective for some individuals and within certain cultures After evaluating existing conceptual models linking social support to health outcomes he offers his own broader perspective on the issue And he suggests the implications for intervention and for future research in this area **Social Networks & Soc Support** Benjamin H. Gottlieb, 1981-08 **Social Support: Theory, Research and Applications** I.G. Sarason, 2013-11-11 No one is rich enough to do without a neighbor Traditional Danish Proverb This bit of Danish folk wisdom expresses an idea underlying much of the current thinking about social support While the clinical literature has for a long time recognized the deleterious effects of unwholesome social relationships only more recently has the focus broadened to include the positive side of social interaction those interpersonal ties that are desired rewarding and protective This book contains theoretical and research contributions by a group of scholars who are charting this side of the social spectrum Evidence is increasing that maladaptive ways of thinking and behaving occur disproportionately among people with few social supports Rather than sapping self reliance strong ties with others particularly family members seem to encourage it Reliance on others and self reliance are not only compatible but complementary to one another While the mechanism by which an intimate relationship is protective has yet to be worked out the following factors seem to be involved intimacy social

integration through shared concerns reassurance of worth the opportunity to be nurtured by others a sense of reliable alliance and guidance The major advance that is taking place in the literature on social support is that reliance is being placed less on anecdotal and clinical evidence and more on empirical inquiry The chapters of this book reflect this important development and identify the frontiers that are currently being explored **Social Support Strategies** Benjamin H. Gottlieb,1983-08 A summary of research about the use of family friends and neighbours as a natural adjunct to professional human services The book is also full of practical ideas and examples covering a range of applications which show how social support can be used in preventative programmes in medical practice at work in caring for the elderly and in the social services Gottlieb also uses research to show how alterations to organizational structure can transform an unsupportive milieu into one in which social support plays a prominent part Social Support Strategies is a useful addition to the SAGE range and to the ever growing literature on community mental health This is a useful book for social workers and residen Social Support and Health ,1987 Contains 1247 entries to miscellaneous literature Not restricted to specific disciplines intended for interested personnel in all areas Also includes some foreign languages Classified arrangement Entries give bibliographical information and annotations Author subject indexes *Improving Mental Health through Social Support* Jonathan Leach,2014-12-21 The social support someone receives or has access to plays a vital role in their mental health and wellbeing This accessible book examines the nature of social support and how it can be enhanced focusing on relationships between service users and supporters This is an important book for mental health professionals social workers and students

Handbook of Behavioral Medicine Andrew Steptoe,2010-09-27 Behavioral medicine emerged in the 1970s as the interdisciplinary field concerned with the integration of behavioral psychosocial and biomedical science knowledge relevant to the understanding of health and illness and the application of this knowledge to prevention diagnosis treatment and rehabilitation Recent years have witnessed an enormous diversification of behavioral medicine with new sciences such as genetics life course epidemiology and new technologies such as neuroimaging coming into play This book brings together such new developments by providing an up to date compendium of methods and applications drawn from the broad range of behavioral medicine research and practice The book is divided into 10 sections that address key fields in behavioral medicine Each section begins with one or two methodological or conceptual chapters followed by contributions that address substantive topics within that field Major health problems such as cardiovascular disease cancer HIV AIDs and obesity are explored from multiple perspectives The aim is to present behavioral medicine as an integrative discipline involving diverse methodologies and paradigms that converge on health and well being **Innovations in measurement and evidence for healthy aging** Marcela Agudelo-Botero,Claudio Alberto Davila-Cervantes,Liliana Giraldo-Rodríguez,2024-01-03

Lubkin's Chronic Illness: Impact and Intervention Pamala D. Larsen,2021-10-29 Lubkin s Chronic Illness Impact an Intervention Eleventh Edition provides a solid foundation for nursing students by teaching them the skills and knowledge

they need to care for patients experiencing illness **Social Support and Health in the Digital Age** Nichole Egbert, Kevin B. Wright, 2019-12-16 Social Support and Health in the Digital Age discusses how the information age has revolutionized nearly every facet of human communication from the ways in which people purchase products to how they meet and fall in love. These exciting new communication technologies can both unite and divide us. People who are separated by great distances can now communicate with each other in real time whereas parents often find themselves competing with smartphones and tablets for their children's attention. This book explores the many ways that digital communication media such as online forums, social networking sites, and mobile applications enhance and constrain social support in health-related contexts. We already know a great deal about how the Internet has altered how people search for health information but less about how people seek and receive social support in this new age of information, which is critical for maintaining our physical, mental, and emotional wellbeing.

Cambridge Handbook of Psychology, Health and Medicine Susan Ayers, Andrew Baum, Chris McManus, Stanton Newman, Kenneth Wallston, John Weinman, Robert West, 2007-08-23 Health psychology is a rapidly expanding discipline at the interface of psychology and clinical medicine. This new edition is fully reworked and revised, offering an entirely up-to-date, comprehensive, accessible one-stop resource for clinical psychologists, mental health professionals, and specialists in health-related matters. There are two new editors: Susan Ayers from the University of Sussex and Kenneth Wallston from Vanderbilt University Medical Center. The prestigious editorial team and their international interdisciplinary cast of authors have reconceptualised their much acclaimed handbook. The book is now in two parts: Part I covers psychological aspects of health and illness, assessments, interventions, and healthcare practice; Part II covers medical matters listed in alphabetical order. Among the many new topics added are diet and health, ethnicity and health, clinical interviewing, mood assessment, communicating risk, medical interviewing, diagnostic procedures, organ donation, IVF, MMR, HRT, sleep disorders, skin disorders, depression, and anxiety disorders.

Theories of Human Communication Stephen W. Littlejohn, Karen A. Foss, John G. Oetzel, 2021-05-07 For over forty years Theories of Human Communication has facilitated the understanding of the theories that define the discipline of communication. The authors present a comprehensive summary of major communication theories, current research, extensions, and applications in a thoughtfully organized and engaging style. Part I of the extensively updated twelfth edition sets the stage for how to think about and study communication. The first chapter establishes the foundations of communication theory. The next chapter reviews four frameworks for organizing the theories and their contributions to the nature of inquiry. Part II covers theories centered around the communicator, message, medium, and communication with the nonhuman. Part III addresses theories related to communication contexts: relationship, group, organization, health, culture, and society. From the Source, contributions from theorists provide insight into the inspirations, motivations, and goals behind the theories. Online instructor's resource materials include sample syllabi, key terms, exam questions, and text graphics. The theories include those important for their continuing influence in the field, as

well as emerging theories that encourage thinking about issues in new ways For a reasonable price readers are able to explore the patterns trends trajectories and intricacies of the landscape of communication theory and will have an invaluable resource for future reference Insights in: Health Psychology Changiz Mohiyeddini,Yingmin Zou ,Dongjie Xie,2024-10-28 We are now entering the third decade of the 21st Century and especially in the last years the achievements made by scientists have been exceptional leading to major advancements in the fast growing field of Psychology Frontiers has organized a series of Research Topics to highlight the latest advancements in science in order to be at the forefront of science in different fields of research This editorial initiative of particular relevance led by Dr Mohiyeddini Specialty Chief Editor s of the section Health Psychology is focused on new insights novel developments current challenges latest discoveries recent advances and future perspectives in this field Also high quality original research manuscripts on novel concepts problems and approaches are welcomed *Psychology of Aging* Aimee Spector,2017-03-02 The psychology of aging is an exciting and rapidly developing field This volume provides a collection of classic original and often widely cited papers including some older papers which may be hard to find through conventional searches Taken together they help to address some key questions what are the cognitive changes related to aging Is mental exercise useful To what extent might intelligence education or stimulating mental activities delay or even reduce cognitive symptoms of dementia However the book goes well beyond cognition and addresses social and emotional changes in aging as well as looking at how lifestyle factors may be influential in psychological functioning The section on the psychology of dementia covers the evolving psychological models plus innovative types of psychological interventions As more people live to an age where they are dependent on others the book also considers the stresses on carers and how carers can be supported Lastly other aspects of mental health problems in old age are addressed including depression PTSD and personality disorder This collection of intriguing and inspiring papers will liven up the shelves of students researchers and academics in the field as well as being a very useful resource for research teaching and study Individual Differences in Addictive Behaviors Lucy J. Troup,Young-A Lee,2024-05-29 The study of addiction draws primarily on methods and approaches to understanding treating and supporting addiction drawn from traditional approaches The foundations of which focus on responses seen across groups but often neglecting to account for the role the individual differences plays in understanding and treating addiction It is clear from the literature that there is often a lack of consensus in both understanding and treating those struggling with addiction Individual differences therefore whilst not always conforming to the accepted model for developing theoretical interpretations and practice in the field are key to successful outcomes in treating addiction The SAGE Handbook of Interpersonal Communication Mark L. Knapp,John A. Daly,2011-08-26 The revised Fourth Edition of The SAGE Handbook of Interpersonal Communication delivers a clear comprehensive and exciting overview of the field of interpersonal communication It offers graduate students and faculty an important state of the art reference work in which well known

experts summarize theory and current research The editors also explore key issues in the field including personal relationships computer mediated communication language personality skills nonverbal communication and communication across a person s life span This updated handbook covers a wide range of established and emerging topics including Biological and Physiological Processes Qualitative and Quantitative Methods for Studying Interpersonal Communication Interpersonal Communication in Work Family Intercultural and Health Contexts Supportive and Divisive Transactions Social Networks Editors Mark L Knapp and John A Daly have significantly contributed to the field of interpersonal communication with this important reference work a must have for students and scholars

Measurement in Health Psychology Paola Gremigni, Antonio De Padua Serafim, Giulia Casu, Victor Zaia, 2022-06-15

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