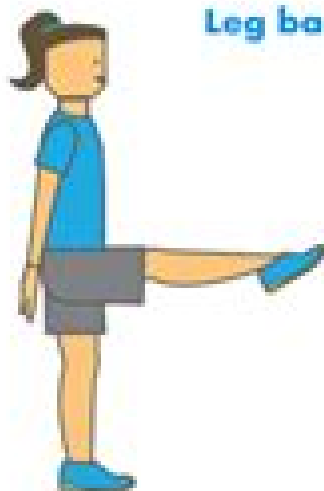
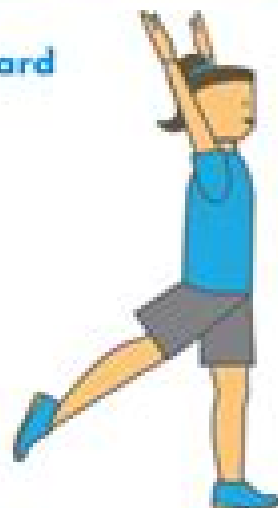




Leg forward



Leg backward



Leg high backward



Leg backward,
torso forward



Tree Yoga
pose



ADVANCED

**Leg high
to the side**



Skills And Tactics Of Gymnastics

**Cleland Donnelly, Frances, Mueller,
Suzanne, Gallahue, David**



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